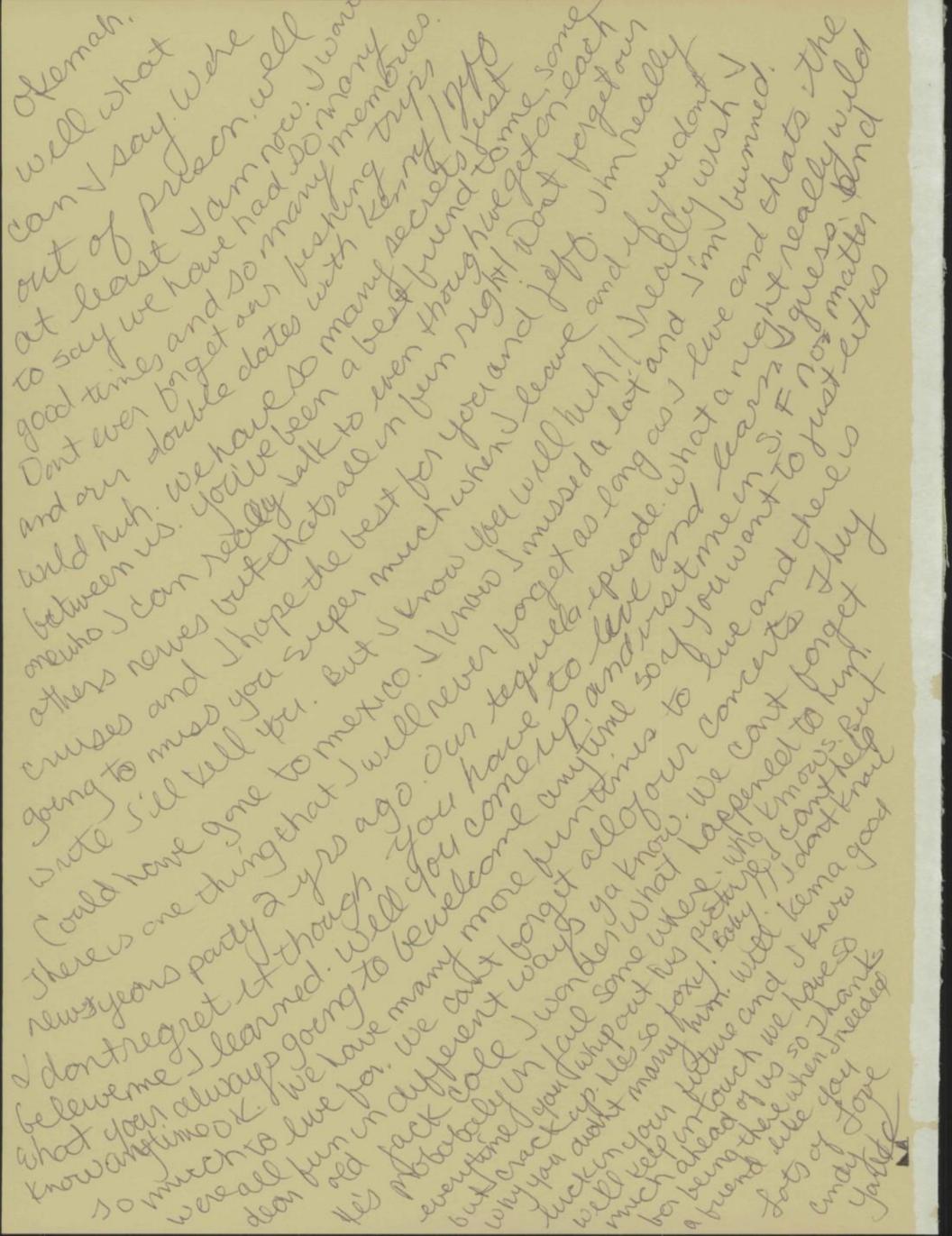
the HORIZON

1976-1977

provided by person which July of services of the provided and now 18th of the provided of the I will miss you if I was don't see you I have you come and s 25 Mel coll and Be good. clie seen yas we should get stad in she seem yas we sanding and el wish that your grace of yourself and stady fast out of thould. In the future, sometimes of thould. Delin A Call ells been a long time okemah

byear time is future see your for the formand of the string of the men, Okemah, I quess we so burned. Jogothy Crawy back along way. I years was worthit.] what ever you decide to do. I'll miss you and I'll never forget you. been gled havening. always Soen you in so loved LISA see we are conse See 748 of 2483 for Lower was well with Sie ond sod your of his of his of the state you love! week it Happiness in the professor is de caposie





9550 Carmel Mountain Road San Diego, California

Beginning	2
Growing	
Seniors	16
Junions	46
Sophomores	60
Freshmen	76
Competing	90
Teaching	. 134
Assembling	.158
Leaving	.184

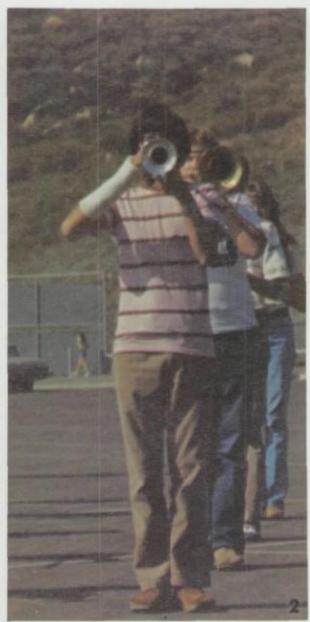
okemah, signing your book todow brings back memories of all the years & have known you, think of it, from 17 TH grade to \$12 TH grade a and every year, even though we howen't seen that much of lack other, we have remained friends. Okemah you are a fantastic person and a hope that yust because were graduating, that everything



won't be everything won't be over great see you around.
Sove Frough
Christ.
Brian.

Apart
alone and unstable
stretched across emptiness.
We are patient

Okemah, Your real severt and I like your hape you have a ogreat summer. mybe el see your, your have a great time out of school. el wish el was! have a great time out of school. el wish el was!



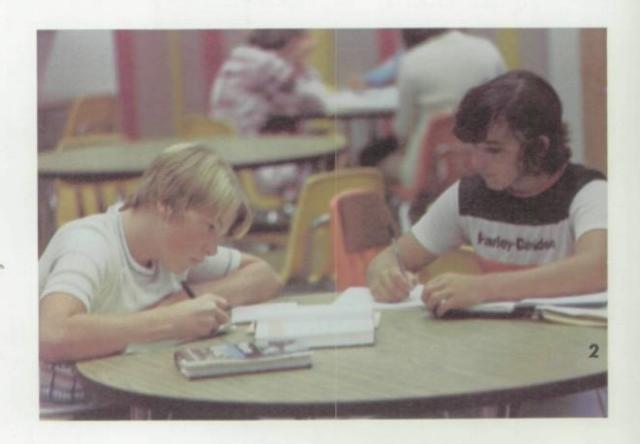


Until from within the midst of us there comes a common bond.
A goal beyond understanding even to us.





1. Cindy Aufderheide relaxes after volleyball practice. 2. A section of the band forms a perfect line during practice. 3. Varsity football players form a wedge during practice. 4. Linda Biegenzahn helps Carrie Messina adjust her graduation cap. 5. Making use of the smoking area, students relax during free time.





 Mike Conway and Shari Kleinebreil dance after their mock marriage. 2. Two students spend their unstructured time in the library 3. Mark Fiehler and Doug Bartlett drill during football practice. 4. Tom Echols crowns Joanne Tremblay and Kevin Riker Spirit Week king and queen of the class of '77. 5. Linda Vader and Jan Faulkner display the Mt. Carmel Spirit Stool.



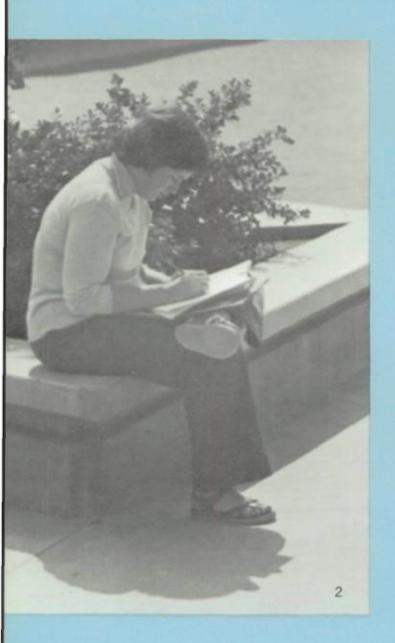


United in mind and body and soul for a purpose.
We are TOGETHER.





Preparing confident and studious building thought upon knowledge.
We are one in mind.





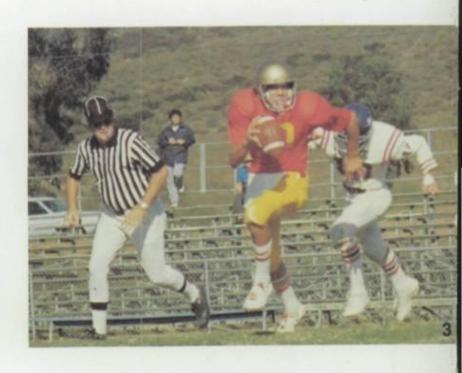
No one becomes greater if it makes another less.

Rewarded each for our particular works we strive for perfection against our mistakes TOGETHER.

1. Sophomore Jennifer Kruse studies during her unstructured time. 2. Joanne Zeterberg studies quietly. 3. Thuy Duong listens attentively in class. 4. A group of students studying during lunch.

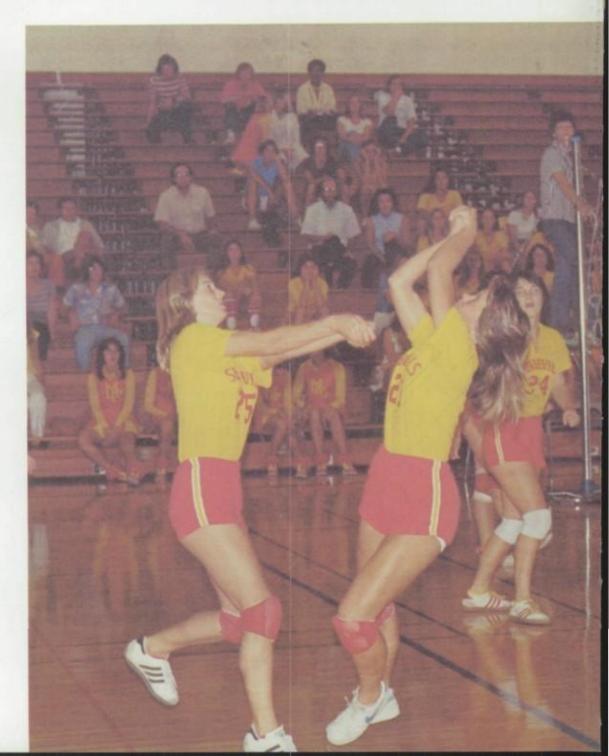


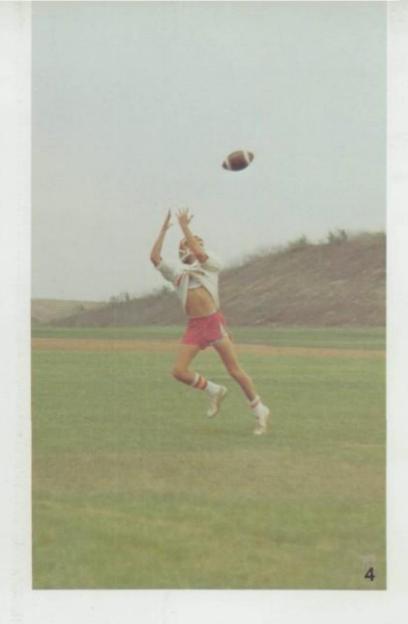




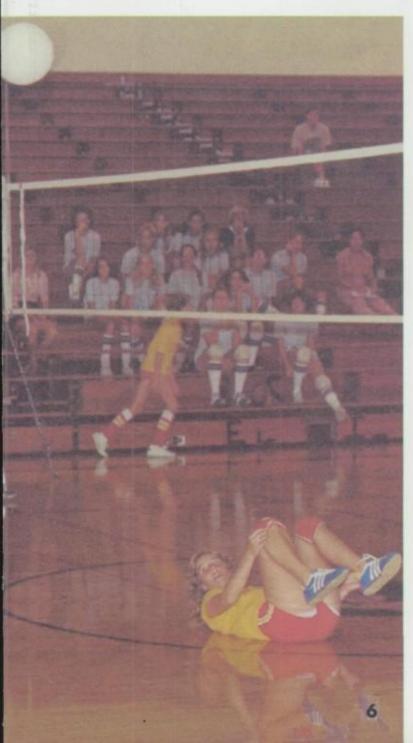


Sporting teamed and competitive challenged to secure victory.
We are one in body.





Lynn Humes shows her backstroke form during practice.
 Don Eidson displays his talent on the soccer field.
 Freshman quarterback Billy Beane hustles away from a San Marcos tackle.
 Allen Hensley attempts to make this catch during football practice.
 Julie Wilson prepares to return the ball during a tennis match.
 Dagny Ligon and Louise Sweig go for the ball while Ann Buckel and Dorothy Rowe look on in this volleyball match.

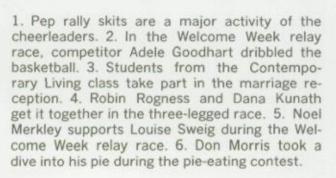


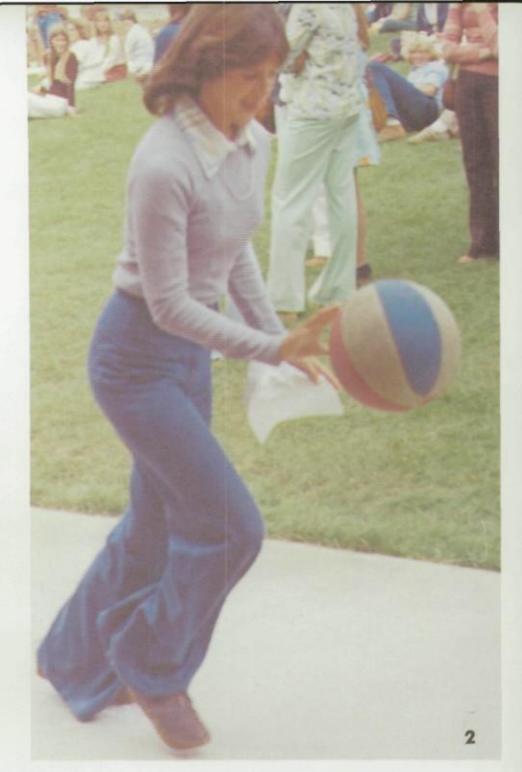


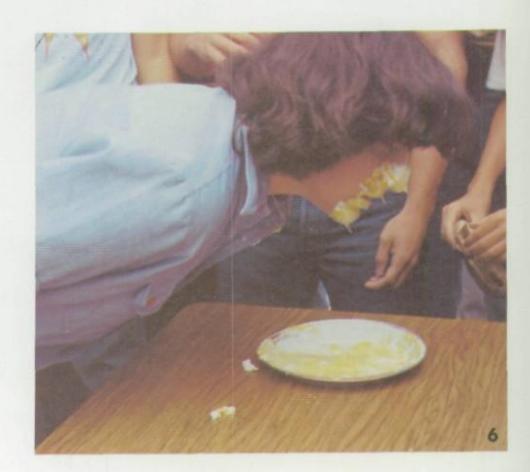
Not for ourselves or the crowd but for each other.
Striving each with strength and skill we overcome loss and mount up to win TOGETHER.

Active
spirited and proud
reflecting joy in movement.
We are one in soul.







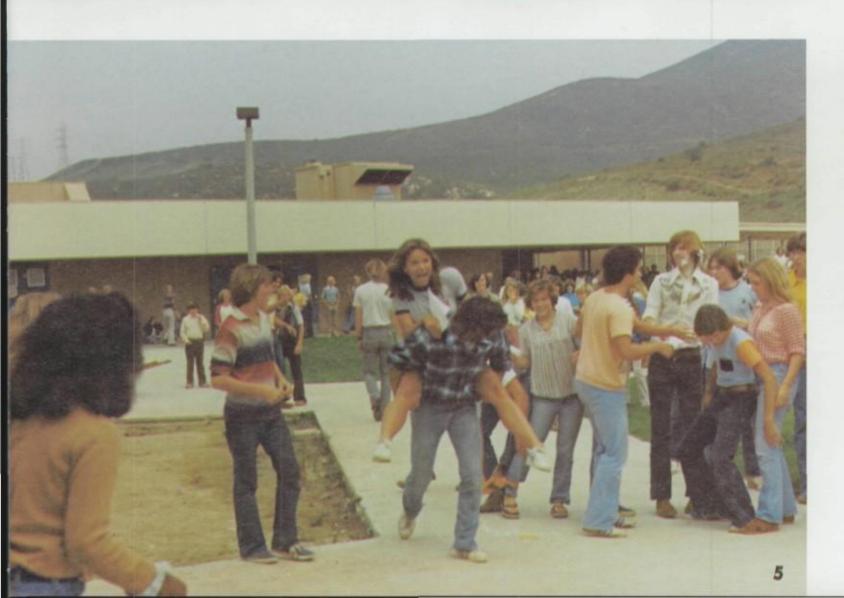


Never
foreign like strangers
recognized only by voice.
Linked
by impressions of ourselves in others
we fit like pieces of a jigsaw puzzle
TOGETHER.

Howdia Than I some Howdia saam I har him. Howard than inthe Third darn ford Always Port of Jose Always



The book.







Freshman princess Kathy Brewster hugs Patti Crawford at the coronation ceremony while Ingrid Stepanow looks on. 2. Modeling the gold gown that the girls will wear for graduation is Carrie Messina. The boys will be wearing red gowns. 3. During a pep rally, students show their Sundevil spirit.





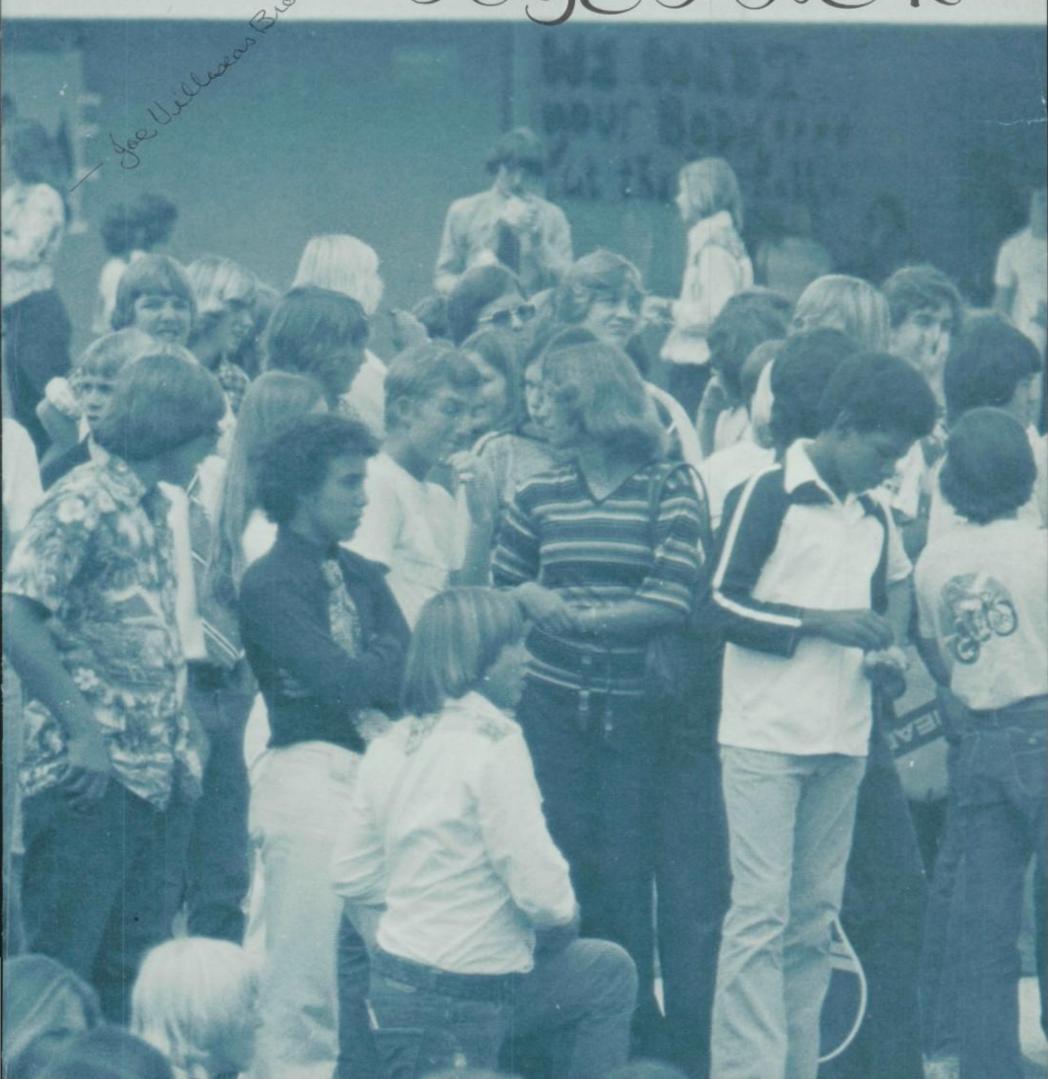
Canno

This is why we never collapse.
Although the outward one does indeed suffer wear and tear everyday the inward one receives fresh strength.
One in all things we are bound TOGETHER...



GROWING

TOGETHER



50000

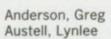
BE



SENIORS RULE THE SCHOOL



Allison, June Aufderheide, Cindy



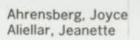




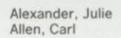














Ashpole, Tammy

Avritt, Tamara



King and Queen of Spirit Week are JoAnne Tremblay and Kevin Riker. 2. and 3. The senior princes and princesses are Ruthie Delamarian, Noel Merkley, Carrie Messina, and Mark Fiehler. 4. Part of the senior cabinet are Lisa Stangl. treasurer; JoAnne Tremblay, member; Debbie Randall, member; and Ann Buckel, member; 5. Noel Merkley, president; Cindy Aufderheide, vice-president; Louise Sweig, secretary; and Rita Meyers, member.



'77 RULES IN ANYTHING GOES



Gazy Badran Lori Bates

Matt Baker Sheryl Baucom

Jody Bayne Debbie Bell

Rick Beavers Linda Bergstrom

Larry Beck Jack Berkebile

The climax of Spirit Week was the "Almost Anything Goes" competition between the classes. Competing against the clock, contestants first had to find a marble in soapy water. Next, raw eggs were passed down a line of ten people and deposited in a cup at the end. After the cup was full, the next event included passing whipped cream in pie tins over a 10-foot pole vault. Then a greased pumpkin was carried 20 feet, after which a 20-foot four-legged race occurred, concluding the contest. Using team work and class spirit, the senior class won, hands down.

1. Don Eidson appears to have lost the pie fight that ensued after the conclusion of the "Anything Goes" competition. 2. Carrie Messina hastily scrapes whipped cream off pie tins into a container. 3. The Senior team passing egg yolks down their line.











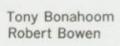






Connie Berry Mark Bissannette

Linda Biegenzahn Greg Boozier



Mary Ann Brasington Tina Bridgman

Diane Brauchla Jill Brown















"INTRODUCING THE BEACH BOYS"

The B-100 Contest was highlighted by the appearance of "Miss Sunny Southern California," who in turn introduced the "Beach Boys." The Beach Boys were followed by a dozen teeny-boppers who immediately started doing the "swim" to the song, "Be True to Your School," as sung by the Beach Boys. In reality Miss Sunny Southern California, the Beach Boys, and the teeny-boppers were all seniors; and the entire act was all part of the senior skit.















Tanya Campbell Richard Catalanotti

Kim Carroll Matthew Chandik

Ron Brown Cheryl Butler

Linda Bruun Tom Calabrese

Ann Buckel Chris Campbell

















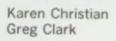


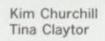




Charles Childers Karen Christensen

Mark Chintala Lisa Christensen





Alane Clark Beth Claywell















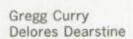


SENIORS PROVE TO BE BARGAINS

The student body of Mt. Carmel had the unique opportunity to buy a human present during Christmas Week. This human present was a senior who had to serve his or her owner in any way the master desired.



Betty Crump Pam Davidovich











Dirk DaCosta

Ruthie Delamarian













George Conklin Don Crider



















Carolyn DeToro Susan Dingler

Terri Diamond Barbara Dison

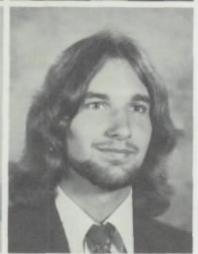
Rod Dingler Jim Dixon



Raelene Doyle Mark Drews

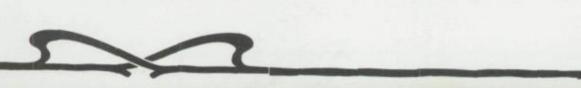








1. Monkee-walkin' across campus are senior slaves Linda Biegenzahn, Noel Merkley, Molly Wilson, Jon Hansen, Dottie Tumlinson and Don Eidson. 2. Molly Wilson and Kathy Messina await their turns on the auction block. 3. A fanatic about Christmas, slave Dottie Tumlinson dressed as a Christmas tree. 4. The world's first human present supermarket.







CHRISTMAS POSSESSES SENIORS

The Ghost of Christmas Present seemed to possess the Senior Class during Christmas Week. Making their presence known from slavery to Santa Claus, the seniors made this Christmas one to

The Christmas Ball, "Jingle Bell Rock," was the perfect climax for this memorable week. It was, naturally, sponsored and presented by seniors.



Don Eidson Kaeleen Farrar



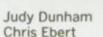
Bob Engle Jan Faulkner

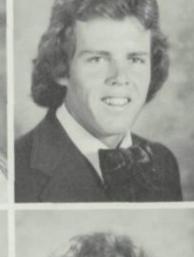


Terri Farr Dawn Fausner

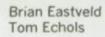


































Debra Fausner Mark Fiehler



Mitchell Ferguson Robyn Fish

1. Sprained ankles didn't keep Kevin Gilbert and Gary Leatherman away from the Christmas Ball 2. The choir put on a superb assembly. Shown here is Steve Nicoll, Mahlon Hetland, and Scot Sturtevant. 3. Santa Claus (Don Eidson), listens to Kathy Messina's Christmas wishes. 4. Kevin Hannify accepts a gift from Santa. 5. Dottie Tumlinson dressed like a tree for Christmas Dress-up. 6. These seniors entertained the campus by singing Christmas carols during lunch. Singing are Jon Hansen, Molly Wilson, Don Eidson, Noel Merkley, and Linda Biegenzahn.







C'Dell Foster Tim Frye





Kim Foster Ken Fuller





Dianne Fralia Kathy Fussell





MC CATCHES THE MAGIC OF DANCING

"Why aren't there ever any dances?" was a familiar cry in the '76-'77 school year. Actually, the dances averaged one every three weeks. Whenever MCHS wasn't having a dance, Poway High was, so the Sundevils weren't really too bad off for dances. Also, many Mt. Carmel students could be seen, on any weekend, at one of the various discotheques around town, such as Infinity, Journey, or the Ice Palace.









Marcus Gabriel Rick George



































Adele Goodhart Nanette Gould

Karen Goohs Donna Graleski



David Greaney Joyce Grimes

Bob Green Greg Grippo













1. The bleachers proved to be a popular hangout at many dances, and the tables that were provided at a few of the dances also proved popular. 2. For Mt. Carmel this was the year of semi-formal dances. There were many this year. This one was unique in the fact that no shoes were allowed. 3. The modern dance class was extremely popular as Megan Hamreus show here. 4. Forget the "Hustle," "Bump," or the "Cha-Cha;" the best dance is still the old-fashioned slow dance.



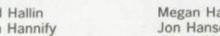
SENIORS SHOW THEIR SPIRIT

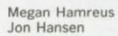
1. Louise Sweig, Ann Buckel, and Kathy Messina do their own thing at a basketball game. 2. Wearing her award-winning Sundevil outfit, Linda Watson watches other activities. 3. Robert Nazareth displays Sundevil pride during a pep rally. 4. Participating in a class yell contest are Robert Nazareth, Sue Campbell, Faye McIntyre, Robyn Fish, Sheila Kelchlin, Kathy Messina, and Shaun Hunkston. Huckstep.



Terri Hall Chris Hanlon

David Hallin Kevin Hannify







Diana Hadden John Hall



Bob Hager Regina Hall





















Mike Hardison





Susan Hasting Karen Heath







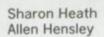














"Seventy-seven, seventy-seven, seven, seven, seven, seventy-seven." This popular senior cheer has been heard at many pep rallies and games this year. This Senior Class has made great contributions in the Pep Club and during many spirit-building activities. The Class of '77 has been just one reason why this has been a top

year at Mt. Carmel.



Ivy Heckenlively Maureen Hersey

'TWAS THE DAY BEFORE VICTORY



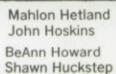
Morale at this school was never lower than it was prior to the basketball game against Poway. However, the afternoon before the game the cheerleaders staged one of the most memorable pep rallies of all time. The gym was packed, the skit by the cheerleaders and Varsity Basketball Team was hilarious, the cheer and song leaders were in their finest form, crowd and class participation was fantastic, and togetherness among all students at MCHS has never been more prominent.







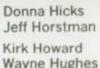






Donna Hicks Kirk Howard Wayne Hughes







Tracy Hounyak Sally Houston Gary Hoyer Mark Huntley













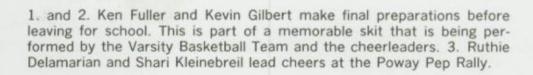






Sue Hutton Doug Israels

Rudy Ing Lisa Jackson





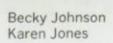














Kandy Johnson Ann Krausch



Pam Johnson Sheila Kelchlin



Mel Jones Patrick Kelly



SENIORS TRAVEL THE COUNTRY

With graduation and college coming up soon, many seniors have spent a lot of time traveling around the country during the year. Many top athletes have traveled to various universities and colleges to see if they want to accept a scholarship from them. Many have just gone on field trips that were offered this year.



Wayne Kydd Judy Larsen

Kim Kyo John Laser

Kim Lane Jim Lawrence





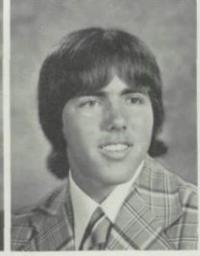




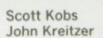












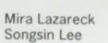






1. Josie Rhodes, Tami Hendricks, and Stan Kaminski prepare to leave the airport enroute to Washington D.C. 2. Also travelling to Washington was John Kreitzer. 3. Sandy Wyatt makes final preparations prior to the Ski Club field trip.







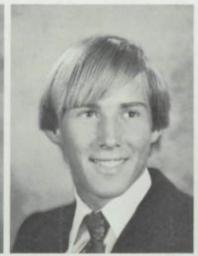
Gary Leatherman John Levins



Greg Ledford Kim Linihan













Pam Lippe Aarne Lozano



Bill Lloyd Fran Lucore



Valerie Logue James Lux



Jim Long Bonnie MacFarland

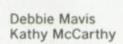


SENIORS EXCEL IN FINE ARTS

This has been a top year for Mt. Carmel in the area of fine arts. The band has won many awards this year, the crafts have been outstanding, the choir is one of San Diego's best groups, and the plays performed this year were fantastic. Seniors have contributed much of their skills and experience accumulated over their four years in high school in these and many other areas.



Diane Massey Linda Maxwell

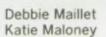
















Nancy Main Melody Martin

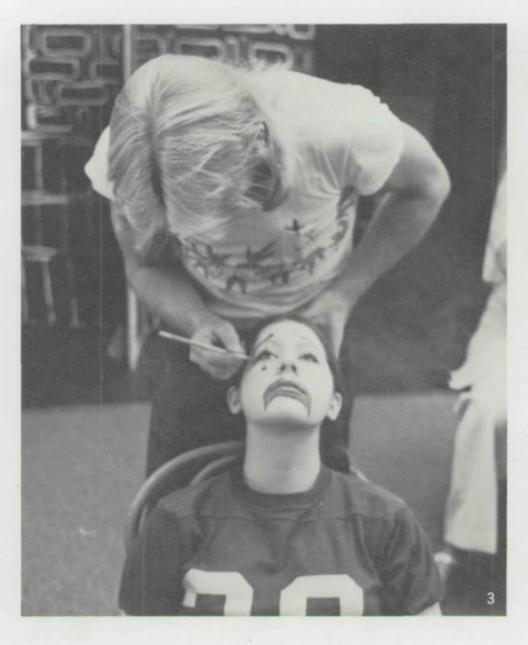




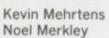












Jon Melone Michelle Merrill



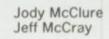
















Bert McCracken Diane McHeffey

1. Reviewing some of her crafts, Cindy Yankee appears satisfied. 2. John Hall hams it up in his castle guard outfit. 3. Kim Foster applies makeup to a classmate in preparation for a play.



TWELFTH YEAR BREEZES BY FOR MANY

Come to school for third period, free period fourth, class fifth, and leave for home. This is what many schedules for seniors looked like this year. With all their credits taken care of, many seniors just took one or two classes to finish the year with.



Sean Mitts Robert Moore



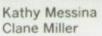
Mike Mogelinski Steve Morris



Carrie Messina Scott Meyer Kay Montgomery Ann Moss











Kathy Meyer Sheri Misquez



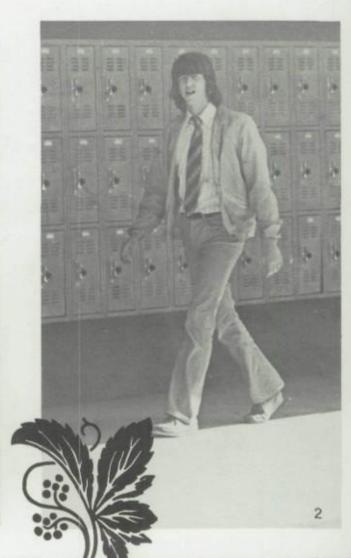














Edward Pattynama



Playing guitar in the Social Science Resource Center is Lisa Jackson.
 Steve White believes in looking his best for school.
 Taking life easy, some students in Opportunity play some "foosball."



FEELINGS SHINE THROUGH

One thing that can never be said about the Class of '77, they never hid their feelings. From the student walkout (organized by seniors) to public love lives, seniors don't try to hide much.













Ted Pesta Diane Pogue

Melanie Pettis Cheri Poremba

Kelly Previti Debbie Randall

Brian Pierce Dennis Potter

Mike Pubentz Marla Rathbun













Renee Rayno Lorain Renner



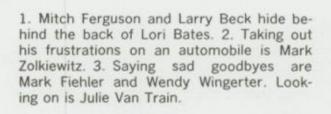


Cynthia Reid Cynthia Ridout





Jackie Remington Kevin Riker





Linda Rinehart Jeff Roberts





Robert Ristow John Roberts





Dan Roberts Andrew Ross





SENIORS WILL GO FAR

Many seniors at this school have great potential to go on and make a name for themselves someday. Many outstanding leaders have had a chance to emerge over their three-year stay at MCHS Athletes as well have had unique opportunities to progress quickly. In many other areas, such as art, drama, and band, many seniors have the potential to become successful.















Elizabeth Schrupp

Richard Shahan

Cheryl Seago Carolyn Shaw

Perry Ruiz Rocky Schnaath

Laura Russell Michele Schneider

Lisa Sanfilipo Cheryl Schoos









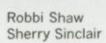
















Sandy Sherwood LaShelle Smith



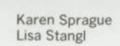


Wendy Shew Sherrie Snell

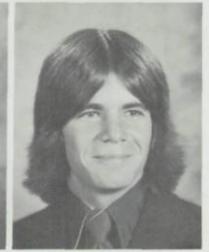












Martha Stacklin Glenn Steepleton

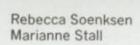
1. One of the exciting moments at the football games was the moment when the cheerleaders and football team ran through the Sundevil sign.

2. Playing with fire is Pam Lippe, star baton twirler. Queen Elizabeth praises Steve Williams for his services.

4. Kent Johnson admires some ceramics at an art show.

5. Enjoying a dance is Dave Maxedon and friend.





NEED HELP? CALL A SENIOR

Throughout the year, the seniors have attempted to make life a little easier for their schoolmates. The orientation, scheduling, and elections of the Freshmen Class never would have succeeded had it not been for the seniors who assisted in various ways. Seniors also offered their services to those willing to pay the price during the Seniors Auction.

The cheerful willingness of many seniors will be of great benefit to society when they graduate.





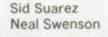






Kevin Stones Dave Strange

Jay Stoneburner Deanne Sturtevant



Gus Susko Dottie Tumlinson

Louise Sweig Joanne Tremblay

























wart, and Micki Griffin finish their home-work. Giving the ASB financial boost is Dennis Potter. 5. A mid-year transfer from Helix High is Judy Gilbert. She joined the Yearbook Staff and provided much assistance in photography.

1. Concentrating on his schedule during mid-year scheduling is Dave Maxedon. 2.

Cleaning up the campus simply because, "I want a clean campus," is Ricky Garmon.

3. Giving a hand to his classmates, Mike Craker helps Rebecca Dean, Sherry Stevent and Micki Collins for the control of the control of

Karen Trucco Dana Valley

Scott Unverferth Frank Vasquez

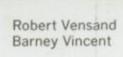
Linda Vader Mary Vellios















Janet Viele Ginger Volle

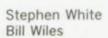


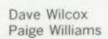


SENIOR THOUGHTS WANDER



Many seniors could be found this year daydreaming around campus. Many are reflecting on the first three years of MCHS, the ones that will stand out in the history of Mt. Carmel, and many are looking ahead toward their future.





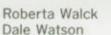
















Lisa Walling Cary West







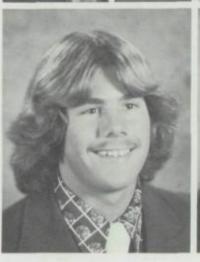








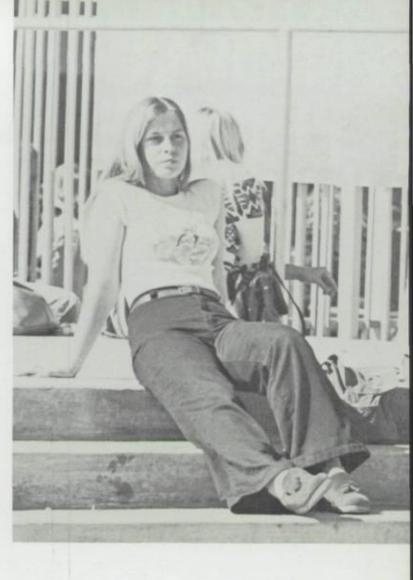








Wendy Wingerter Julie Woodward



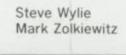
1. Relaxing on a water meter is Mark Zol-kiewitz. 2. LeAnn Schrupp takes advantage of the Southern California winter to get a tan.

Andy Wright Cynthia Yanke

Russ Williams Pat Wisdom

Richard Wright Debbie Yeats

Sandy Wyatt Terri Yuill















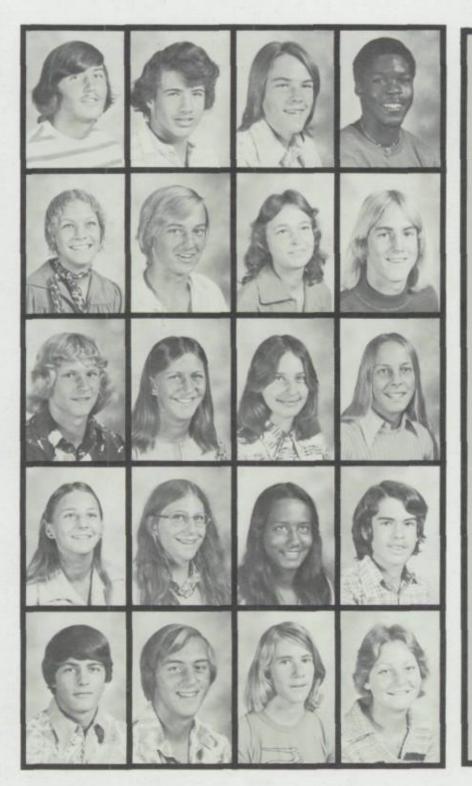






MINORS

JUNIORS PREPARE FOR SENIORITY



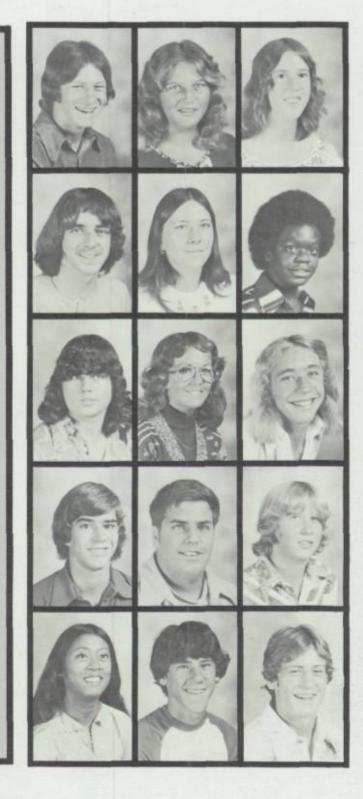
Acomb, Pat Adams, Daniel Ahrensberg, Jim Allen, Charlie Allen, Jason Allen, Sandra Anderson, Gail

Anderson, Jolynne Anderson, Roger Avritt, Pamela Baker, Mike Ball, Thomas Bandh, Laurie Banks, Keith

Bartlett, Doug Bartz, Kathy Bass, Mary Beck, Karen Becker, Joseph Beeson, Bobbie Belgum, Eric

Bemiller, Cheryl Berardi, Mary Bethel, Roya Beutz, Mark Billotte, Brian Bishop, John Bjork, Dan

Blair, Greg Blair, Lealon Blue, Andy Bogdanoff, Valerie Bojador, Cindy Bonahoom, Neil Bowers, Jim

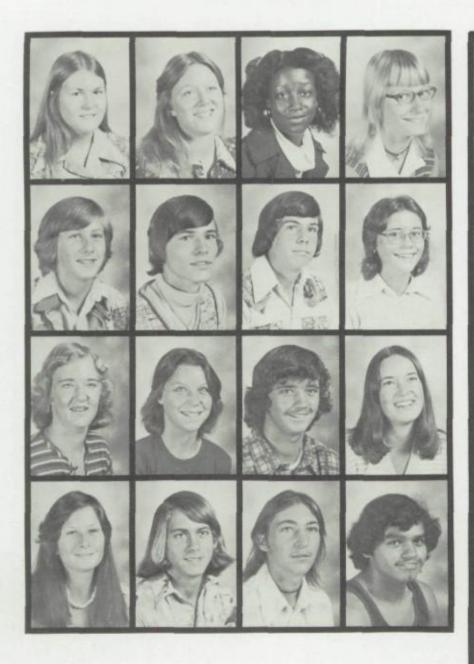




Choosing class representatives for positions of leadership and honor was an early activity of the Class of '78. Class officers were elected and Spirit Week Prince and Princess were chosen.

1. Kris Jones and Randy Canales represented the juniors as Spirit Week royalty.
2. Junior Class Adviser Vicki Broughton is shown with officers Sandy Myers, secretary; Mike Conway, president; Birgitt Stepanow, treasurer; and Dave Eby, vice president.

JUNIORS BOOGIE WITH B-100



In their tribute to the B-100 DJ's, the Junior Class did a rendition of the "Ding Dong Show." Also, the Class of '78 produced a skit in which they represented what their kids might look like. If their kids really do look like they suggested, look out for the Class of '99.



Bowie, Marilyn Brannon, Vanna Breaux, Monica Bridgman, Terry Brokaw, Beverly Brown, Chris Brown, Kathy

Brown, Lloyd Brown, Bob Brumfield, Mike Buchanan, Tina Burling, Wendy Burton, Diane Callahan, Eileen

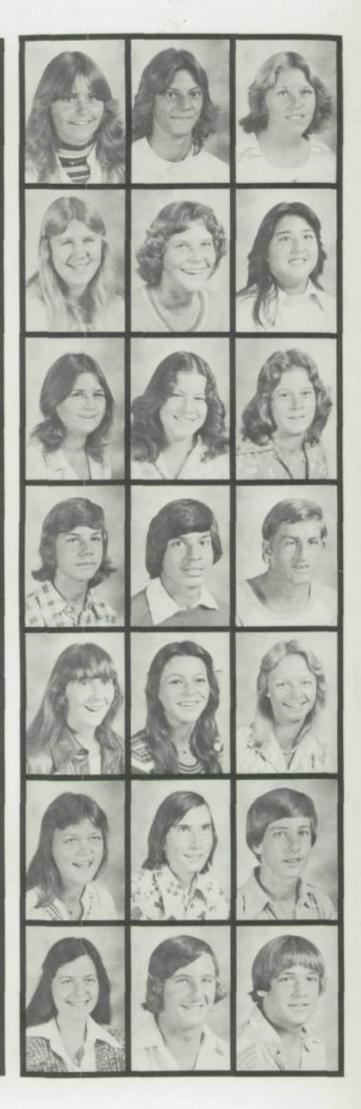
Campbell, Sue Campbell, Terry Canales, Randy Carlsen, Karen Carpenter, Debby Carver, Beth Carver, Kim

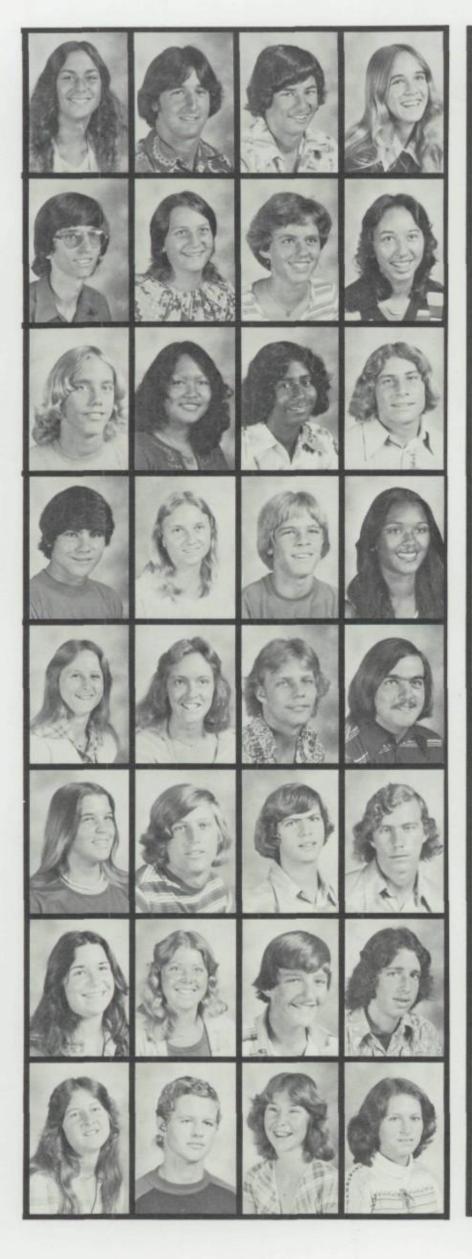
Cashin, Kathy Cassidy, Mike Cavanaugh, Jim Cervanty, Gus Chandik, Mark Christian, Carl Clark, Bob

Clark, Donna Claus, Cassie Claytor, Barb

Cline, Chris Colbert, Earl Conley, Ed

Connelly, Debbie Conway, Mike Cooper, Tom





Coulter, Debbie Cozzi, Mario Craven, Ron Crawford, Patty

Crider, Mike Crump, Evaretta Cummins, Liz Cunningham, Debbie

Curry, Dave Curtis, Tessie DaCosta Trevor Dambrose, Joe

Darris, Steve Davis, Sue Dean, Jason Dean Loletta

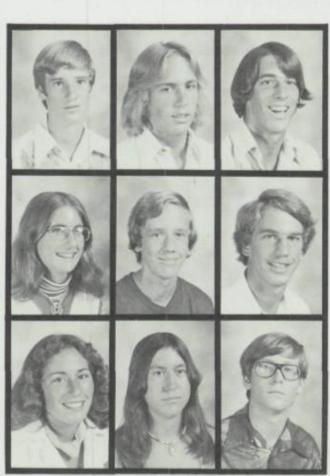
Deaton, Claudia DeMello, Vicki DeYoung, Butch Dickerhoff, Dennis

Dix, Lisa Dobbins, Scott Donovan, Jerry Donovan, Paul Duns, Rick Dye, Scott Eby, Dave

Eichberger, Jo Engelskirchen, Karol Engle, John Ereland, Tom Eriks, Chris Ern, Bob Evans, Dave

Faford, June Farlow, Frank Farr, Angie Faulkner, Terri Ferro, Janice Fields, Maria Fish, Dan 1. This could be the Class of '99, but instead it's Barb Shootman, Kris Jones, Tami Galt, Micki Griffin, Julie Van Train and Birgitt Stepanow, all members of the Junior Class. 2. Pinky Tuscadero and "The Fonz" arrive on the Big Wheels at the B-100 rally as Mr. Mills looks on. In reality, they're Wendy Rayno and Molly Wilson.











Fisher, Philip Fisher, Steve Fitzmaurice, Bill Gaerian, Ruth Gallardo, Sandra Galt, Tami Garcia, Mary

Gerlach, Bill Giaruso, Kim Gibbons, Bonnie Gibbons, Trica Ginther, Candy Glaser, W. Glazebrook, Jim

Gleason, Kim Glover, Rick Goebel, Lynn Gold, Alan

Gould, Heather Graves, Ada Green, Terri Griffin, Micki

Grim, Brian Guzman, Deanna Hagan, Don Hammel, Jane

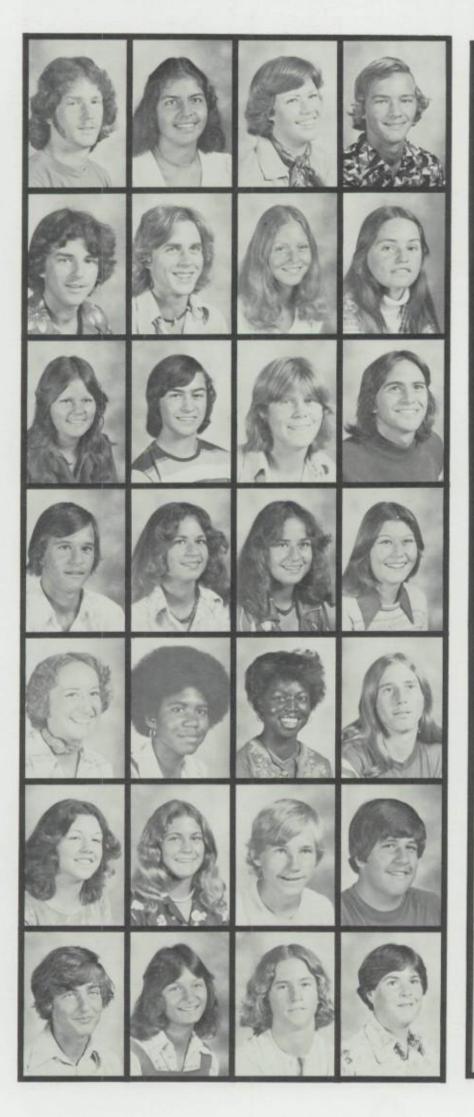
Hammel, Jayne Hanna, Rhonda Hanes, Laura Hanson, Margaret

Harkson, Frank Harris, Greg Hasty, Sunshine Hawks, Linda

Hays, Gail Hayse, Teresa Hayse, Terry Heil, Kim



JUNIORS COMPETE IN AAG CONTEST



Heiss, Steve Heit, Lisa Hengereld, Evelyn Henshaw, Mitch

Herd, George Hibbard, Mike Higgins, Tara Hinchliff, Evelyn

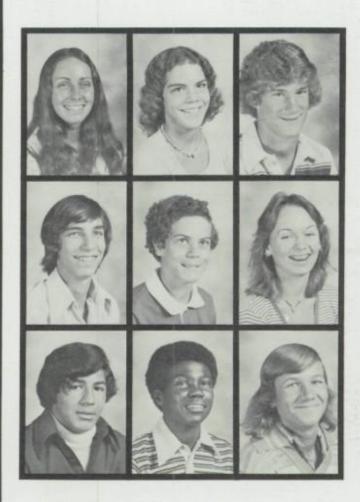
Hitter, Rita Hockaday, Ray Hodge, Dave Hoeschen, Bill Holmes, Mary Kay Hondros, Cathy House, Dave

Howard, Tom Huber, Debbie Huber, Diana Humes, Lynn Hunt, Dale Hunt, Paul Ibach, Karen

Jackson, Cathy Jackson, Veda James, Pam Jarrell, Dave Jauregui, Angel Jefferson, Damon Johnston, Rick

Jonas, Sue Jones, Kathy Junker, Paul Karlin, Mark

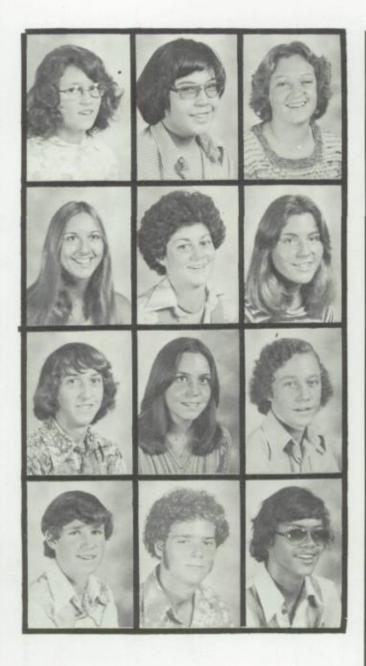
Karr, Ron Kellar, Debbie Kelly, Gene Kennedy, Josh The Junior Class fared very well in the Almost Anything Goes competition. They fielded a great team and came very close to toppling the powerful Class of '77.



1. Tom Howard frantically searches for the dime and gets a bath too. 2. Birgitt Stepanow will need a bath also after her part of the race is over. 3. The finish of the race is marked by the collapse of Wendy Rayno and team mates.



JUNIORS SHARE GROOMING IDEAS



1. Many people attended the assembly about cosmetics sponsored by Ms. Baczynski's clothing class. They learned the essentials of makeup and grooming. 2. Modeling a sweat outfit, Tina Buchanan strikes a pose.



Kennedy, Kathy Kessel, Dennis Kimbrill, Talhi Kimmel, Mark Kingman, Debbie Kirchmier, Karen Klienbrell, Shari

Klinert, Cris Knox, Kelly Konopacki, Donna Krainock, Stave Krause, Connie Kunath, Dana Kurtz, Sheldon

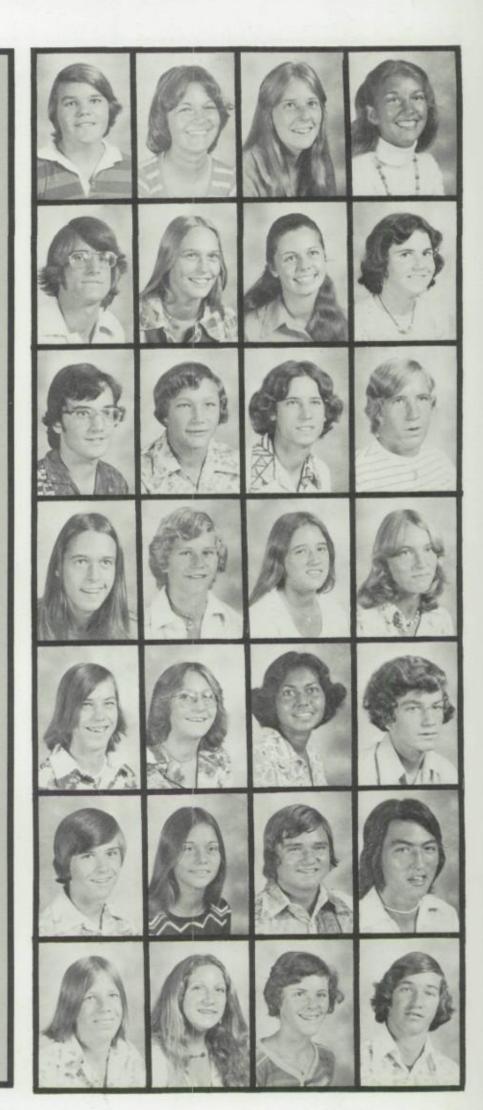
LaFlame, Marcel Lamparter, Johna Langdon, Charles Langeland, Doug Larson, Glen Lathrop, Tom Lee, Don

Lefevre, Paul Leggit, Alan Lehman, Abe Leick, John Lentz, John Lettington, Page Ligon, Dagny

Lindsay, Jeff Loop, Debra Lovell, Sue Lucther, Marty

Ludwick, Barry Luis, Sharlyn Luther, Jeff Lyman, Walt

Mackrovitch, Mike Maleck, Debbie Martin, Marilyn Mathieu, Ed



Okemah, this is it. you've finally made it. Am hoping that yours going to have many happy time with your juture and the your life is paved with

Maxdon, Dave Maxwell, Mindy Maze, Margaret

McAdams, Cindy McCarthy, Carol McCarthy, Carol

McClanahan, Tammy McDaniels, Wade McGee, Mark McGinnity, Dawn McGuiness, Dave McLane, Carne McLean, Jeanne

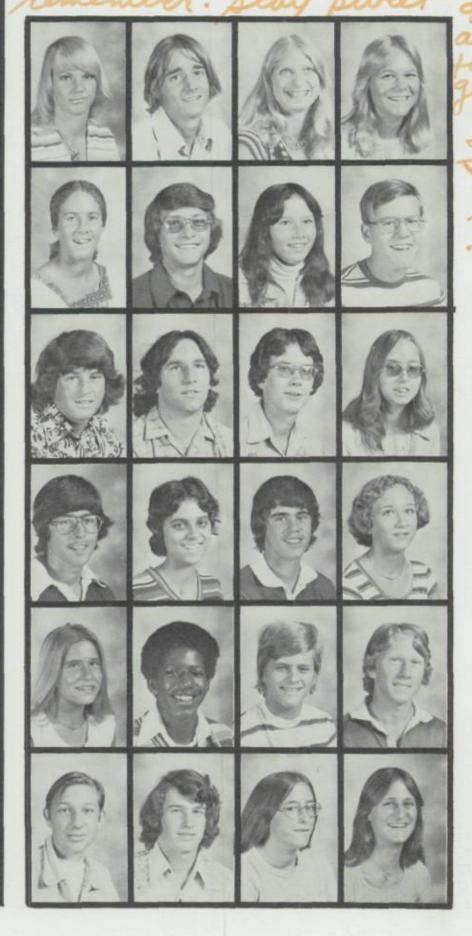
McNelly, Debbie Meador, Mike Merkly, Steve Merriam, Gail Messina, Matt Metz, Marjorie Miller, Guy

Miranda, Lori Moorhead, Mike Morris, Pam Morris, Joe Morris, Tom Mortimer, Doug Mullen, JoAnn

Munsterman, Dave Myers, Sandy Navarre, Terry Nelson, Jean

Nelson, Mary Nelson, Todd Niblock, Mark Nolan, Brian

Norkus, Joe Norman, Brent Nuttall, Sandy Oberlies, Lynda School isn't always just teaching people responsibility and developing intelligence. It also provides for those whose interests are more traditionally feminine. Programs on homemaking, clothing, and cosmetics have been offered to all students interested during the year.





The enthusiasm for sports and class pride that is so strong at this school wouldn't be possible without the vocal Junior Class. After contributing to the effort of the B-100 "Be True to Your School" contest, they went on to become one of the more spirited classes on campus. At the unforgettable Poway Pep Rally (page 30), the section reserved for juniors was the first to fill up. It has been quite a year for the Class of '78.



O'Drane, Holly Oleson, Barbara O'Neil, Terry

O'Neill, Albert Opper, Michael Gropesa, Christina

Ouellette, Brian Ozenbaugh, Kevin Padua, Kenneth Palmer, Terri Parks, Zachary Paul, Debra Pavlu, Kevin

Peiton, Shelley Pender, Joyce Perry, Tonja Pettyjohn, Michael Pinta, Carole Pistilli, Lisa Pitts, Darla

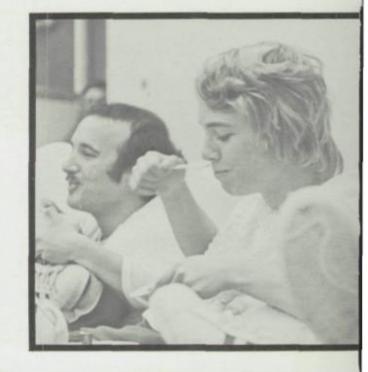
Pogue, Diane Polcino, Sharon Popejoy, Paul Powell, Rob Prim, Joseph Puckett, Curt Quisenberry, Charles

Rabb, Doreen Rambo, Randy Rayno, Wendy Reddish, Donald Reed, Dayon Reeve, David Reidy, Jennifer

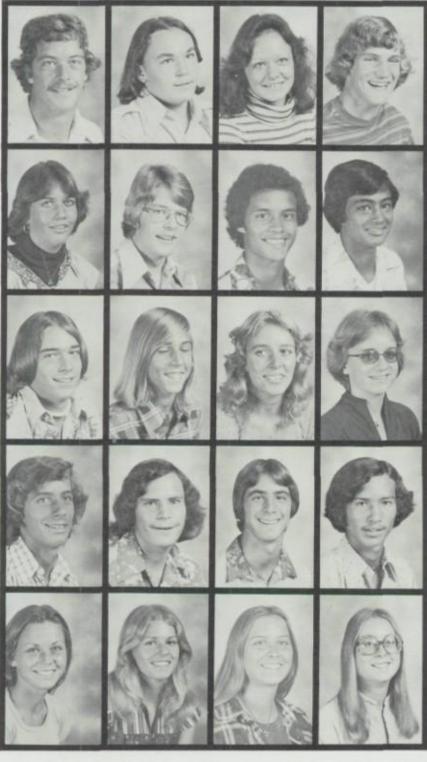
Reilly, Peter Renner, Deanne Renner, Todd Reynolds, Kathleen







JUNIORS: A POWERHOUSE OF ENTHUSIASM



Ridout, Jeff Risley, Bob Risley, Lisa Risner, Bob

Robinson, Sharon Robinson, Tim Rogness, Robin Rollins, Terry

Ross, Benjamin Roth, Nicholas Rowe, Dorothy Rundquist, Jeanne Rusk, Joy Rusk, Keith Russo, Lori

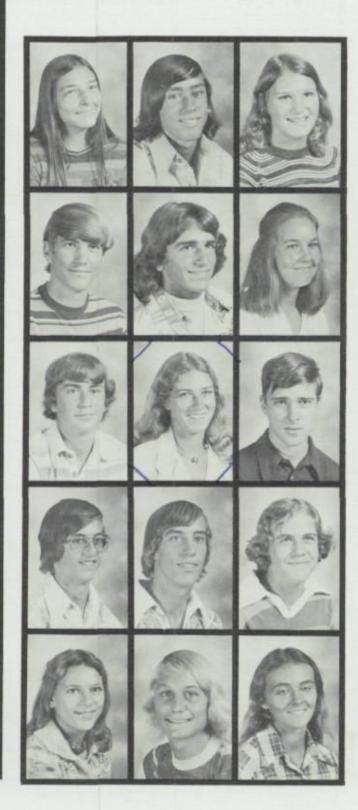
Ryan, David Salomone, Tim Salvi, Alan Sammuli, Michael Scheevel, Kevin Schlegel, Erich Schneider, Kelly

Schoffstall, Julie Schreckengost, Janice Schrupp, Lyann Schubach, Bobbie Scott, Robert Scrivnor, Kathy Secor, Thomas

Serrano, Robert Setliff, Skip Shadden, Bill

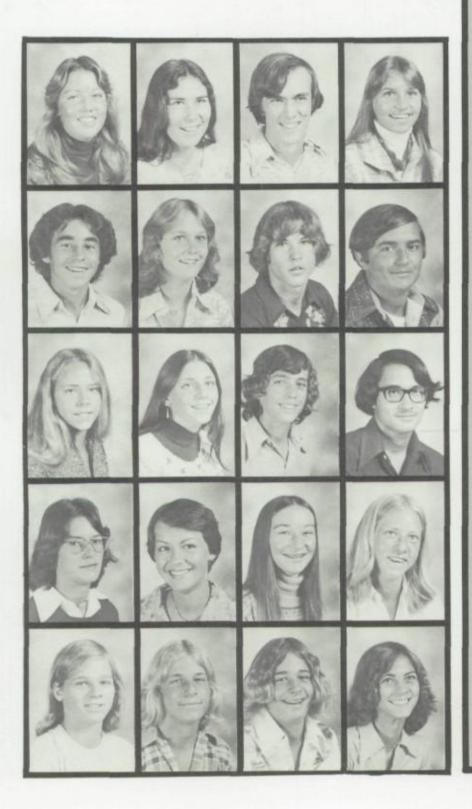
Shafer, Kathryn Shankland, Henry Shapiro, Carrie 1. The juniors vocalize during one of the pep rallies held earlier in the year. 2. Junior Steve Krainock participated in the pep rally preceding the Poway-MC basketball game alongside teammate Kevin Gilbert and Coach Murphy.





JUNIORS TAKE JOBS, SOMETIMES

The famous word of the junior class adviser, Mrs. Broughton, as spoken at the Christmas skit assembly, voiced her simple complaint about the lack of involvement among the juniors at Mt. Carmel. People listened because her thoughts came forward truly out of care, not anger. Certain students, especially the class officers, were eager to work although they were just as eager to find help. As hopes of an upcoming senior year appeared, so, it seemed, did a new interest to be in on plans and ideas.



Shea, Thomas Sheffield, Mike Shootman, Barb

Showerman, Terri Shumway, Colleen Sims, Mark

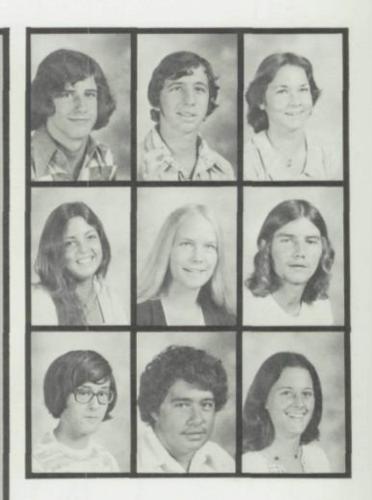
Sines, Erin Sitzler, Roberta Sitzler, Ron Sjodin, Nancy Small, Lester Smith, David Smith, Robin

Smyth, William Sollie, Lori Soulia, Jay Sousa, Donald

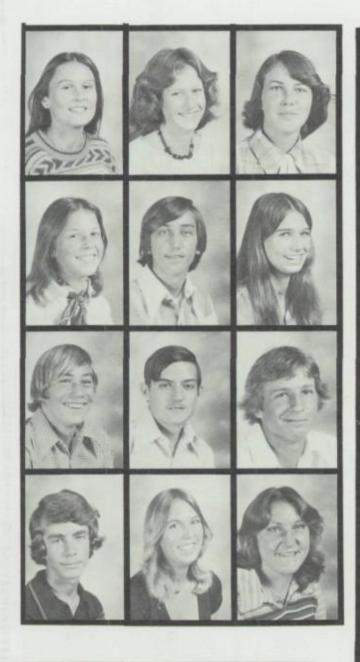
Speer, Tricia Spellman, Laura Sperry, Kirk Stacklin, Chris

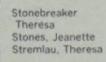
Stebbins, Denise Stepanow, Birgitt Stetler, Marty Stevens, Bill

Stevenson, Mark Stinson, Larry Stinson, Lloyd Stiteler, Laura





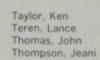




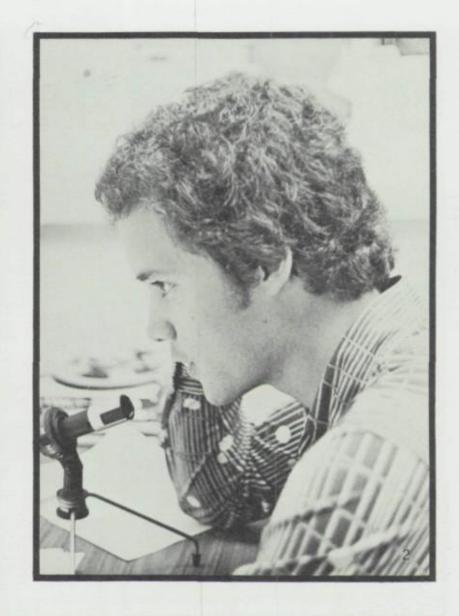
Stuart, Sherry Sturgeon, Jon Sturtevant, Deanne

Summers, Mat Suszko, Charles Swisher, Mark

Tackett, Richard Tackett, Sharon Taylor, Kelly



Thompson, Kelly Thompson, Morgan Thornberry, T.D. Tibbs, William



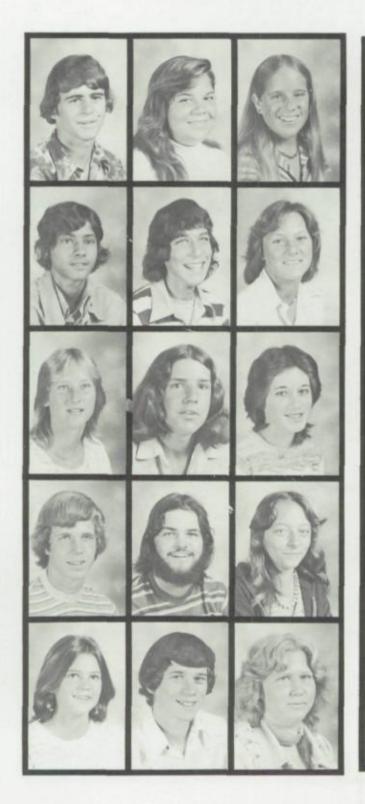






1. Juniors, Shari Kleinebreil, Julie Van Train, David Eby, and Mike Conway, attend a committee meeting to plan for this year's prom. 2. Announcer for KMC, Robin Rogness plays disc jockey. 3. Elected in the middle of this year, Alan Salvi will be the 1977-78 ASB President.

UPCOMING SENIORITY LOOKS GOOD



Tierney, Shawn Tischer, Vickie Toft, Kitty Tombrinck, Cecilia Ton That, Dan Tornatore, Mike Torrez, Cindy

Toth, Theodore Tracas, Samuel Tremblay, Carole Treptow, Leslie Trew, Sean Tucker, Shirley Tumlinson, Duane

Turley, Lisa Tyczki, Raymond Tyler, Julie Unverferth, Terry Vader, Mark Van Train, Julie Vasquez, Sabrina

Vick, Keith Vincent, Randall Vinney, Marion Vinson, Sharalyn Vitrano, Kurt Wakabayashi, Kai Walker, Richard

Walling, Kirsten Walsh, Dennis Walters, Dawn



 Relaxing on the lawn, Tom Morris enjoys a sunny MCHS day with friend, Joyce Grimes.
 One of the Chandik brothers, Mark, heads for his next class with books in hand.
 Wendy Rayno and Heather Gould, two active juniors, patiently waiting to become seniors.







Webber, Tom Weinburg, Brian Weissert, Laurette

Welch, Cathy Welch, Mark Welch, Michael





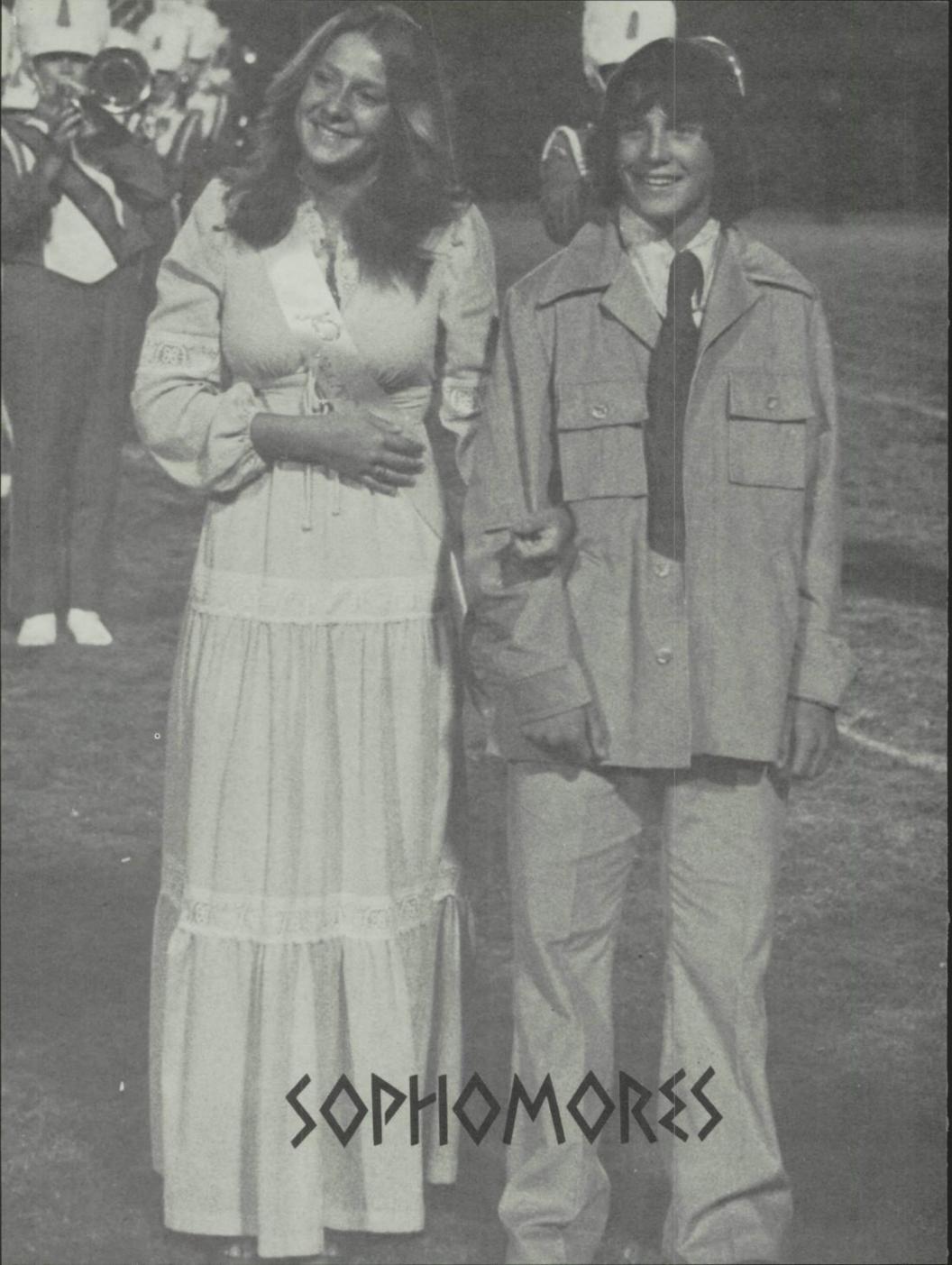
White, Michael Wiatrowski, Teresa Williams, Diedre Williams, Steve

Windham, Charlotte Wolar, Wayne Woods, Thomas Woodruff, Donna





It seemed some juniors just couldn't wait for their last and senior year to arrive. They had no inquiries or doubts of what this new status would mean. Their third year of high school blurred right into thoughts of the next. They must have seen some excitement or a sense of peace in the students of the present senior class, and obviously had never been warned of college tests, application forms, graduation procedures, etc. Although seniors are sometimes classed "lazy," if they are preparing for any type of future after high school, especially college, they have no times to waste, at least not until June. Unaware, Mt. Carmel's class of '78 relaxed and wandered along sidewalks, carefree and waiting, but for what they did not know.





1. Representatives of the royal sophomore family, Prince Ted Earle and Princess Linda Sweig, after being announced earlier in the day at a pep assembly, were crowned at this Friday night Spirit Week football game. 2. A group of dedicated servants, classically titled sophomore class officers, rest to be pictured: Adviser, Mr. Bert McIntosh; Secretary, Shannon Mulholland; Treasurer, Tammy Doyle; Vice President; Lynda Roberts, and President, Brenda Berry.

Aguilar, Sheryl Aguilando, Josephine Aldern, Christopher

Alexander, David Allen, Cheryl Allen, Tina

Allison, Jeff Amendola, John Anderson, Jay

Anderson, Kathy Anderson, Leslie Angel, Bruce

Aranda, Roxana Ashbaugh, Jim Avritt, Derek

Avritt, Raymond Aylward, Tim Babcock, Karen

Babida, Mike Bakken, Tami Ball, Patricia Balona, Kevin

Baucom, Cathy Beath, Lisa Beavers, Brad Beck, Dana

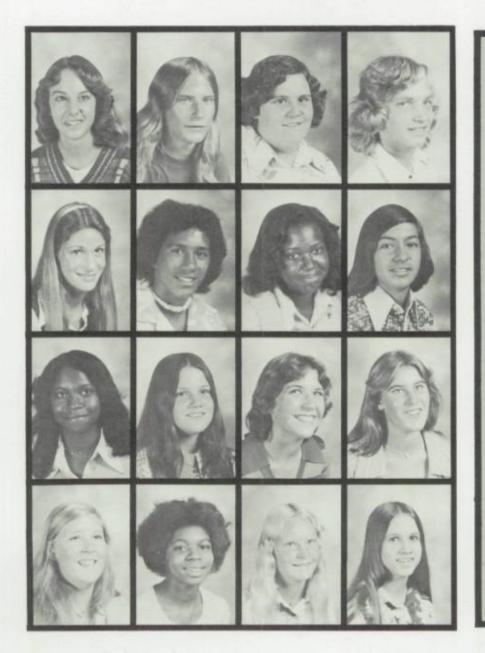
VIP'S HONORED SECOND YEAR

Very Important Persons, they could be called, those sophomores who were honored and devoted in leadership positions this year. During Spirit Week, two of these, Prince Ted and Princess Linda, were honored by applause that echoed throughout the halls as in a fairy tale. Behind the glamour, was a group of humble servants, better known as class officers, devoted to planning and plain physical labor. Being the second-year students' true foundation, they could also be starred VIP's.





SPIRIT COMES FROM THE CLASS OF '79

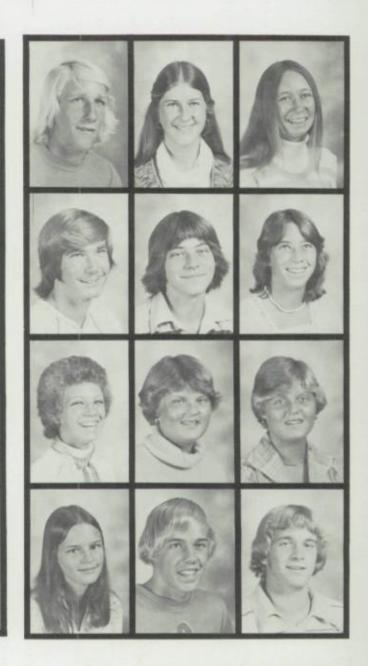


Behren, Carole Bell, Richard Belmain, Tim Benton, Ollan Berg, Rick Berry, Brenda Bessey, Mary

Beutz, Irene Bias, Charlie Blackshire, Carolyn Boden, Marvin Bond, Bob Bond, Russell Borgen, Linda

Bowens, Cheryl Bowman, Cindy Boyd, Heidi Boyd, Tammy Branam, Tammy Brauchla, Karen Brauchla, Kathy

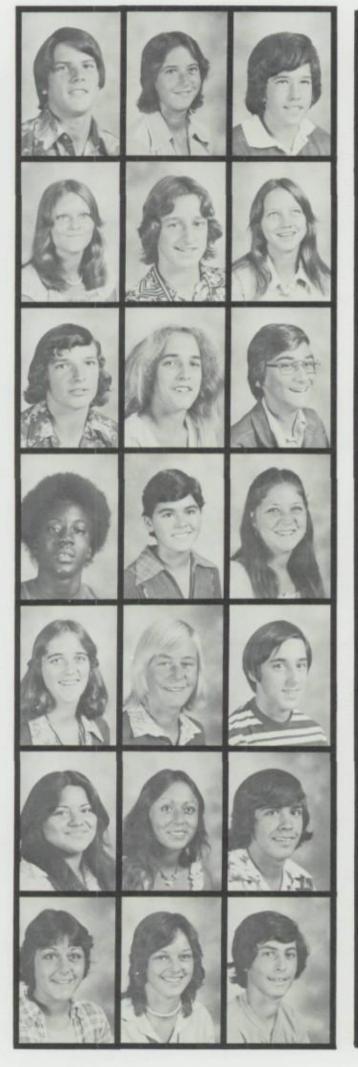
Breisacher, Kathy Bright, Verna Brooks, Terre Brown, Cheryl Brown, Gall Brown, Tim Brøwnback, Bob



"79" could be heard echoing throughout the crowd above the noise of Mt. Carmel's other students. The sophomores, proud of their year to graduate from high school, participated with enthusiasm in this and other group-effort cheers. The second-year students seemed to contribute much of this year's spirit, with many sophomore girls dedicated to the group spirit found in Pep Club. Some individuals provided extra enthusiasm that aided in leading Mt. Carmel to loud and colorful victories.



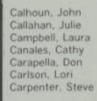
1. An enthusiastic bundle of sophomore Pep Club members are found cheering together at a rally. 2. Relaxing from her cheerleading duties, Tami Kennedy joins Carol Tremblay on the sidewalk at lunch break.



Brumfield, Jeff Bucci, Missy Bumiller, Eric

Bump, Debbie Burger, Kevin Burney, Cheryl

Burns, Robert Bushem, Keith Cafferty, Mike



Carper, Julee Carr, Don Carter, David Cashin, Pat Cass, Debbie Castillo, Kevin Catalanotti, Tom

Cervantes, Diana Chavez, Mary Ann Cheek, Don Childers, Chris Ciaccio, Lisa Clancy, Jerry Clark, Louise

Clayton, Kathy Coffin, Lauri Coleman, Pat Concepcion, Amador Conley, Michelle Cook, Mary Cooper, Jim





STOMACHS BOOGIE AT B-100 SKIT

"Did you boogie with your baby in the back row of the movie show?" the music asked the day the B-100 disc jockeys made an appearance on campus. On that particular day the sophomores did indeed boogie. With cute smiling faces, or stomachs as truth has it, the "B-100 Strokers" danced for the spirit contest judges. Some with pillow case heads and giant feet, dressed in jeans sized for infants, partnered with others, apparently of the opposite sex.



Cortez, Abe Cote, Steve Coulon, Tami Crampton, Kelly

Crepeau, John Crim, Lee Crocket, George Crone, Pam

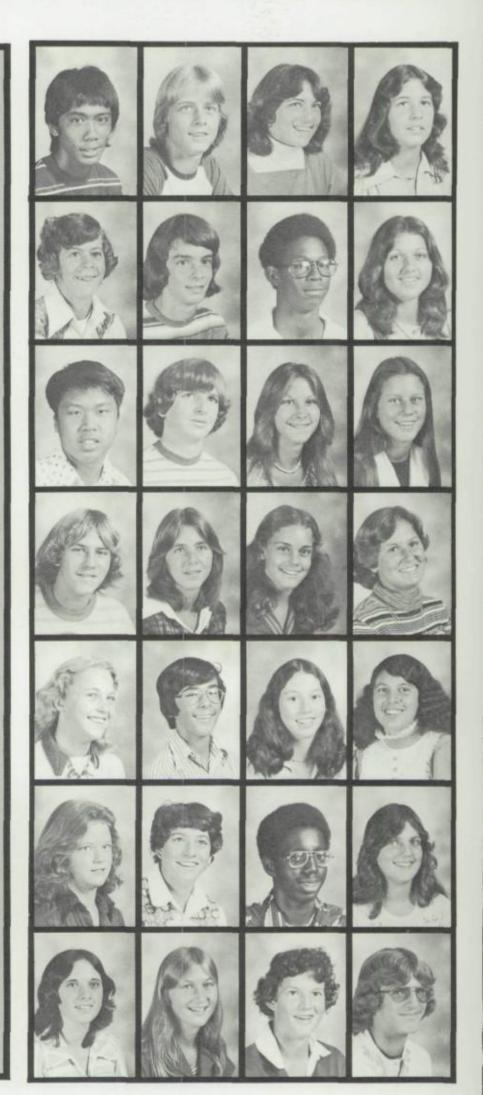
Cruz, Eric Cultrera, Robert Cummings, Sandra Dages, Nancy

Daniel, Mark Davidovich, Nora Dean, Rebecca Dedeian, Suzette

Dekker, Felicia Delany, George DelColliano, Theresa DelNegro, Kathy

Dial, Suzanne Diamond, Jim Dillon, Pat Dornberger, Linda

Doxey, Karen Doyle, Tammy Dreweatt, Dan Duma, Tracy









Earle, Ted Ebert, Chris Eby, Mike

Edick, Tammie Edmison, Ed Effinger, Valerie

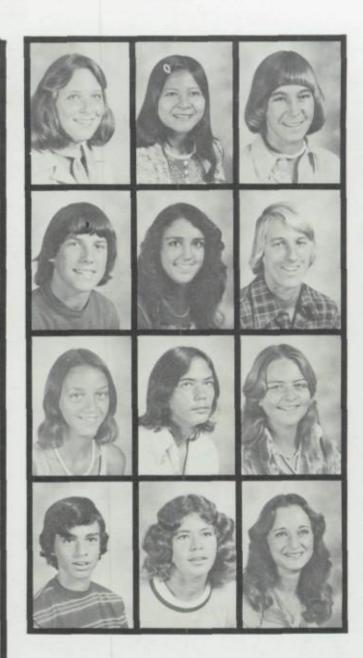
Eidson, Mary Eisberg, Doug Emory, Cindy Erskine, Annette Everett, Brad Farlow, Randy Faulkner, Dodi

Feaster, Greta Fender, Becky Ficken, Cliff Fiehler, Phil

Finnell, Darryl Flick, Gary Folden, Wayne Ford, Mike

Foster, Carl Frye, Jay Fusco, Patricia Gallardo, Rebecca

Gallardo, Riva Garcia, Rosita Garmon, Aletha Gaudreau, Valerie





1. Racquel Welch, alias Glen Kellar, flaunts her body before the spirit contest crowd. 2. The daring "B-100 Strokers" wiggle face painted stomachs to "Did you Boogie with your Baby in the back row of the Movie Show." 3. A scarlet and gold Sundevil glares out from Mt. Carmel's B-100 sign over the sophomore cheering section and disc jockeys in the foreground.



George, David Gerberg, Aree Ghrer, Teri Gibbons, Kathy Gillette, Tracy Gleason, David Gold, Sandra

Goodson, Terry Goohs, Christine Gordon, Jeff Gorka, Karen Graham, Jayne Grayson, Nancy Greaney, Glenn



SCHOOL'S NOT JUST READIN' & WRITIN'

For sophomores, having a pencil, some paper, and a book wasn't enough. Since most were too young to get work outside of school, experience came from set tasks on campus, such as working in the library or office. In class they studied auto mechanics, agriculture, and business. Offered a chance to find what kind of work was suited to them, they learned that life is more than just readin', writin', and 'rithmetic.





Green, Kathy Green, Kevin Greenwalt, Mary Grimes, Theresa Grippo, Jeanette Hadden, Richard Hagan, Art

Hagan, Sherree Hager, Larry Hager, Lorraine Hahn, Bob Hammond, Tara Hamstengel, Sunnie Hargis, Ed

Hargis, Robert Harris, Guy Hartley, Tod Hays, Brenda Hazard, Richard Heid, Frank Hendricks, Tamara





Hensley, Kenn Henson, Justin Henson, Mitch Hicks, Vicky Hildebrandt, Debra Hoard, Misty Holton, Robert

Hombs, Kyle Hoogendyk, Lisa Hooten, Annah Houser, Kathy Houston, Terry Howard, Linda Howell, Candi

Howell, Terry Hoyer, Judy Hunt, Barbara Imhof, Vicki Insalaco, Annette Jackson, Loralee Jaehn, Kurt





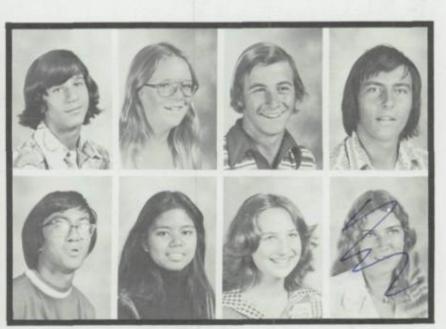


1. Dishwashing and food serving occupies most of Martin Phankey's time in the lunch area as he works daily in the school cafeteria. 2. Atop a tall office chair, Lucy Thronburg has easy access to her filing drawer. 3. Stacey Ullrich searches through an attendance binder for needed information about absences.



James, Don Jauregui, Alma Jennings, Pam Johnson, Climmie Johnson, Kelly Johnson, Lindsay Johnson, William

Johnston, Mike Jones, Allen Jones, Melody Kapka, Kim Karganilla, Ramona Karr, Jennifer Kast, Kathy



my picture on page 55 is Better sophomores-67

INVOLVED STUDENTS HAVE FUN



1. Ingrid Stepanow, one of Mt. Carmel's more dedicated sophomore students when it comes to activities outside of class, is found in the gym cutting decorations for the senior class Christmas dance, Jingle Bell Rock.

Kelchin, Joe Kellar, Glen Kennedy, Tammy Kim Paul

Kimble, Jim Kleist, Joe Knott, Tani Kobs, David

Koetsch, Sharon Konop, Scott Kraemer, Ellen Krainock, Amy Kroesch, Mark Kruse, Jennifer Kuhle, Jeff

Kydd, Brian LaFlamme, Rhonda LaGrange, Josephine Lanthier, David Larsen, Imnda

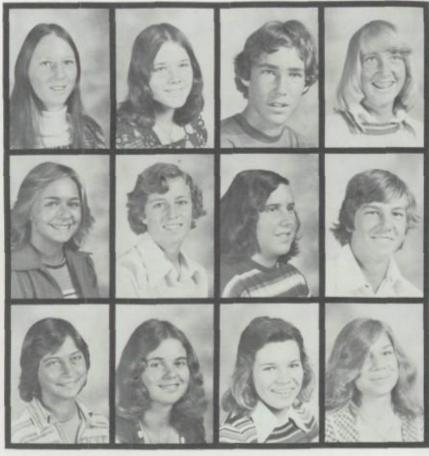
Laser, Becky Lathrop, Steve Laughton, Mary Lazareck, Maxine Lehman, Curtis

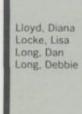
Leick, Tom Lemmon, Mike Lessig, Donna Levi, Karen Levins, Loretta

Lewis, Cynthia Lewis, Robert Lindgren, Dave Lindsay, Kathy Lindsay, Kevin

Lininan, Pierre Littleton, Sherrie

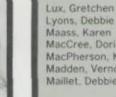




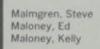


Lowe, Rhonda Luchter, Margaret Lucore, Dale Lundburg, Ken

High school classes alone do not necessarily leave students with a warm feeling inside. Based on this idea, Mt. Carmel strives to complement the student body's everyday routine with extra activities. To make these programs worthwhile, though, the students need to accept responsibilities; and they have, by becoming enthusiastically and deeply involved.



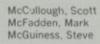
Lyons, Debbie Maass, Karen MacCree, Dori MacPherson, Kathy Madden, Vernon Maillet, Debbie





Mavis, Richard Maxedon, Bob Maxedon, Pat

Maxwell, Cindy May, Mark McCray, Keith







SOPHOMORES GIVE THEIR SPIRIT



1. "Babes In Toyland" dress-up day creates a little tomgirl out of baseball-capped Julee Carper. 2. Sophomore, Debbie Mirabelli, winner of \$10 worth of ice cream at the Mt. Carmel-Poway basketball pep rally. 3. Saving space for her friends, Colleen Taylor sits across a bench until the event starts. 4. Alma Jauregui dressed as a Sundevil, appears amid other spirited students in the sophomore cheering section.



McIntyre, Faye McKee, Cathy McKee, Tim McLain, Susan

McLean, Julie McNulty, Mike Meadows, Shelly Melone, Robert

Menendez, Gerand Merkley, Mike Meyer, Dan Mikuljan, Liana Millar, Mark Miller, Lester Miller, Robin

Mirabelli, Debbie Mitchell, Jim Mitts, Kathy Mogelinski, Kim Mohr, Cindy Monfort, Jay Moore, Erin

Moore, Karen Moore, Mike Morgan, Lynn

Morris, Chris Mowrey, Mike Moyer, Karen

Mulholland, Abigail Mulholland, Shannon Mullins, Jackie











Niblock, Mike Nixon, Floyd Norman, Dlea

Nelson, Jill Nelson, Scott Nguyen, Tri

Murray, David Murray, Gwen Myers, Tammy

Nannenhorn, Mike Nason, Tina Navarre, Carey

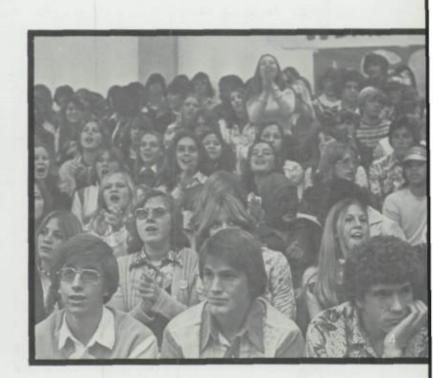
Norris, Dan O'Connor, Anne Okifuji, Lorraine Oropesa, Joel

Osmus, Jane Osterberg, Jess Overson, Laurie Pankey, Martin

Parham, Hal Parker, Alyssa Parker, Iona Parmley, Gene

Pearson, Theresa Pedersen, Corey Pekarek, Donna Perry, Steve

Participation is definitely an important part of the spirit of any school. When there are activities planned and put on, they need to be attended. Mt. Carmel's sophomores seemed to realize this and could be expected to show up at all types of special activities. Many of the enthusiastic students who could be found at pep rallies, in class skits, on stage and off, were also found to be sophomores. Their section in the gym always seemed to be full—of people and shouts.



UNITED IN MIND, BODY, AND SOUL

The way the mind, body, and soul of a group of people is coordinated decides their personality. Among the students at Mt. Carmel these three aspects are united in a special way. Some time is spent studying and some competing in sports, but much more time than is realized is spent thinking and sharing those thoughts with others.



Petty, John Phalen, Ed Phillips, Pam

Pierce, Todd Planter, Jack Platz, Susan

Porter, Pat Potter, Patti Powell, Mark Prether, Steve Price, Kathy Price, Kendra Radsliff, Veronica

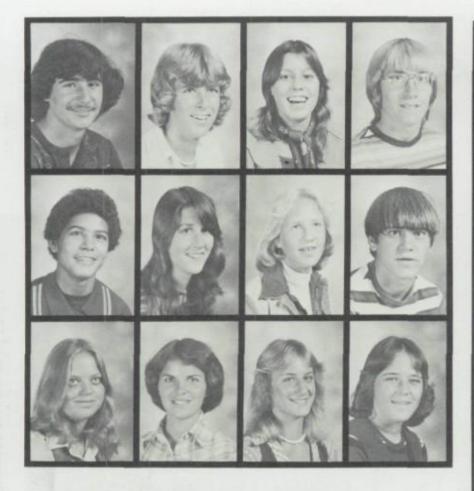
Raffelson, Troy Rayno, Roxanne Refsdal, Karin Reidy, Scott Reniche, Cecil

Renner, Diana Ribble, Connie Richley, Linda Risner, Barbara Robb, Art

Roberts, Debbie Roberts, Lynda Robinson, Scott Rodkin, Dennis Rollison, Chris











Romano, Louis Rooks, Jon Rowe, Melinda Royal, Ray Runnels, Mark Rustay, Michelle Sabado, Shelly

Sanchez, Javier Savell, Cindy Schaff, Pandora Scheevel, Jeff Schneider, Sid Schoffstall, Steve Schrupp, Donna

Schweitzer, Cathy Scott, Darlene See, Kim Shahan, Patti Shannon, Christina Sherman, Charles Sherrill, Debbie

Shields, Carrie Shoquist, Eric Sickler, Zonda

Sigurdsson, Arni Simpson, Carla Sines, Kelli

Skinner, Karen Skube, Steve Smejkal, Debbie

Smith, Jim Smith, Susan Soffe, Pat



1. Julie Willing relaxes on a distant or inner thought during lunch break. 2. Sitting against the building, an underclassman studies before his class starts. 3. The musician behind the odd-sounding ringing noises at our home basketball games, Sunnie Hamstengel, patiently waits for a chance to use her instrument.

ELVES SING ON THE JOB



Soulia, Joy Spencer, Dan Stepanow, Ingrid

Stewart, Brenda Stewart, Jesse Stout, Debbie Stuart, Ed Sturtevant, Scott Sumpter, William Surrell, Joe

Sweet, Rick Sweig, Linda Taglienti, Greg Taylor, Colleen Taylor, Michelle Thomas, Bruce Thomas, Wallace

Thomason, Toni Thompson, Art Thompson, Steve Thronburg, Lucy Tinley, Kathy Townsend, David Trask, Mi-Lou

Trent, Ray Treptow, Cheryl Trowbridge, Steve Trusty, Laurrie Turk, Chris Tyler, Scott Ullrich, Stacey

Underwood, Tracy Vasquez, Kim Vayo, Ann Voorhees, Tamera Waddington, Kathy Wager, Steve Wahlstrom, Mary



Zealously the occupied workshop elves sang. The Sophomore Class for their yearly Christmas skit reenacted a scene straight from the North Pole, with fur-trimmed hats, white beards of foam, and a Santa Claus that looked like a Mt. Carmel science teacher named McIntosh. Laughs arose as the singing elves became distracted from their tasks by occasional leaps and bounds from fellow student, Glen Kellar.











Wakefield, Vicki Walker, Mike Wallace, Marile

Walsh, Marcus Warren, Teresa Webb, Shelly

Webster, Sandra Weddleton, Tracey Weinberg, Jody

Welch, Jan West, Richard Weston, Leslie Whitcomb, Tracy

White, Julie Williams, Karen Williams, Kevin Williams, Trisha

Willing, Julie Wilson, Allan Wilson, Hal Wilson, John

Wisdom, Jim Wisniewski, Becky Wood, John Woodruff, John

Woods, Susan Woodward, Karen Yavorosky, Dennis Yazzie, Shirley Yeats, Jim Yorba, Henry



1. Santa Claus' helpers shuffle out, with a flying leap of enthusiasm from #16, Glen Kellar. 2. A Santa Claus that looks like science teacher, Mr. McIntosh, and his head elf, Shannon Mulholland, oversee toy production. 3. The three elfs are Shelly Webb, Sandra Webster, and Kathy Houser.





HHESHJIEVI

CLASS OF '80 SELECTS LEADERS





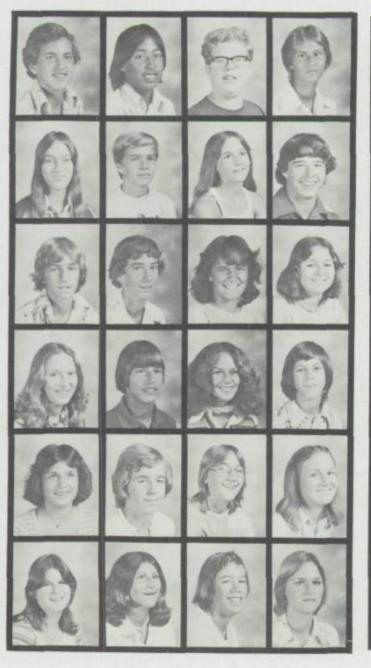
Beach, Casey
Beane, Bill
Beavers, Jackie

Becker, Susan
Belanger, Kim
Belcher, Mike

Benoit, John
Berg, Darren
Berman, Adam

Blackshire, Stephie
Blanco, Ismael
Blum, Abbie

Bojadar, Percival
Bonahoom, Pat
Bonzer, Roger



Aguais, Robert Aguilar, Elton Alderman, Brian Alexander, Susan

Allen, Amanda Allen, Randy Anderson, Carole Anderson, Jim

Angerilli, Mike Apple, David Arnold, Susan Attig, Diane

Atwood, Babette Austell, Greg Babcock, Tracy Bacon, Alan

Badran, Ami Badum, Jeff Bailey, Robin Baker, Laura

Balchin, Chris Ball, Lori Barr, Chris Bartlett, Julie Among the first activities of the Freshman class were the tasks of selecting officers and Spirit Week Prince and Princess.

1. Reigning over the Freshman Class during Spirit Week activities were Princess Kathi Brewster and Prince Guy Wingerter. 2. Jim Anderson was elected president of the Class of '80, and Brian Phelps was elected vice president. 3. Serving as treasurer was Julie Powell, and the class secretary was Louise Edler.



FRESHMEN PUT ON THE BLOCK



Cerialo, Michelle Cervantes, Estelle Cesarini, Pete

Campbell, Scott Carney, Chris Carter, Shea

Castillo, Stephen Cavanaugh, Jim Cawker, Collina

Chappel, Casey Cheek, Cheri Cherry, Susan

Chevalier, Lorin Chong, Cammie Christensen, Chris

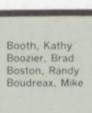
Christison, Dale Christman, David Cirillo. Anthony

Cirillo, Frank Clark, Dale Clarke, Pattie

Claus, Frank Clausen, Sam Cline, Tracy

Colbert, Wanda Collinsgru, Ann Condon, Tim

Conklin, Theresa Cook, Gail Cook, Kevin



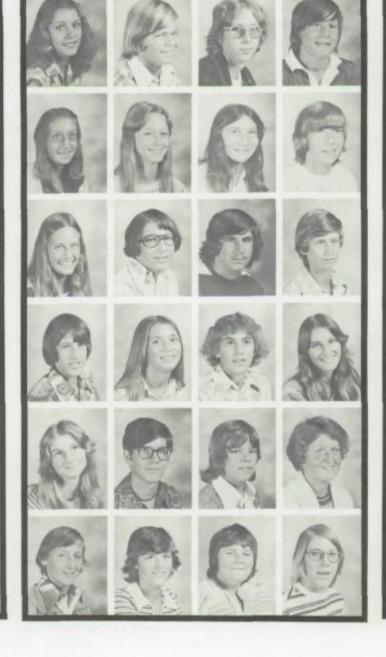
Brandenburg, Susan Breimon, Laura Brendle, Gina Brendle, Tim

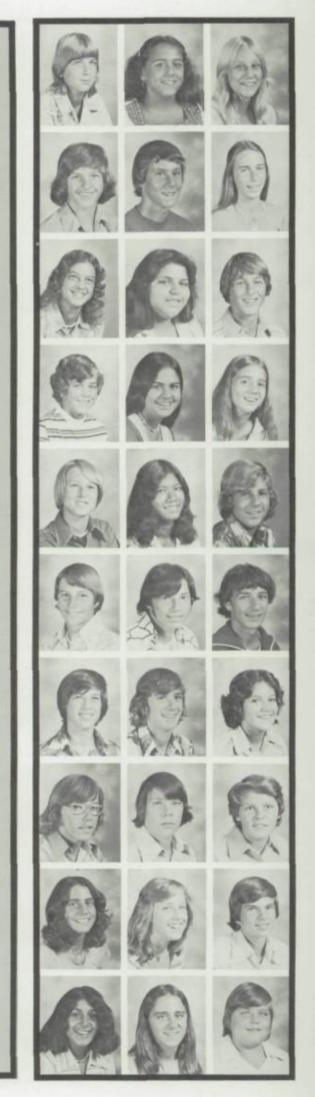
Brewster, Kathie Bridgman, David Bridgman, Scott Brokaw, Jerry

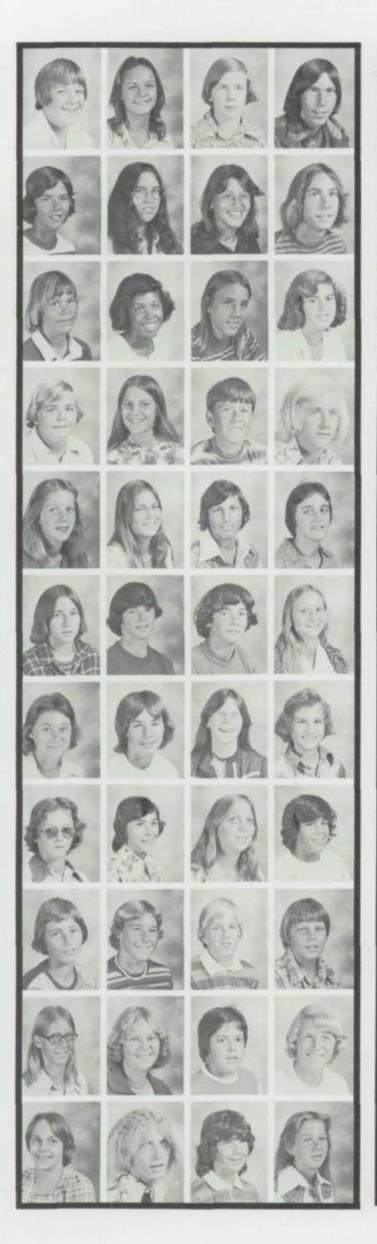
Brown, Eugene Bruun, Jane Burhop, Jeff Burns, Cheri

Butcher, Jodi Butterworth, Keith Bybee, Chris Cafgna, Nancy

Galabuse, Mike Callahan, Jean Callaway, Terrie Campbell, Jon







Cooper, Tony Coulter, Denise Courtney, Tom Cowan, Rick

Craft, Ed Craven, Chris Cravotta, Carla Crawford, Howard

Crepeau, Rick Crockett, Veronica Crouch, Steve Crouse, Kelly

Crowell, Luther Crump, Jean Curnow, David Curry, Eric

Curry, Shawn Curtis, Karen Dambrose, Howard Danes, Kathy

Daniels, Steve Darris, Dean Darris, Mark Davis, Barbara

Davis, Kathy Davis, Mike Davis, Meri Davis, Tim

Day, Jim Decaires, Kathy DeFabio, Patty Delaney, Jim

Densmore, David Deremer, Susan Devlin, Steve DeYoung, David

DeYoung, Denise Dilla, Robin Dix, David Dobell, Mike

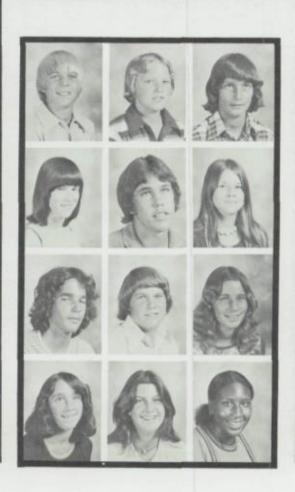
Doll, Pattie Donovan, Jeff Dorsett, Jeff Dosek, Mary Welcome Week, the second week of school, was climaxed by the sale of Freshmen Slave Insurance and the sale of freshmen slaves.

Throughout the week, freshmen had the opportunity to buy insurance at 25 cents a share. The insurance prevented their being sold at the Freshman Slave Auction which is held at the end of the Week.

At the auction, the freshmen that didn't purchase any insurance were auctioned off to the rest of the student body. The following day the freshmen slaves served their masters by carrying books, singing, dancing, dressing strangely, and fulfilling other whims of their masters.

1. Auctioner Dana Valley tries to up the bid on freshmen slave Carol Setliff as Steve Wiley, Slave Driver, looks on. 2. One of the many unlucky freshmen who didn't buy slave insurance, Elliot Teren, is displayed by a slave driver as David Wilcox speaks to the crowd.





Douglas, Jeff Doyal, Justin Doyle, Dale

Doyle, Julie Drechny, Jon Dukes, Sue

Dunsford, Peter Earle, Ken Eaton, Kim

Ebert, Patti Eddington, Pam Edler, Louise

CLASS OF '80 SETTLES IN

Eichberger, Wayne Elgier, Kim Eisberg, Nelle Embick, Joan

Emory, John Engle, Tom Etzler, Steve Eveland, Helen

Farr, John Faulkner, Dan Fish, Sue Flick, Scott

Fogel, Tom Ford, Ed Foster, John Foster, Mike

Gaerlan, Al Garcia, Mary Garwood, Steve Gaudreau, Karen

Gelinas, Laurie George, Merri Ghrer, Liz Gibbons, Jim







Gibby, Laurel Gibson, Jim Gieger, Scott

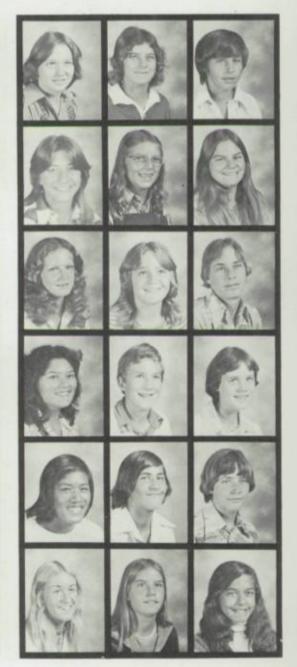
Gifford, Debbie Gilbert, Paige Gillan, Maureen

Gillette, Debbie Goebel, Rhonda Gompper, Randy

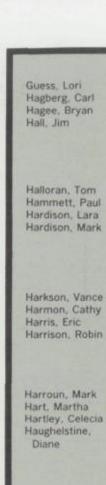
Gonzales, Terri Good, Martin Goodhart, Anetta

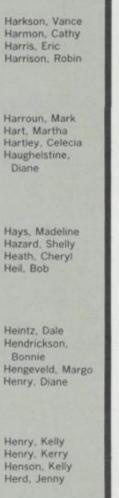
Gorospy, Victor Gould, George Graham, Jayne

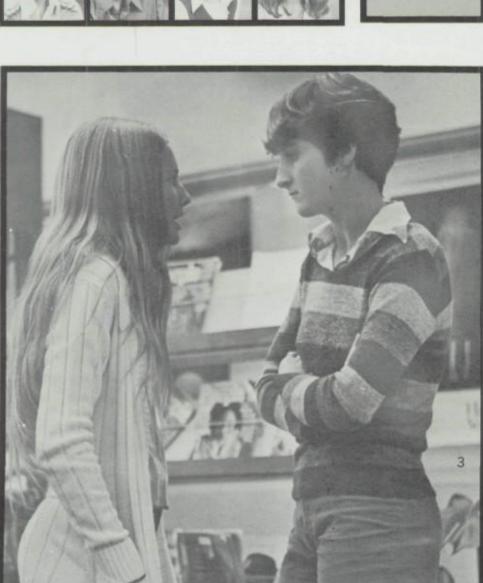
Green, Stacy Gregory, Marie Grey, Debbie



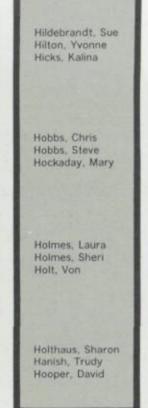














After the initial shock of initiations, the slave auction, and learning their way around a new campus, the freshmen have wasted no time in making themselves at home on the MC campus.

1. Casey Chapple, Bonnie Hendrickson and Michele Warner hastily do their homework for their next class. 2. Cheri Burns relaxes in class. 3. The LVC has become a gossip place for many. Here, Kathi Brewster exchanges the latest with Kathy Riley, an eager listener. 4. Studying in class, Mary Hockaday and friend discuss notes.

CHRISTMAS FULL OF MIRACLES

"Campus stays clean for a day."

"Every first period hears announcements."

These were just some of the Christmas miracles that appeared in the freshman Christmas skit. Mr. Mills, one of the advisers, told the audience a Christmas tale full of magic which included, "Teachers get raises," and "Mr. Holligan goes to a band concert."

1. Many freshmen sought revenge at the Senior Slave Auction. They wanted to avenge their own slavery during Welcome Week. Here Carol Setliff (in the Mickey Mouse ears) gives instructions to her new slave. Jon Hansen (Pioneer Motor). 2. The freshmen were one of two classes that produced a skit. Mr. Mills tells a story to Brian Phelps and Sherri Holmes. 3. One of the freshman "miracles."

Hoskins, Jeanie Howe, Nancy

Hough, Debbie House, Lori House, Mike

Houser, Donna Hoyer, Darlene Hubert, Steve

Hughes, Mike Hunt, Ed Huntley, Cheri

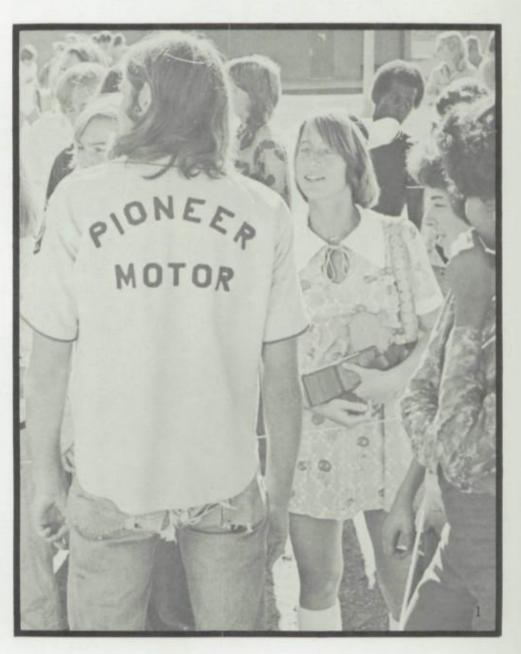
Horseman, Todd

Hutton, Karen Indoe, Julie Ireland, Kelly



Isreal, Mark Jackson, Gail Jackson, Randy Jaeger, Rick Jaehn, Rod Javier, Rey Jenkins, Gregg Jefferson, Karli Jochens, Carolee Johnson, Mark Johnson, Pauline Johnston, Joe Johnston, Pat Jones, Charles Jones, Tammy Jose, Lisa Kaniec, Steve Kaplan, Steve Karganilla, Romula Kasperski, Michelle







Kasten, Tim Kawamoto, Jay Keegan, Tom

Kelchin, Steve Kennedy, Brenda Kennedy, Lillard

Kessell, Ed Kies, Karen Kim, Kyo

Kimbrell, Tom Kimmel, Cassy Klapwyk, Sue

Kleinbreil, Kim Knapp, Bob Knight, Barbara

Konopacki, Steve Kreitzer, Linda Krough, Patti

Krouse, Cynthia Kruse, Jim Kruth, Robin

Lake, Mike La Marca, Steve Lathrop, Cathy

La Var, Kim Lawson, Lora Leatherman, Kelly

Legre, Nancy Lentz, T.R. Lettington, Drew

Lewis, Robert Lewis, T.V. Lindsay, Keith





Loop, John Loop, John Love, Bob Luchter, Karen

Luntz, Linda Luthe, Joanie Makrovitch, Robert Maloney, Erin

Maloney, Maggie Massie, David Mathews, Tracy Matthews, Denise

Martin, Greg Martin, Karen Martin, Lelani Maze, Steve

Mc Carty, Bill Mc Donald, Val Mc Donnell, C. Mc Dowell, Margeret



FRESHMEN DO THEIR OWN THING

McGarry, Tammy McGuiness, Lori McHale, Lisa

McKee, Tawnya McKinney, Ronald McKittrick, Scott

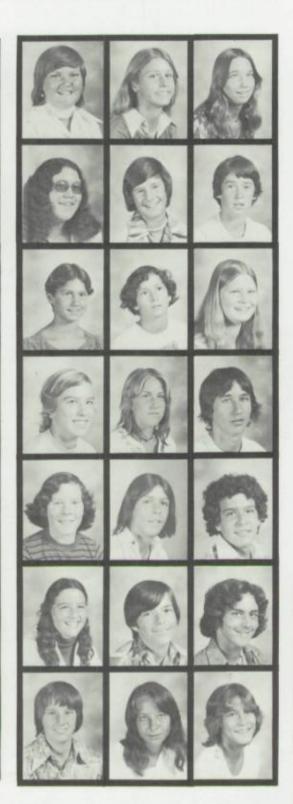
McNeil, Mary Meadows, Brian Meadows, Esther

Meeks, Walt Mellien, Sherry Mellow, Mike

Melone, Jon Mendoza, Terry Merril, Robert

Metz, Andrea Michilanski, Walt Milani, Gerry

Milks, Dan Mills, Faith Miranda, Lisa







Mitts, Kevin Mondy, Karen Montgomery, Cynthia Moore, Martin

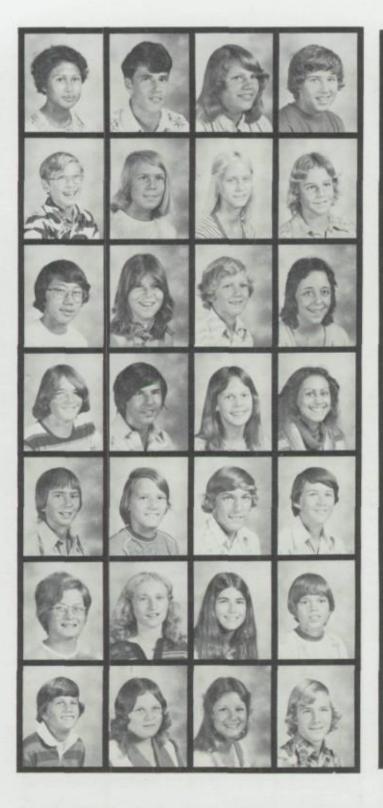
Moore, Scott Moorehead, Jay Morgan, John Morgan, Mike

Morizono, Paula Morrison, Keith Morton, David Moss, Debbie

Moyer, Robert Mueller, Ken Mueller, Nick Murphy, Ken

Myers, Pam Myers, Walt Nafie, Danielle Nail, Sue





Nano, Nellie Nelsen, Richard Nelson, Kim Nelson, Roger

Nicoll, Dave Noble, Bill Nowak, Kim Nugent, Therese

Okafuji, Derek Opper, Katie Ostrom, Derek Palani, Theresa

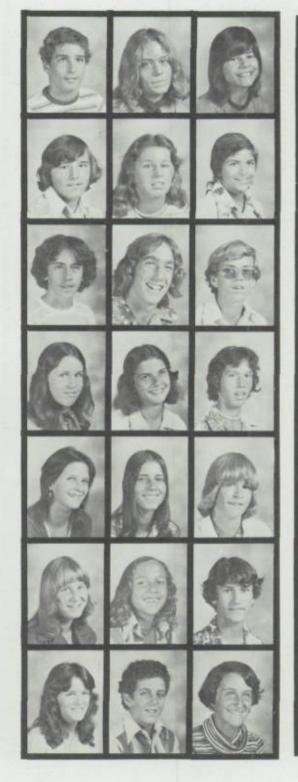
Palmer, Bob Palmer, Phillip Pardy, Jennifer Parham, Lisa

Parker, Richard Patterson, Ken Paulson, Kerry Payton, Chris

Pearson, Ed Peddy, Theresa Peters, Michelle Peterson, Jeff

Phelps, Bryan Phinney, Michelle Peison, Dorothy Pike, Jim All people are different; no two are alike. This is especially true in the Freshman Class. Each person does his or her own thing, no matter how wacky. Freshmen have even been known to do push-ups in the bleachers at basketball games. One freshman brought a boa constrictor to school one day, and still another sat in the middle of the quad and sang the fight song. No one can say that any other class (except maybe seniors) have attempted such insane exploits.

1. Pam Myers smashes away at a battered auto. 2. A living necklace: Roy Toft displays his boa constrictor. 3. A group of freshmen get rowdy on the quad.



Pistilli, Toni Porter, Carol Post, Scott

Potler, Tom Powell, Julie Pratarelli, Karen

Previti, Pat Provence, Kerry Puckett, Eric

Purnell, Jenny Rabb, Jesica Railey, Jim

Rathbone, Char Rathbun, Janice Read, Jeff

Reinhart, Debbie Repik, Wade Rexford, Kevin

Reynolds, Patti Rheinhardt, Eric Riley, Kathy



FRESHMEN ARE LOVABLE



Risley, Mark Roberts, Karolyn Roberts, Tom

Rodriguez, Bob-Roehr, Mark Rogers, M.

Rogness, Robert Rohrbeck, Tim Ruiz, Denise

Ruiz, Nick Rusk, Kevin Ryan, Lori

Saffell, Barbara Sandefer, Sue Sandzimier, Mark

San Emeterio, Tina Saunders, Lynn Schaff, Athena



Schnoebelen, Steve Schwegler, Tom Scott, Janette Scott, Ken

Scott, Ken Scott, Laurie Seale, Debbie Sechrist, Theresa

See, Shelly Selph, Steve Senkir, Scott Setliff, Carol

Shannon, Kelly Sharkey, Hugh Sheffield, Mark Shewell, Chris

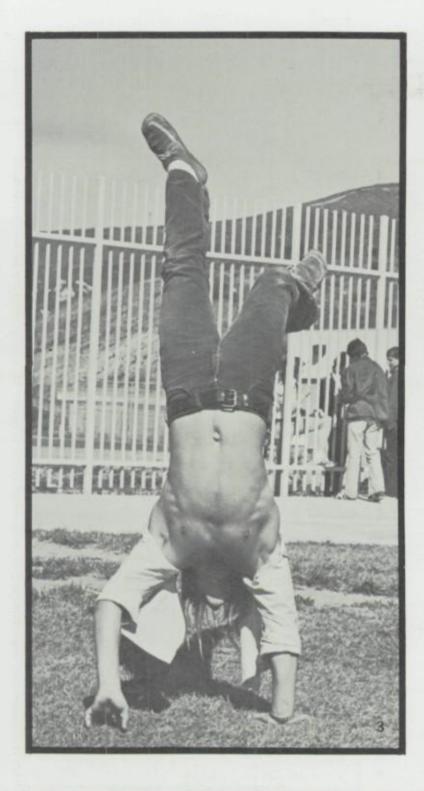
Shimp, Bob Showerman, Robin Siebenthaler, Jerri Siegel, Linda

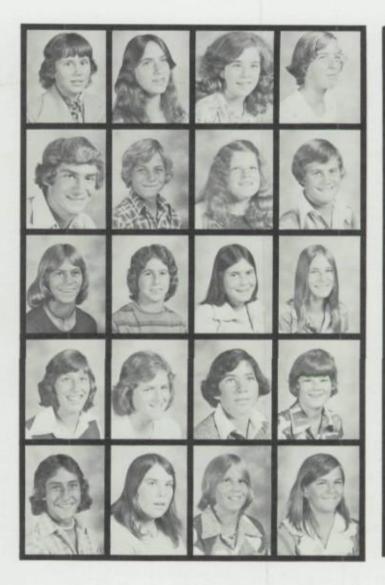
Signori, Fred Simpson, Mike Sitzler, Rene Sjodin, Brenda

Skinner, Laurie Skolmutch, Jon Sloan, Audrey Small, Sue









Steward, Tammy Stewart, Colleen Stoneking, Kathy Stovall, Debbie

Strayer, Reece Summers, Mike Tassell, Kathleen Taylor, Bret

Tentor, Jenny Teren, Elliot Thomas, Cathy Thomas, Debbie

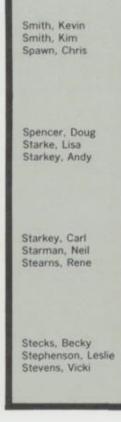
Thompson, Faye Thompson, Sandy Thrasher, Connell Thornburg, Lenard

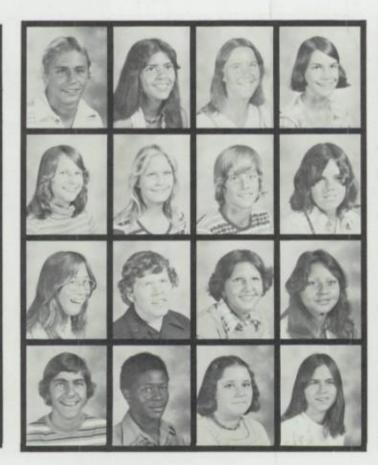
Tinley, Bob Tischer, Ramona Toft, Roy Tolley, Selina

Mt. Carmel would not be the same without the antics of the newest members of the student body—the Freshman Class.

What could Lori Guess be reading to Dean Darris and Tony Cooper?
 Steve Kelchlin struggles to lift a one pound box of paper cups.
 John Zeck finds his own method of relaxation.







Tornatore, Chris Toth, Toni Townsend, Kim Trask, Connie Trew, Missy Tumlinson, Denise Turley, Brian Tyczki, Tom

Ulshoffer, Kathy Vantassel, Ken Vartanian, Liz Vasquez, Grace

Vastola, Danny Vaughan, Kevin Vaughan, Tracy Vick, Ann

FRESHMEN EXCEL IN ALL

The class of '80 has been outstanding, athletically, academically and in activities.

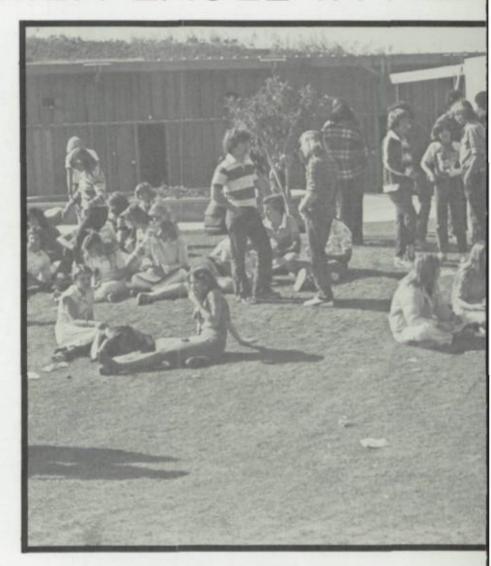
In boys' sports, their impact has been most felt in basketball, where one frosh player made the varsity squad. The freshman basketball team has been awesome. Their presence has been felt in all other aspects of sports also.

In girls' sports, many freshmen girls have been standouts on J.V. and Varsity squads. In swimming, one freshmen girl was named Most Valuable Swimmer. She placed in several events at the C.I.F. Finals.

Academically several freshmen have managed to maintain 4.0 G.P.A.'s and one went to the inauguration of President Jimmy Carter.

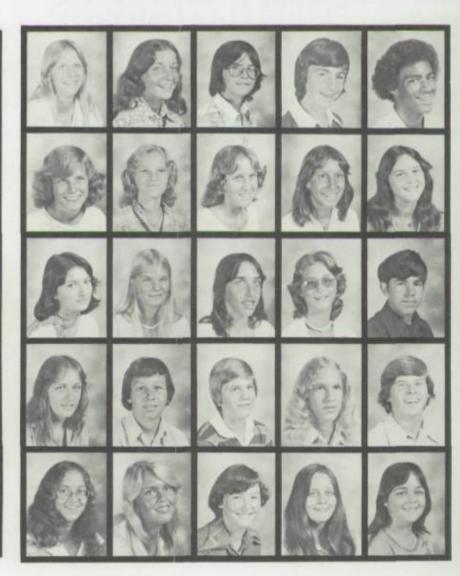
In activities the freshmen have won many class yell contests this year. Whenever there is an activity that requires teams, the freshmen are always the first to sign up. The dance that the Class of '80 sponsored was one of the better dances this year.

The freshmen have contributed greatly in building the spirit and traditions of a still young Mt. Carmel. If they keep it up, MCHS will be the talk of the county in 1980.

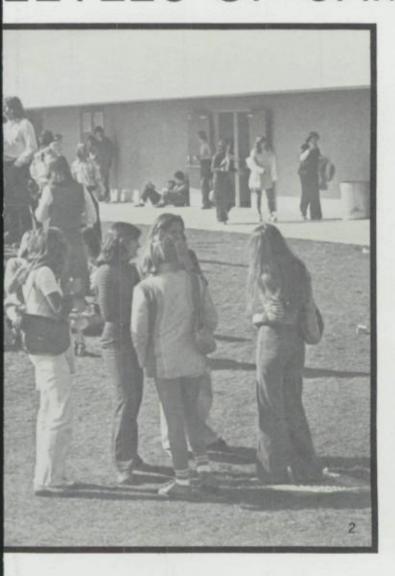




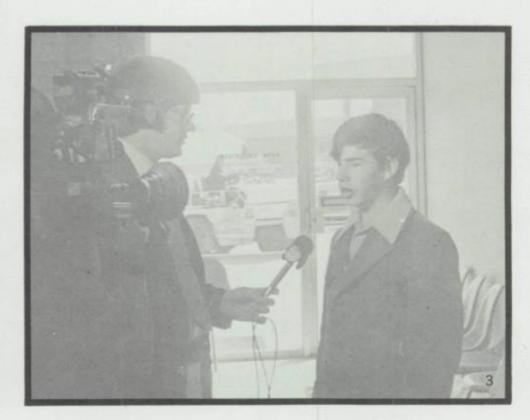
Victor, Tammy Vigliotti, Rebecca Wager, Randy Walker, Craig Wallace, Kerry Walsh, Pat Walters, Sue Wardman, Deeanne Warner, Michele Watson, Darlene Watson, Melody Wazak, Kathy Weinberg, Karen Weiser, Jane Weiss, William Welch, Barbara Wells, Bill Wergen, Mike West, Rich Whaley, Scott Whitaker, Vicki Whitcher, Allison White, Debbie White, Sally Whitehouse. Debbie



LEVELS OF CAMPUS LIFE



1. Three sundevil fans generating spirit at the Basketball game against Poway are Steve Kelchlin, Noel Merkley, and Kevin Mitts. 2. The hill in front of the lunch area has been taken over by freshmen and is popularly called "Freshmen Hill." 3. Will Weiss is interviewed by a TV news reporter just prior to his departure to Washington, D.C., and the innauguration. 4. In the "Almost Anything Goes" competition, the freshman fared well. Brad Boozier has one of the messier jobs in the event.





Widerburg, Angela Wilkins, Greg Williams, Jon Williams, Kraig

Williams, Michelle Williams, Sally Wilson, Jeff Wingerter, Guy

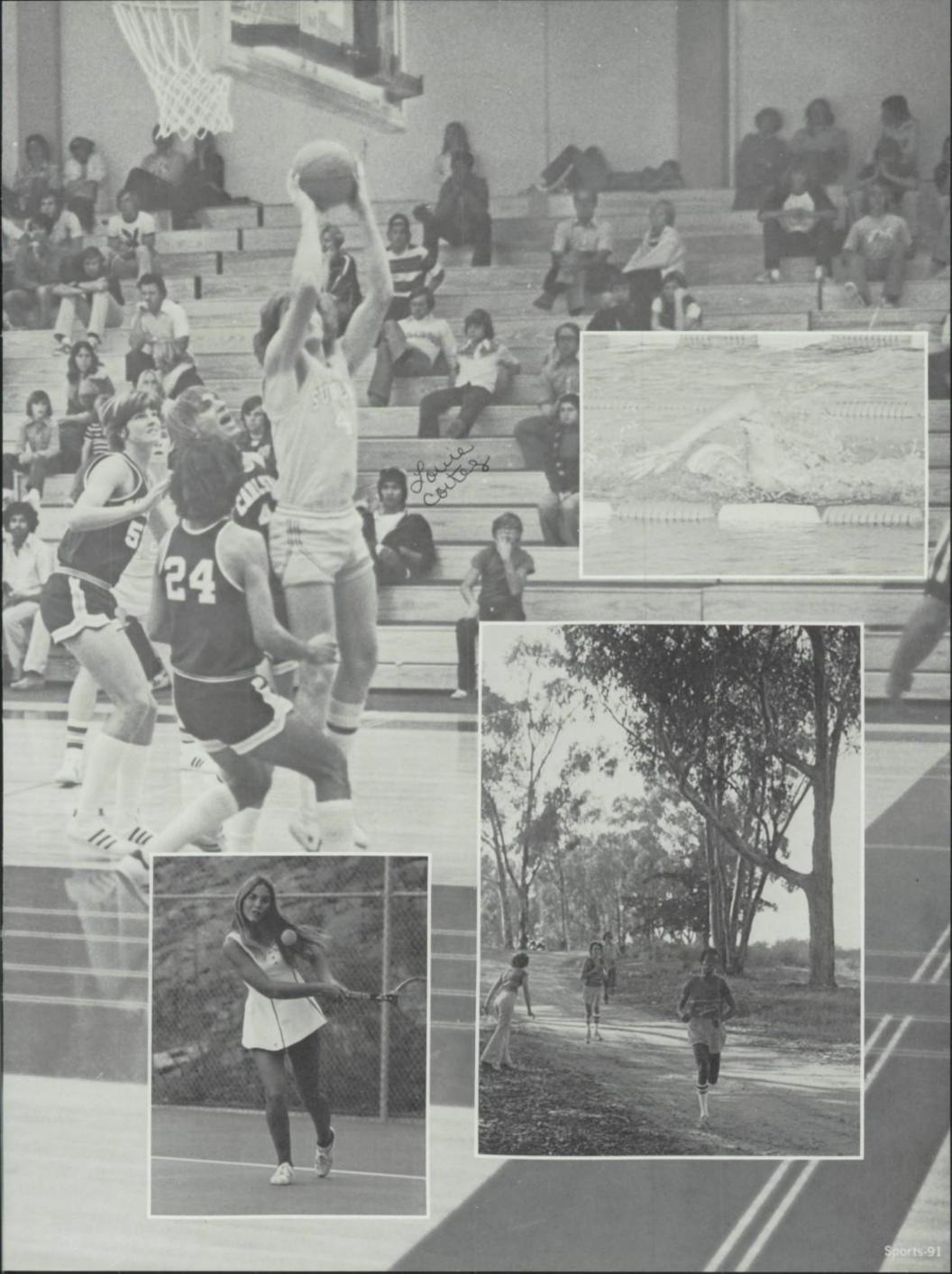
Wojtkowski, Sue Wood, Bill Wood, Vicki Woodruff, John

Workman, Leslie Wright, Bill Yano, Chris Yoo, Young

Yuson, Pauline Zack, Jay Zelmer, Debbie Zeterberg, Joanne



COMPETING TOGETHER



SPIKERS PROVE DEVILISH

The Mt. Carmel Varsity Volleyball Team had a very successful season. "Through hard work and togetherness we made it," said Volleyball Coach Barbara Charlebois. The Sundevil spikers dominated the Avocado East league with 11 wins and only one loss. The Sundevil spikers became the first team this year to win a league championship. The Mt. Carmel Volleyball Team had plenty of talent this year. The setting of Dorothy Rowe and the precise spiking of Cindy Auderheide, Ann Buckel, and Louise Sweig, overpowered most of their opponents. The Sundevil spikers defensively had Ann Buckel and Louise Sweig to take care of the spikes of their opponents.

Th JV team had their victories too. They tied for the league championship with 12 wins and two losses. An impressive showing for the young Sundevil spikers. It seems that Mt. Carmel will be the team to beat in future volleyball seasons.

The following members of the 1976 Varsity Volleyball Team were given awards: Most Valuable Player-Dorothy Rowe; Most Improved Player-Tami Galt; Most Inspirational Player-Julie Payton. Junior Varsity: Most Valuable Player-Kathy Houser; Most Improved Player-Patti Jo Defabio; Most Inspirational Player-Kyle Hombs.





Mt.	Carmel	2	Carlsbad	1
Mt.	Carmel	2	Orange Glen	0
Mt.	Carmel	2	San Marcos	0
Mt.	Carmel	1	El Camino	2
Mt.	Carmel	2	Poway	0
Mt.	Carmel	0	San Pasqual	2
Mt	Carmel	2	Escondido	0
Mt.	Carmel	1	Coronado	2
Mt.	Carmel	2	Ramona	0
Mt.	Carmel	2	Orange Glen	0
Mt.	Carmel	2	Poway	1
Mt.	Carmel	2	San Marcos	-1
Mt.	Carmel	2	El Camino	0
Mt.	Carmel	2	Escondido	0
Mt.	Carmel	2	Ramona	0
				3

Varsity Volleyball BACKROW: Heather Gould, Julie Van Train, Ann Buckle, Cindy Aufderheide, Louise Sweig, Julie Payton, Dianna Hadden and Dorothy Rowe. FRONT ROW: Tami Galt, Lisa Stangl and Dagny Ligon.

JV Volleyball
Mary Eidson, Coach Lynn Antrim,
Patti Jo De Fabio, Mi-Lou Trask, Lisa
Miranda, Kyle Hombs, Donna Houser,
Tammy Branam, Marie Gregory,
Kathy Houser, Pam Meyers, Nora
Davidovich, Lisa Heit and Jennifer
Kruse.











1. Louise Sweig sends another spike down Poway's throat. 2. Mt. Carmel varsity Volleyball Team. 3. Louise Sweig and Ann Buckel go up to block a San Marcos spike. 4. Dorothy Rowe sets another spike. 5. And Ann Buckel sends it flying. 6. Kyle Hombs does a dance step as she spikes the ball. 7.8.9. The JV squad shows their perfect timing and precision with Mi-Lou Trask, Kathy Houser, and Lisa Miranda.

VARSITY FARES WELL

"I was pleased with our 1976 football season," said Coach John Self. He also feels that after Mt. Carmel establishes more traditions, the team will improve.

Mt. Carmel opened its season by defeating the first four teams they encountered. The Sundevil offence devastated defences as the awesome Sundevil defense destroyed offences. The Ken Fuller to Allen Hensley combination accounted for a lot of the Sundevil scoring; however, the powerful running of Mark Fiehler added a change of pace. Fiehler tallied over 1000 yards during the season.

All too soon the Sundevils had to learn how to lose as well as win. Mt. Carmel dropped its next four games by narrow margins. Mt. Carmel bounced back and destroyed Ramona 41-6. At the end of the season Mt. Carmel found itself with 5 wins and 4 losses. Over all it was a fine season for the Mt. Carmel Sundevils.

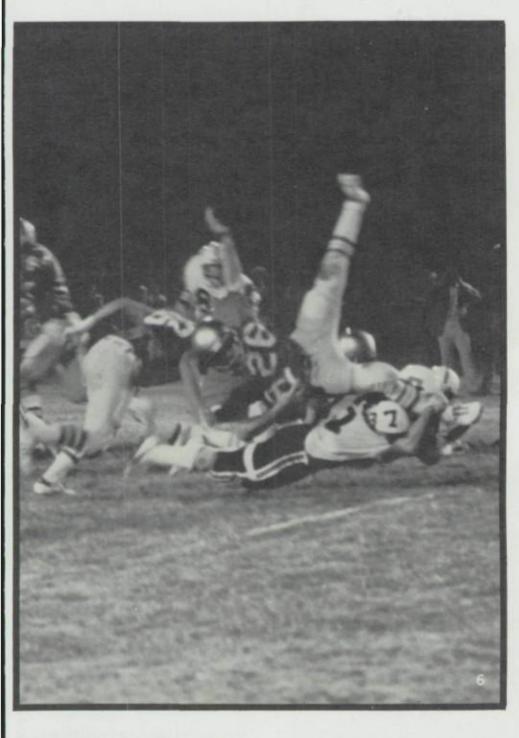
The following athletes were given awards for their fine performances during the season: Most Valuable Player-Mark Fiehler, Offensive player-Ken Fuller, Defensive player-Pat Mullin, Special teams player-Pat Acomb, Coach's award went to Kevin Riker.



VARSITY FOOTBALL TEAM - BACK ROW: Coach Johnson, Coach McKinney, Coach Tretter, Jeff Ridout, Kevin Riker, Gene Blair, David Eby, Bob Risner, Greg Harris, Robert Engle, Ken Lundburg, Dean Younce; Robert Moore, THIRD ROW: Larry Beck, David Maxedon, Make Conway, David Fralia, Tom Cooper, Tim Frye, Wade Perry, Mike Fogelman, Pat Mullin, Pat Acomb, David Evans, Dan Adams, Coach Andruski; SECOND ROW: David House, Randy Charles, Mark Swisher, Ben Ross, Frank Harksen, Scott Dobbin, Mario Cozzi, Mike Long, Noel Merkley, Gary Leatherman, Doug Bartlett, Mark Fiehler, Coach Self; FRONT ROW: Eric Schlegel, Gazy Badran, Greg Clark, Skip Setliff, Make Cassidy, Steve Krainock, Sid Suarez, Phil Fiehler, Tod Pierce, Alan Hensley, Ken Fuller, (NOT SHOWN) Scott Meyer.

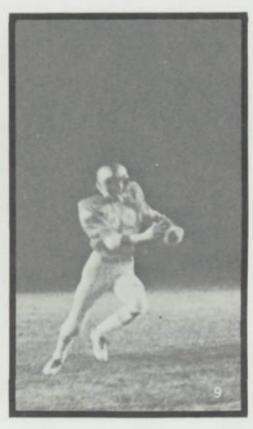






1. Greg Clark brings a punt back against the Escondido Cougars. 2. Mt. Carmel Varsity Football team. 3. 4. 5. The pass from Fuller, reception by Hensley and touchdown. 6. Mark Fiehler topples over Couger defender. 7. Mark Fiehler takes the ball for another long gain as Bert McCracken collides with the Fallbrook defensive line. 8. Many defenses were victimized by Fuller's passing arm. 9. Kevin Riker runs back an interception.





8
13
7
7
20
34
21
20
6
7
100

JV AND FROSH ARE LOOKING GOOD

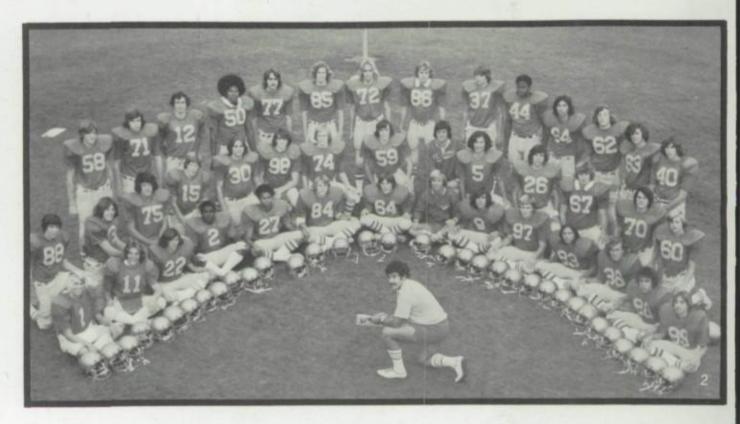


"Our JV team showed great potential to become an awesome Varsity team. Their attitude, hard work, and spirit to win made them a great team," said Sundevil coach Phil Factor.

Our Sundevil team showed excellent talent in quarterback Scott Merkley and Mike Eby on the receiving end. Charlie Allen took comand of the running game and accounted for a lot of exciting scoring.

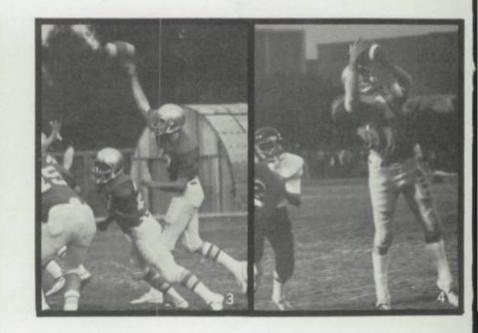
Our Freshman team had a disappointing season; however, during the latter part of the season they showed signs of maturing into Sundevil superstars.

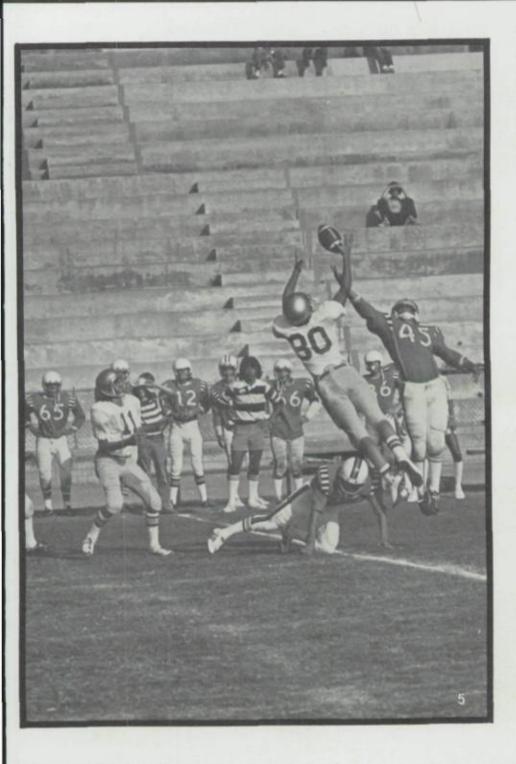
The following football players were given awards for the excellent jobs they did in 1976. Junior Varsity: Most Valuable Player-George; Sundevil Coach's Award-Ed Hargus. Freshmen: Most Valuable Player-Brad Boosier; Sundevil Coach's Award-Kerry Provence.



J.V. Football

BACK ROW: Joe Engle, Joe Kelchlin, Scott Merkley, Ken Angel, Jesse Stewert, Mike Merkley, Scott Dye, Ed Hargus, Mike McNulty, Mark Runnels, John Hunt, John Platt, Jim Smith, Mike Mowrey, MIDDLE ROW: David Lanthier, Russel Bond, John Petty, Ed Stuart, Brian Hopwood, Arnie Sigurdsson, Joe Surrel, Robert Burns, Coach DeCicco, Mike Sammuli, Chris Christian, David Gleason, Jeff Brumfield, John Amendola, FRONT ROW: Mike Eby, Chris Aldren, Ed Mathieu, Charlie Allen, George Crockett, Pat Maxedon, John Platt, Coach Tuttle, Don Cheek, Robert Brownback, Ed Edminson, Paul Donovan, Hal Wilson, Derek Avritt, Coach Factor. NOT PICTURED: Greg Blair.

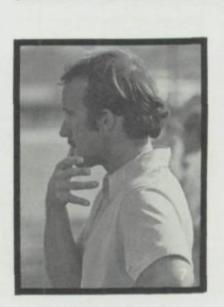




Freshman Football

BACK ROW - Bill Beane, Kevin Vaughan, Rob Knapp, Kerry Provence, Steve Maze; THIRD ROW - Jeff Wilson, Mark Harroun, Calvin Vaughan, Scott Waily, Tony Cooper, Mark Sandzimier, Pat Bonahoom, George Gould, Frank Claus, Jerry Milani, Fred Signori, Mike Boudreaux, Greg Martin, Guy Wingerter, Frank Harksen, Rich Jaeger, Reace Strayer; SECOND ROW - Mike Hughes, Dale Heintz, William McCarthy, Jeff Douglas, Tom Engle, Dan Milk, Rich Crepeau, Mike House, John Foster, Mark Darris, Terry Mendoza, Steve Hobbs, Jim Anderson, Rob Tinley, Bob Shimp, Mark Davis, Dale Doyle, FRONT ROW - Brett Taylor, Martin Moore, Walter Michlanski, John Benoit, Dean Darris, John Arved, Randy Jackson, Peter Reilly, Greg Austell, Brad Boozier, Mark Roehr.







1. Coach Factor yells to his defense. 2. Mt. Carmel JV Football team. 3.4. The pass from Scott Merkley falls into the waiting arms of Mike Eby. 5. George Gould stretches for the reception. 6. Bill Beane winds up and throws. 7. Coach Murphy ponders the situation.

GIRLS FINISH STRONG

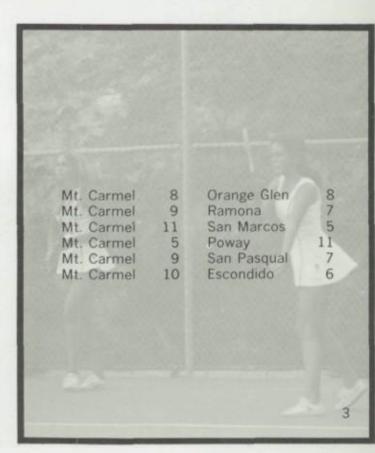
A season record of 6-10 did not reflect the quality of this year's Varsity Girl's Tennis team as clearly as did their league record of 4-2. Following a rigorous schedule which included more non-league matches than league matches, the team truely played well. All the doubles teams scored high in league game wins and most, such as Lynda Roberts and Julie Schoffstall came out with an outstanding overall record. Of Singles players, Katie Bartz played consistantly strong, winning half of her total sets played. The J.V. girls finished a 2-4 season with wins over San Marcos and Ramona.



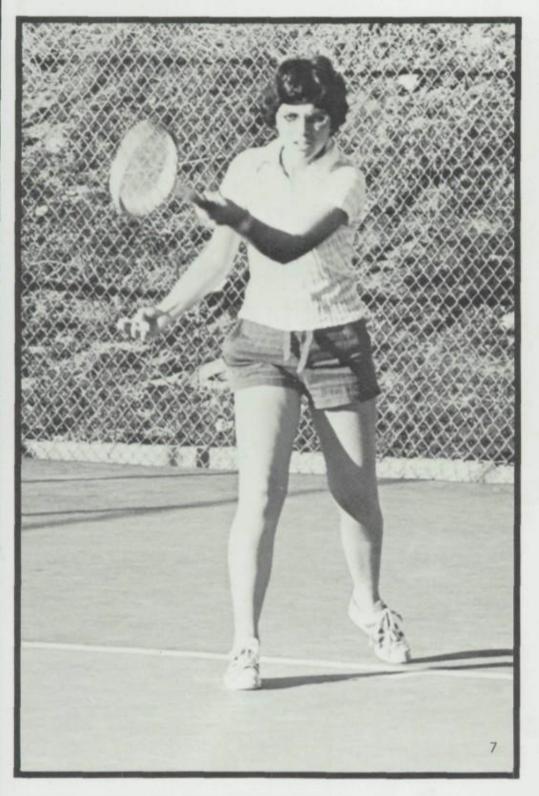
Varsity Tennis
BACK ROW: Debbie Cass, Jan Welch,
Katie Bartz, Julie Schoffstall, Lynda
Roberts, Coach Al Jansci. THIRD
ROW: Dee Ann Wardman, Laurie Ryan, Linda Kreitzer. SECOND ROW:
Julie Wilson, Joanne Tremblay.
FRONT ROW: Shannon Mulholland,
Carole Tremblay.

JV Tennis
BACK ROW: Coach Tony Goffredo,
Annette Erskine, Tami Coulon, Terri
Goodson, Lynn Saunders, Michelle
Warner, Laura Holmes, Joan Loop.
FRONT ROW: Angela Widerburg, Darlene Watson, Shari Fish, Kathy Fussel, Linda Dornberger, Debbie White.
NOT PICTURED: Sandy Meyer.













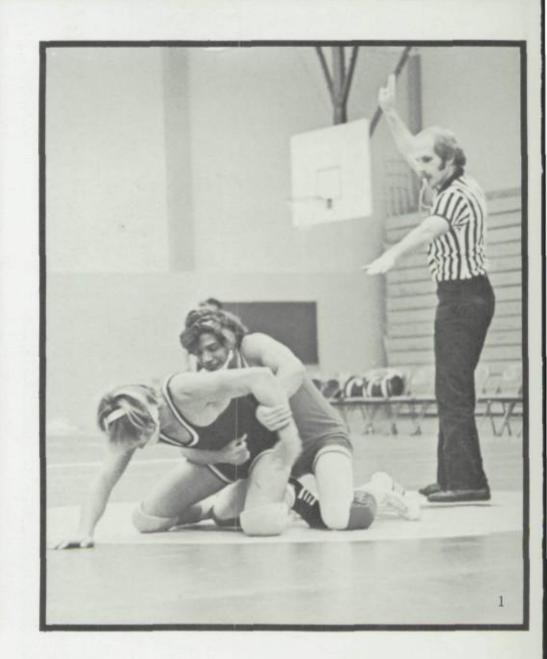
1. Mt. Carmel Varsity Girl's Tennis Team. 2. In the midst of a serve, Carole Tremblay watches her toss. 3. Doubles players, Lynda Roberts and Julie Schoffstall. 4. Mt. Carmel J.V. Girl's Tennis Team. 5. Shari Fish follows through on the ball. 6. At practice, Lynn Saunders works on her game. 7. Sandra Myers concentrates on her forehand.

WRESTLERS END WITH EVEN SEASON

"We had a very productive, building season," commented Coach Mitch Anderson. Their record of three wins and three losses was an improvement over previous seasons, and fourth place in the Avocado East league. The only thing that stood in their way was a lack of participants in the upper weight classes.

The talent of the team was spread out throughout the team. Scott Konop, Dave Hopper, Butch DeYoung, Kevin Mehrtens, Greg Grippo, and Bert McCracken lead the team to their victories.

"Our JV team had a very good season, and had many standouts." John Platt, Jeff Badun, Ken Scott, and Ned Phadan are some of the stars that will make excellent varsity wrestlers. Mt. Carmel has much to look forward to with talent such as this.



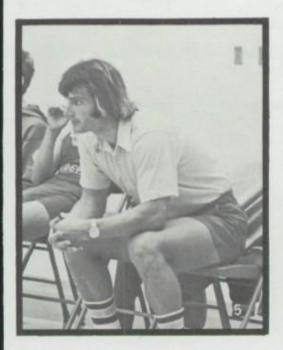


Mt. Mt. Mt. Mt.	Carmel Carmel Carmel Carmel Carmel Carmel	53 16 10 40	San Marcos Escondido Poway San Pasqual	37 5 30 42 24 22
--------------------------	--	----------------------	---	---------------------------------

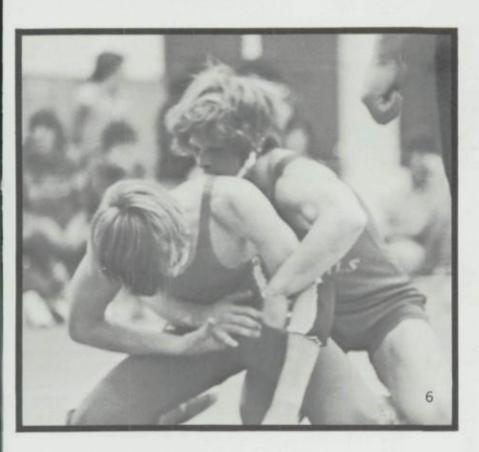


Varsity Wrestling
TOP ROW: John Platt, Kevin Mehrtens, Gazy Badran, Coach
Mitch Anderson, Greg Grippo, Bert McCracken. BOTTOM
ROW: Scott Konop, Mike Niblock, Dave Hopper, Scott Meyer,
Lee Niblock, Butch DeYoung. NOT PICTURED: Matt Chandik,
Joe Engle, Randy Canales.

JV Wrestling
TOP ROW: Casey Chapple, Dirk Okafuji, Roger Nelson, Dave
Whitaker, Jeff Badran, Brad Boozier, Kevin Rextord, Tom
Schawegler, Steve Wager, Jerry Milani, Kevin Padua. BOTTOM
ROW: Randy Wager, Greg Jenkins, John Crepeau, Phil Fiehler,
Dan Vastola, Ned Phalen, John Thomas, Neil Bonahoom, Jim
Anderson, Ken Scott.







1. Gazy Badran begins another match to gain another victory. 2. Mt. Carmel Varsity Wrestling Team. 3. Greg Grippo pins his Warrior opponent to the mat. 4. Phil Fiehler drives his head into his opponent. 5. Coach Jolk watches Mt. Carmel's Sundevil JV Wrestling Team take on a win. 6. Phil Fiehler maneuvers his challenger down to the floor.

SUNDEVILS FACE TOUGH COMPETITION



Mt. Carmel's soccer team showed a lot of improvement. However, due to little mistakes and bad luck the season didn't turn out as well as expected. The team finished with three wins, and seven loses and three ties.

The varsity team was lead by the superb talents of Scott Kobs, Sid Suarez, and Mark Bissonnette.

Coach Vince Vitale was very pleased with the past season and is looking forward to an even better season next year. Coach Vitale feels that through hard work and learning to play as a team, Mt. Carmel will be a top contender next year.

Mt. Carmels' J.V. squad, coached by Frank Andruski, did very well. They showed a lot of young talent and spirit. They will very adequately fill the spots left by the departing seniors. The following members of the 1976-77 soccer team received awards for their excellent performances. Varsity: Most Valuable Player- Scott Kobs; Most Inspirational- Sid Suarez; Most Improved Player- Mark Bissonnette.



MC 2	Orange Glen	2
MC 2	San Marcos	3
MC 2	El Camino	2
MC 1	Poway	4
MC 1	San Pasqual	8
MC 7	Escondido	2
MC 1	Ramona	2
MC 4	Orange Glen	0
MC 0	San Marcos	2
MC 1	Poway	3
MC 1	San Pasqual	4
MC 1	Escondido	1
MC 1	Ramona	1

Varsity Soccer

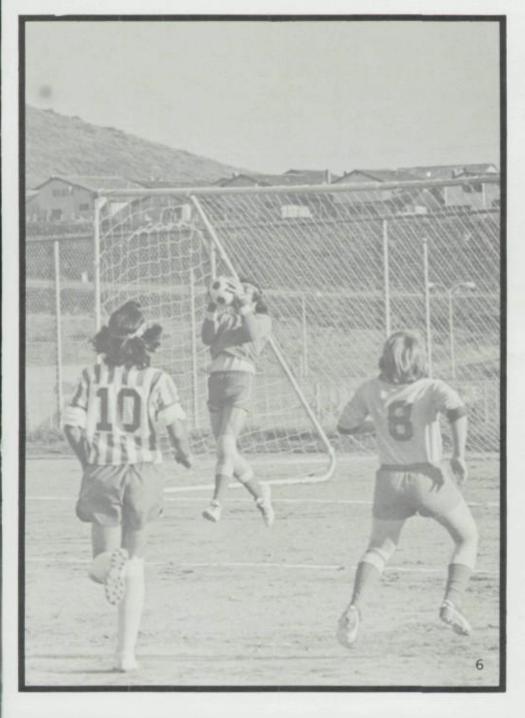
BACK ROW: Coach Vince Vitale, Mitch Henshaw, Tom Cooper, Sid Suarez, Walter Lyman, Tom Howard, Scott Kobs, Mark Zolkiewitz, Brian Pierce. FRONT ROW: Mark Huntley, Alan Salvi, Dirk DeCosta, Mark Bissonnette, Fernando Castro, Marty Luchter, Joe Morris, Terry Navarre, and Young Yoo.

J.V. Soccer

Bryan Phelps, Justin Doyle, Jeff Dorsett, Kirk Sperry, Chris Johnson, Steve Lewis, Mark May, Eric Miller, Rich Haden, Tim Aylward, Coach Frank Andruski, Tim Smith, Trevor DeCosta, Marvin Boden, Albert Gaerlan, Dan Morgan, Sean McDonnell, Greg Walker, Yong Yoo, Kirk Perry, Hugh Sharkey, Paul Hunt and Steve LaMarca.









1. Joe Morris uses his head to send the ball down field. 2. Mt. Carmel Varsity Soccer Team. 3. Attempting to steal the ball, Sid Suarez tangles with the opposition. 4. Scott Kobs uses some fancy footwork. 5. Mt. Carmel JV Soccer Team. 6. Goalie Mark May makes a saving stop. 7. Young Yoo dribbles past an opposing defender toward the goal.

SWIMMERS MAKE SPLASH

Our Girls' Swim Team had a fantastic season. They swam to a third place in the Avocado East league and achieved a fourth place in CIF. It was Mt. Carmel's best season ever. The Sundevil girls worked hard all season, bowing only to San Pasqual and Poway. They were sparked to victory by the superb swimming of Nell Eisberg, Shaun Huckstep, and Lisa Pistilli. The future looks bright for the Sundevil swimmers. The JV team finished first in the Avocado East league. They showed great potential to outswim everyone. The JV squad was sparked by Debbie Huber and Mari McNeil. The following members of the 1976 girls' swim team received awards for their excellent performances: Outstanding Sophomore-Donna Lessig; Outstanding Junior-Lisa Pistilli; Outstanding Senior-Shaun Huckstep; Most Valuable Swimmer-Nell Eisberg. Junior Varsity: Most Valuable Swimmer-Debbie Huber; Sundevil Coach's Award-Marie McNeil.

The Sundevil Diving team also had superstars. They were Rhonda Lowe, who finished third in CIF, and Diane Fralia, who showed a superb diving ability.





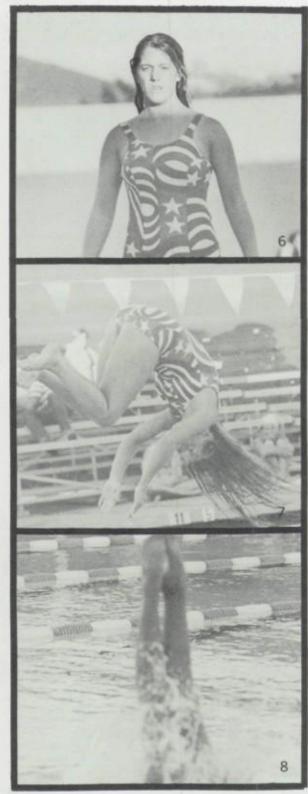


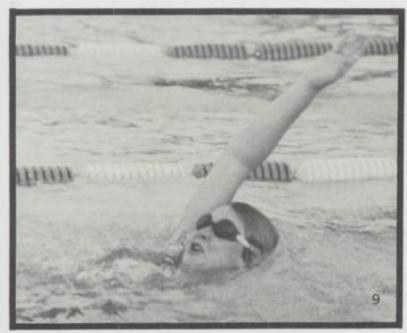
Swimming Team
OUT OF WATER: Kim Hagan, Diana Huber, Sandy Wyatt,
Rocky Schnaath, Thricia Gibson, Kathy Wazak, Jeannie
McClean, Maggie Maloney, Robyn Fish, Laurie Overson,
Brenda Betty, Beverly Brokaw, Karol Engleskirchen,
Bonnie Gibbons, Debbie Huber, Terri Gibson, Donna
Lessig, Mari McNeil, Maxine Lazareck, Pam Eddington,
Andrea Metz, Therese Nugent, Suzie Deremer, Lynn
Morgan, Ann O'Connor, Jackie Mullins, Debbie Stovall,
Robin Kruth, Debbie Seale, Terri Brooks, Nell Eisberg,
Lisa Pistilli, IN THE WATER: Marjorie Metz, Cheryl Treptow, Chris Tork, Bonnie MacFarland, Shaun Huckstep,
Karen Christiansen, Kelly Maloney, Lynn Humes, Kathy
Brauchla, Tahli Kimbrell.

Diving Team
TOP TO BOTTOM: Diane Fralia, Mary Kay, Karen Beck,
Ronda Lowe, Jane Wizer, Sharon Tackett.









1. Maggie Maloney demonstrates her breaststroke. 2. Sandy Wyatt prepares for the start, and another victory. 3. Mt. Carmel Girls' Swimming Team. 4. Ann O'Conner flies to victory. 5. Mt. Carmel Diving Team. 6.7.8. Diane Fralia shows her intense concentration, perfect form, and beautiful entry. 9. The versatile Shaun Huckstep shows her style in the backstroke.

DEVIL STRIDERS FINISH STRONG

"For our first year with seniors we did very well," said Sundevil Coach Warren Cummings. The varsity team finished third in the Avocado East league and 11th in CIF.

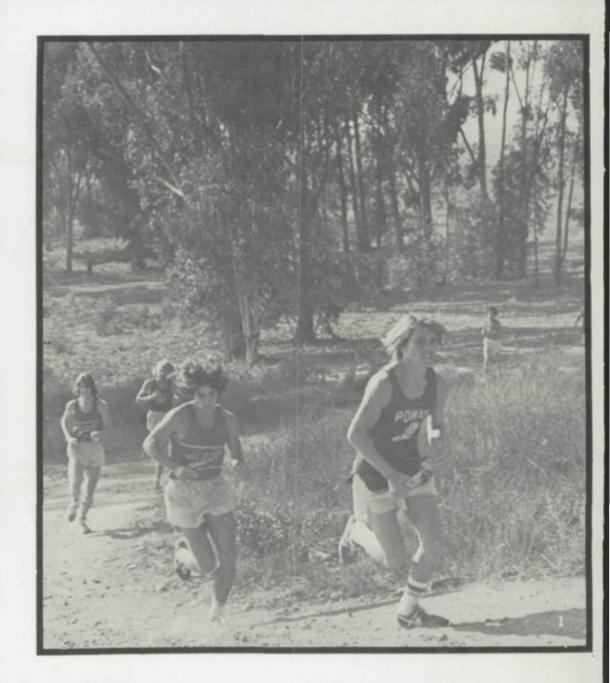
Seniors Mike Watrous, Mark Chintala, Jack Berkebile, and Curt Puckett lead the way for the varsity squad.

The future looks good for Mt. Carmel Cross Country teams. Our JV team had an excellent year. However, the Freshman team finished first in the Avocado East league.

The following members of the 1976 Cross Country team received awards from Coach Warren Cummings; Most Valuable Runner: Curt Puckett; Iron Men for 1976: senior-Mike Watrous, Junior-Brian Weinberg; Sophomore-Kevin Williams; Freshman-Kraig Williams.

Mt. Carmel 51 Car	Isbad 40 Santana 33
Mt. Carmel 20	Orange Glen 37
Mt. Carmel 21	San Marcos 40
Mt. Carmel 15	Escondido 46
Mt. Carmel 50	Poway 15
Mt. Carmel 27	Fallbrook 28
Mt. Carmel 20	El Camino 35
Mt. Carmel 15	San Pasqual 46
Mt. Carmel 29	Ramona 27
	2

Varsity Cross Country
Jim Glazebrook, Jay Sovlia, Kevin
Pavlu, Mike Watrous, Curt Puckett,
Mike McKee, Kevin Williams, Brian
Weinberg, and Russell Williams
(NOT SHOWN).







JV Cross Country Chris Johnson, Tim McKee, Rick Duns, Kurt Jaehn

Freshman Cross Country Steve La Marca, Kraig Williams, Brian Turley, Jim Cavanaugh, Walt Myers, Percy Bojador, Eric Puckett, Ken Murphy, Chris Payton.



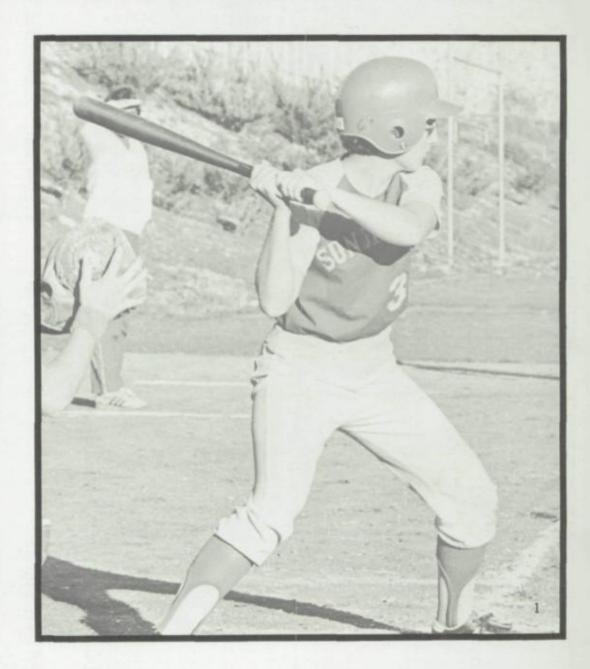


1. Mark Chintala goes all out on the grueling Mt. Carmel Cross Country course. 2. Mt. Carmel gets off to a good start against Poway High. 3. The Mt. Carmel Cross Country team. 4. Scott Tylor strides to victory. 5. Mt. Carmel J.V. Cross Country team. 6. Mt. Carmel Freshmen Cross Country team.

SUNDEVILS HIT HOME

One team to go CIF this year and continue to win consistantly was Mt. Carmel's Varsity Softball Team. The girls finished strong with a 12-2 game record to seize their league championship. Toward the end of the season they were into the second game of CIF play, after overcoming Julian by a score of 12-0. Four superior team players were Peanuts McHeffey, Gail Merriam, Mary Nelson, and Dorothy Rowe. Coach Wiley's JV team also finished up well, with a 9-5 record to place second in league play.

Biological States	NEEDO	Statement of the last	
МС	7	El Camino	0
MC	16	Orange Glen	12
MC	15	Poway	3
MC	12	San Pasqual	6
MC	8	San Marcos	7
MC	3	Escondido	1
MC	9	Ramona	6
MC	8	Orange Glen	4
MC	7	San Marcos	6
MC	9	El Camino	6
MC	11	Poway	2
MC	17	San Pasqual	5
MC	3	Escondido	0
MC	20	Ramona	2
			2











Varsity Softball

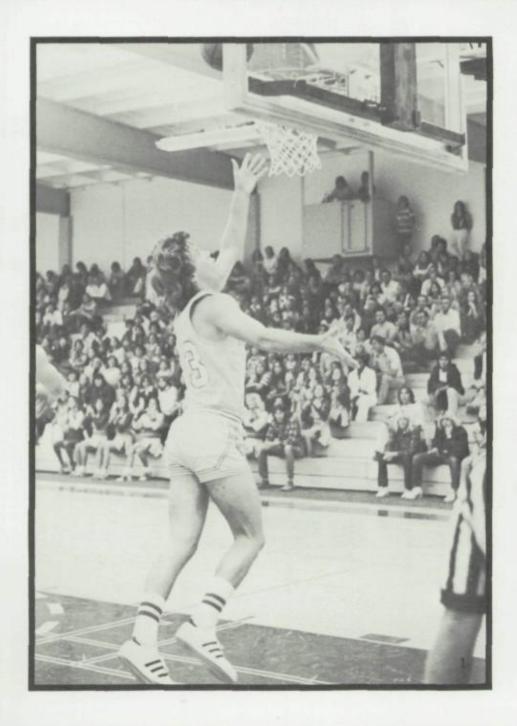
BACK ROW: Gail Merriam, Mary Nelson, Lisa Miranda, Lisa Stangl, Mindy Maxwell, Lisa Ciaccio. FRONT ROW: Pam Myers, Cathy Hondros, Dorothy Rowe, Coach Liane Lane, Peanuts McHeffey, Sandy Nuttall.

Junior Varsity Softball
Laura Baker, Julie McLean, Brenda Berry, Gretchen Lux, Barb Shootman, Kelly Crouse, Mi-Lou
Trask, Coach Terri Wiley, Jean Callahan, Robin
Baily, Carla Cravotta, Carla Simpson, Maggie Maloney, Vicki Stevens, Lynn Saunders.



1. Varsity's best hitter is Peanuts McHeffey.
2. Starting pitcher, Gail Merriam, shows her softball ability. 3. Mt. Carmel Varsity Softball Team. 4. Mary Nelson gets ready to tag a Poway runner. 5. Mt. Carmel Junior Varsity Softball Team. 6. Mindy Maxwell tagged out at first base. 7. Dorothy Rowe takes a hard swing.

SUNDEVILS CAPTURE LEAGUE TITLE







1. Ken Fuller takes the ball up and in against Vista during CIF competition. 2. Kevin Gilbert goes up, up, and away, and sinks another shot against Carlesbad. 3. Mike Doucet shows his style and fantastic shooting ability. 4. Powering his way to the basket is Rod Dingler. 5. Mt. Carmel Varsity Basketball Team. 6. Coming off the bench Tim Mahoney does his part to achieve another Mt. Carmel victory. 7. Defensively, Steve Krainock overpowers anyone, and offensively he's dynamite.

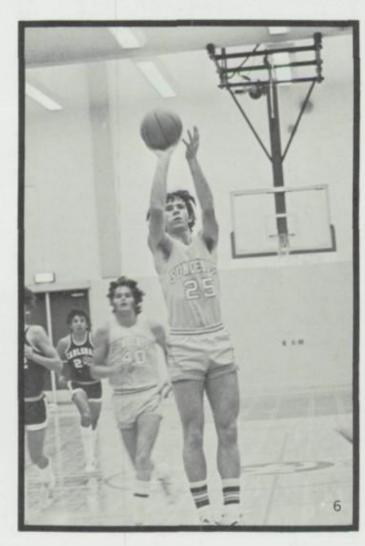
10	9		0
мс	62	Orange Glen	48
	9 B 17 B 10		Harr
MC	89	San Marcos	38
MC	65	San Pasqual	53
MC	51	Escondido	65
MC	53	Ramona	24
MC	90	Orange Glen	45
MC	41	San Marcos	22
MC	74	Poway	52
MC	78	San Pasqual	58
MC	79	Escondido	58
MC	77	Ramona	25
			4

Mt. Carmel's varsity basketball team became the second Sundevil team to win a league title. Their record of eleven wins and one loss was their best season ever.

Offensively, Rod Dingler, Mike Doucet, Steve Krainock, Ken Fuller, and Kevin Gilbert took command of almost every game.

Defensively, Steve Krainock and Rod Dingler destroyed many teams. Although the Sundevils had their superstars, they played together as a team and won as a team. The team had a lot of things going for them, talent and depth were the most important. Tim Mahoney, Gary Leatherman, and Steve White showed superb talent coming off the bench. The depth of the team became very apparent when at the beginning of the season Kevin Gilbert, Mike Doucet, and Gary Leatherman were injured. Tim Mahoney and Steve White showed their talent and did their part to make Mt. Carmel league Champions.







Varsity Basketball Ronald Sitzler, Mike Doucet, Steve Krainock, Ken Fuller, Rod Dingler, Kevin Gilbert, Gary Leatherman, Tim Mahoney, Mark Chapon, Rick George, Steve White, Coach Tony Goffredo, Coach John Marincovich.

JV AND FROSH BOUNCE FORWARD



Mt. Carmels' JV squad are Mt. Carmel's future superstars. They are talented, versatile, and have the maturity needed to fill the spots left by the departing seniors.

The Sundevils' talent and maturity was demonstrated in the style of Kerry Paulsen, Steve Prether, George Crockett, Mike McNulty, and Joe Donchess. They were quick, versatile, and got the job done together.

Other Sundevil superstars came from our freshman class. The talent came in abundance. Their record, of 24 wins and one loss, tells its own story. The talent of the freshman came forth in players like Bill Beane, Bill Wright, and Kerry Wallace. The talent was there, and Coaches Sam Blalock and Bob Bjorkquist molded it into a basketball machine. Indeed, it seems that Mt. Carmel will have an abundance of talented basketball players for a long time.





JV Basketball

BACK ROW: Don Carr, Mike McNulty, Pat Dillon, Steve Prether. MIDDLE ROW: Mark Dreweatt, David Curry, Abe Cortez, Kerry Paulsen, Dan Long, Joe Donchess. FRONT ROW: Dan Meyer, George Crockett, John Hunt.

Freshman Basketball

Coach Bob Bjorkquist, Jay Zack, Brian Turley, Eric Curry, Rob Knapp, Marc Harroun, Kerry Wallace, Von Holt, Walt Myers, Rodney Jaehan, Ken Earle, Coach Sam Blalock, Bill Wright, Andy Shnoebelen.

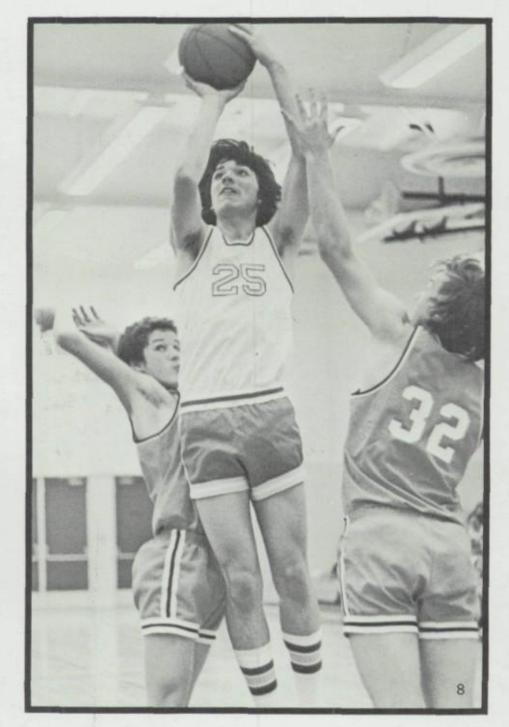




1. Kerry Paulsen puts it up and in for another Sundevil score. 2. Mt. Carmel JV Basketball Team. 3. The towering Mike McNulty leaps up for the tip. 4. Dan Long tallies two more for the Sundevils. 5. Mt. Carmel Freshman Basketball Team. 6. Kerry Wallace puts the ball up and in, and another Sundevil win. 7. Bill Wright dribbles around a Pirate defender and another Sundevil victory. 8. Shooting got to be second hand to Bill Beane who dominated the boards both on rebounds and shooting.







NETTERS HOPE TO PLACE IN CIF

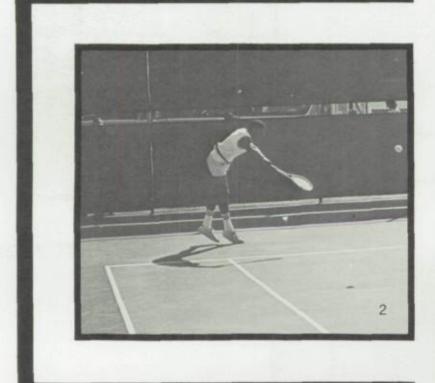
This spring's tennis team is the best tennis team in Sundevil history. Coach Tony Goffredo is very optimistic about the team's season. He hopes for a league championship and to place in CIF.

The team has an abundance of superstars. The experience that they obtained during past seasons shows in their style of play and mature attitude toward an occasional loss. Superstars like seniors Mark Huntley, John Roberts, Bob Vensand and freshman Scott Senkir led the team to their abundance of wins.

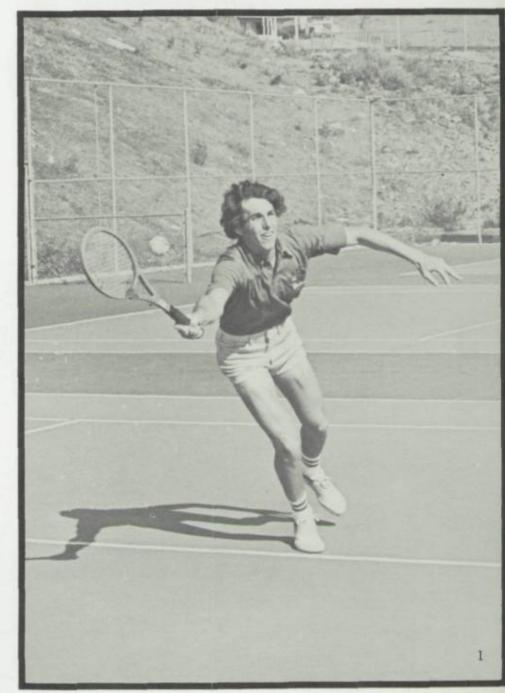
The Sundevil ability to move over the court with lightning speed and their devastating serves dominated most tennis matches.

Our JV squad, coached by John Marincovich, had some outstanding players, but their inexperience plagued the team.

However, with more experience they will mature into another super varsity team.



Mt. Carmel Varsity Tennis Todd Nelson, Rick Berg, Brad Beavers, John Roberts, Coach Tony Goffredo, Bob Vensand, John Wilson, Mark Huntley, Scott Senkir.

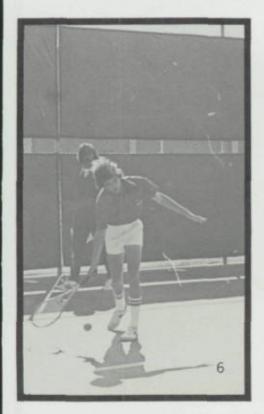








1. John Roberts hustles to return an opponent's smash. 2. Leading singles player Todd Nelson makes a fine backhand return from the backcourt. 3. Concentration marks the face of John Wilson during this play. 4. Doubles player Bob Vensand plays the net. His partner is Scott Senkir. 5. Mt. Carmel Varsity Tennis Team. 6. Preparing to scoop up the ball, Scott Senkir is a vision of determination. 7. Mark Huntley displays excellent form during pre-game warmup. 8. Brad Beavers gets that extra lift to top off his serve. 9. Mt. Carmel JV Tennis Team.









JV Tennis
BACK ROW: Rob Palmer, Ray
Avritt, Jeff Froggett, Pete Cesarini, Joel Oropesa, Mike Babida, Eric Shoquist, Rob Aguais, Tom Leick, Ed Maloney,
Rommel Karganilla, Coach
John Marincovich. FRONT
ROW: Tito Navarro, Brad McMillon, Sandy Chevalier, Elliot
Terren, Dale Christison, Curtis
Lehman, Mark May, Andy
Schnoebelen, Scott Campbell,
Kirk Sperry, Derek Avritt.

SKILL, STYLE BUILD STRENGTH

After many hours of practice, Mt. Carmel has one of the best girls basketball teams in the league. After final cuts were made, they practiced team work, which will be a winning factor this season.

The varsity squad came on strong, with Katie Bartz the high scorer in early games. Almost all the girls are returners from last year's team with two new members, Katie Bartz and freshman Lisa Miranda.

The JV squad is bound to continue its great season, which opened with a 3-0 record. These players be sure to create other winning varsity teams in the future.













1. Marti Stetler shoots over her opponent as teammate Lynda Oberlies watches. 2. Mt. Carmel Varsity Basketball Team. 3. Reaching for the ball, Lori McGuiness gets off the ground. 4. Near the basket, Ann Buckle takes her shot, as Diana Hadden waits for a rebound. 5. Lisa Miranda is caught in the middle of a contest for possession of the ball. 6. Mt. Carmel JV Basketball Team. 7. Outstanding varsity player Katie Bartz leads the team down the court. 8. Looking up, the opponent's eyes follow Dorothy Rowe's ball to the rim.



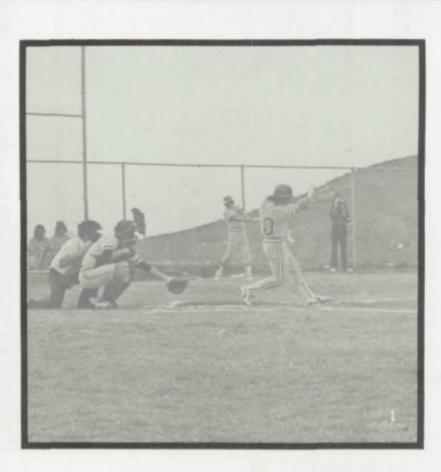




Mt. Carmel Varsity Basketball Team Dorothy Rowe, Lisa Miranda, Ann Buckel, Cindy Aufderheide, Coach Liane Lane, Diana Hadden, Kate Bartz, Lisa Stangl and Peanuts McHeffey.

Mt. Carmel JV Basketball Team
BACK ROW: Pam Myers. THIRD ROW: Kathy Hondros, Kayla Beard, Sandy Nuttall, Mary Eidson and Kyle Hombs. SECOND ROW: Brenda Berry, Marti Stetler, Wanda Griffith and Denise Tumlinson. FRONT ROW: Lori McGuiness, DeeAnne Wardman, Lynda Oberlies and Coach Peggy Brose. NOT PICTURED: Lisa Ciaccio.

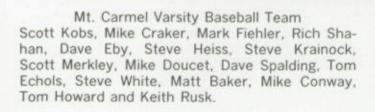
VARSITY BATTLES A TOUGH SEASON

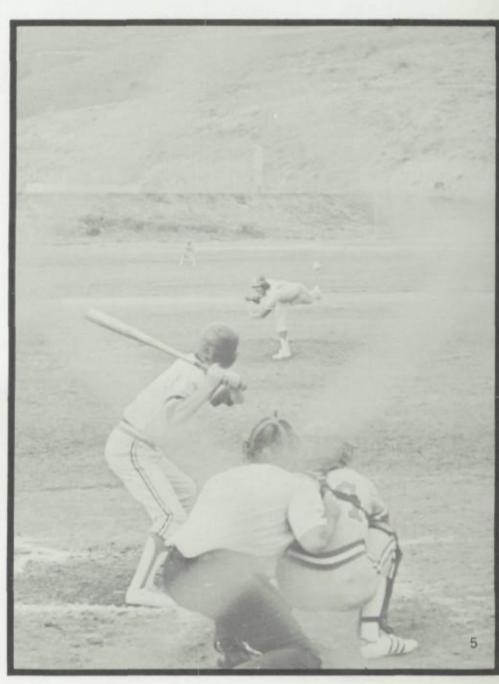








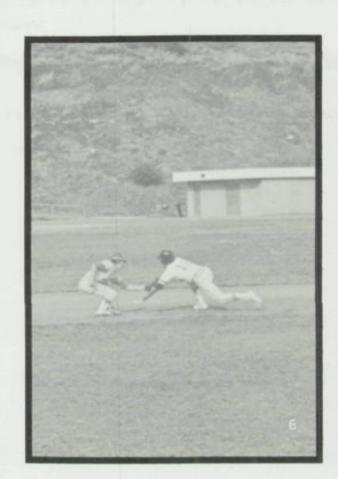




"It's going to be a tough season," said Coach Sam Blalock about the 1977 Sundevil baseball team. Coach Blalock expects to finish in the top of the Avocado East League.

Our varsity baseball team has an abundance of talent. They play as well as anyone in the field. The only flaw in the defense may lie in the pitching staff. The Sundevils rely on Steve Heiss, Mike Doucet and Tom Echols to do the job there. Offensively, the Sundevils have to hit well. The team's hitting has shown much improvement over last season. These two factors will influence the outcome of the season.

The experience the team gained from past seasons will definitely help out. Most of the varsity players from last year returned for this year. Coach Blalock added a few players to complete the team and make them champion contenders.







1. Mark Fiehler hits another single. 2. Steve Krainock grabs another ground ball. 3. Rick Shahan hits the ball and drives a run in for a score. 4. Rick Shahan takes off from second, rounds third and charges in for the score. 5. Pitcher Tom Echols flies one past this Valhalla batter. 6. Scott Kobs makes the tag at second base. 7. Mt. Carmel Varsity Baseball Team. 8. Scott Kobs takes off for first as Mark Fiehler rounds second.

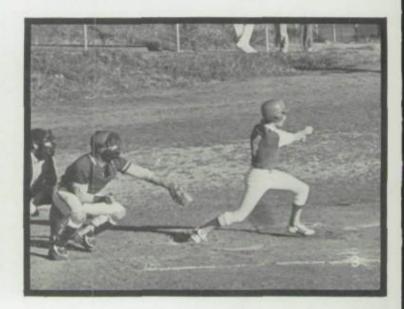
BASEBALL HOMES IN ON TITLE



Our JV baseball team is looking forward to an excellent season. They are a very solid team. Their superb batting, pitching and fielding should put them on top of the league at the end of the season. The backbone of the team is made up of Dave Kobs, Todd Pierce, Bill Beane, Don Cheek, Stu Humes and Dan Meyers. Coach Ed O'Connor emphasizes base running, and run they did. They stole 17 bases in their first two pre-season games.

Our freshman baseball team is looking forward to a good season. "If we play to our potential, we will do well," said Coach Chabola. The team will need some experience and maturity but will be awesome.





Mt. Carmel JV Baseball Team BACK ROW: Ted Earle, Mike Conway, Phil Fiehler, Todd Pierce, Ken Lundberg and Dan Long. SECOND ROW: Don Cheek, Dave Kobs, Jon Rooks, Dan Meyer, George Crockett and Coach Ed O'Connor. FRONT ROW: Stewart Humes, Randy Canales, Pat Maxedon, Jim Diamond and Billy Bean. NOT PICTURED: Mike Merkley, Dave House, Mark Runnels, Troy Raffelson and Ed Hargis.





Mt. Carmel
Freshman Baseball Team
BACK ROW: Coach Chabola, David
Apple, Mark Darris, Ron McKinney, Dale Doyle, Dale Heintz, Von
Holt, James Wilson, Rodney Jaehn
and Kerry Paulson. FRONT ROW:
Ken Murphy, Robert Moyer, Mark
Sandzimier, Dean Darris, Mike
House, Rob Tinley, John Foster,
Joe Dinapilis, Eric Curry and Marc
Harroun. NOT PICTURED: Mark
Roehr and Kevin Rusk.





1. Randy Canales chalks up another run for the JV team. 2. Randy takes off for third base. 3. Jim Diamond makes another super hit. 4. Mt. Carmel JV Baseball Team. 5. Mt. Carmel Freshman Baseball Team. 6. Ted Earle slides into home plate. 7. Joe Dimapilis backs up the second baseman as their opponent attempts to steal second base.

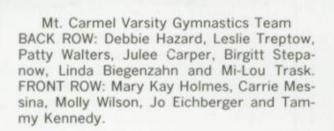
GYMNASTS SHOW POISE AND STYLE

Our '77 gymnastics team has individuals with dynamic style and grace which make them champion contenders. Coach Lyn Oliver says we have gymnasts who will probably be CIF champions. Molly Wilson, competing in the floor exercises, beam and the vault, is one of our most experienced gymnasts. Linda Biegenzahn and Carrie Messina both have beautiful style and flair. Our varsity Sundevil gymnasts do their stuff as well as anyone, and they do it beautifully.

Our JV gymnasts have a very strong team and a very good chance of becoming league champions this year. Furthermore, they will be awesome as varsity gymnasts next year.





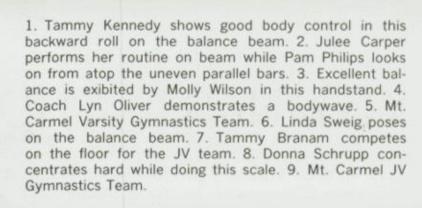


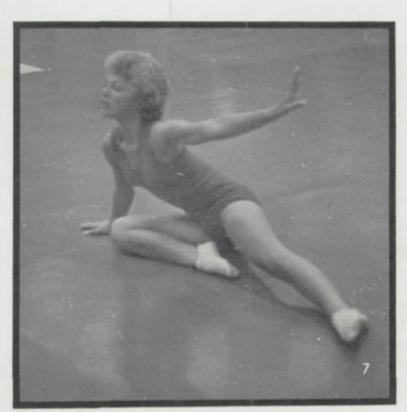
















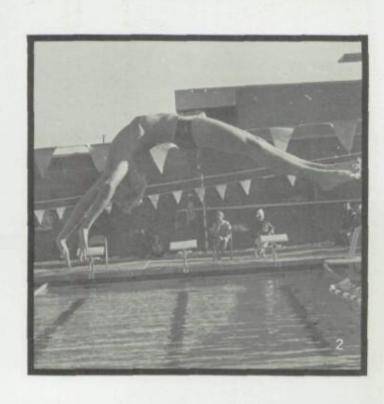
Mt. Carmel JV Gymnastics Team
BACK ROW: Ann Vayo, Linda Sweig, Tammy Branam,
Cheryl Bowens, Colleen Taylor, Brenda Kennedy and
Nancy Dages. FRONT ROW: Patti Doll, Tammy Voorhees,
Linda Kreitzer, Rene Sitzler, Suzette Dedeian, Susan
Woods, Connie Trask, Pam Philips and Lori Skinner. NOT
PICTURED: Donna Schrupp.

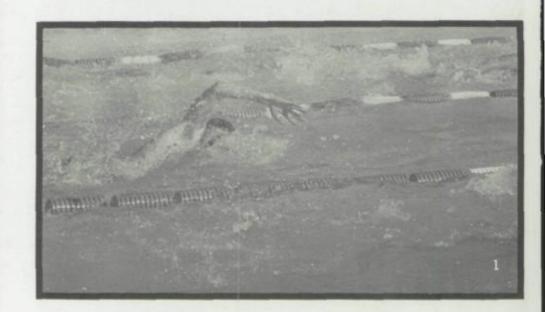
SWIMMERS EXPECT TO BE TOUGH

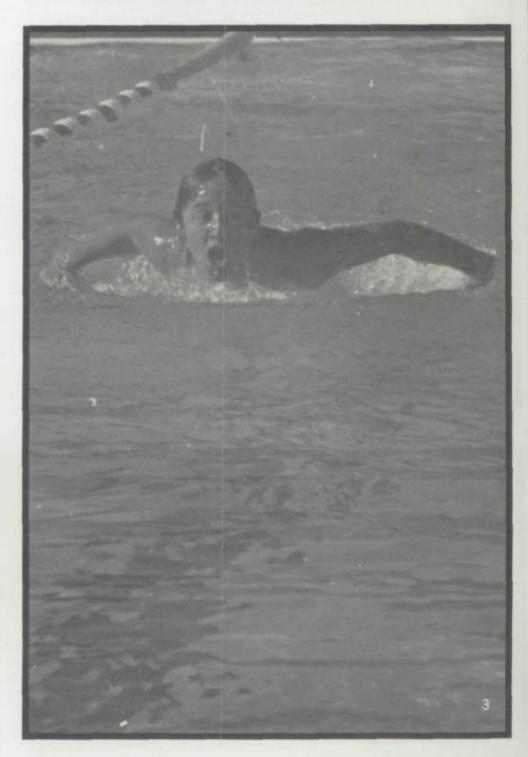
Inexperience could play a major role this season for the Sundevil swimmers. The team has only two seniors and has five freshmen. Despite this handicap, Coach Steve Eisler expects the team to be among the top three in the Avocado East League.

The swim team will be paced by CIF veteran Jim Long who should contend for a county title this year. Also leading the Sundevils will be other CIF hopefuls Tony Pistilli, Lindsay Johnson and Robert Weas.

In the diving events, two freshmen, Tom Halloran and Brian Phelps, will lead the way.



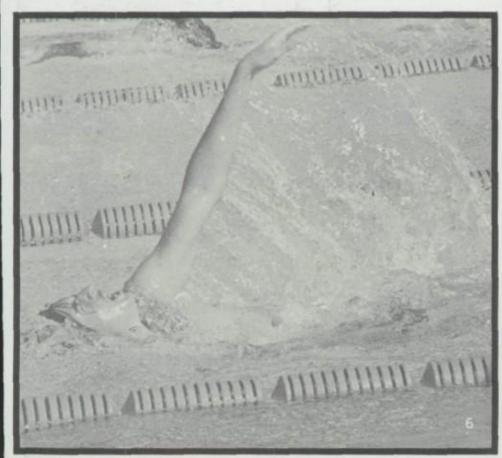








1. A Mt. Carmel swimmer splashes water as he swims toward the finish. 2. Tom Halloran arches his back in the diving competition. 3. Gasping for air is Robert Weas. 4. Competing in the backstroke is Steve Huber. 5. Racing in the freestyle is Tony Pistilli. 6. Ron Craven treads water in the backstroke. 7, 8 and 9. Diving in, swimming and getting out are routine things to members of the team. 10. The Mt. Carmel Boys Swim Team.







Mt. Carmel Boys Swim Team
BACK ROW: Brian Billotte, Chris Tornatore, Chuck
Jones, David Greaney, Ron Craven, Eric Williams,
Jim Long. MIDDLE ROW: Robert Moore, Lindsay
Johnson, Robert Weas, Jim Gibbons. FRONT ROW:
Tri Nguyen, Tom Halloran, Tony Pistilli and Steve
Huber. NOT SHOWN: Bob Green, Jay Moorhead,
Brian Phelps and Ray Royal.

GOLFERS STAND CLOSE TO TOP

With a roster of fourteen dedicated players, the Sundevil golf team is liable to be strong in their league competition and also in their individual scoring. Coach Carunchio said that this group of golfers is one of the top three teams in the Avocado East league. Their toughest competition will probably come from Poway and Orange Glen. In pre-league play the Sundevils, led by their top three golfers, Rob Powell, Dave Ryan, and Ken Earle, pulled out one win to two losses, and showed the best struggle yet against powerful Torrey Pines.





BACK ROW: Chip Sundlee, Will Weiss, Marty Brumfield, Howard Drake, Mike Dobel, Guy Miller, Coach Dennis Carunchio. FRONT ROW: Barry Ludwick, Dan Norris, Rob Powell, Ken Earle, Dave Ryan, Lee Crowell.

Volleyball

BACK ROW: Coach Pete Ogle, Young Yoo, Dan Morgan, Ken Scott, Dan Adams, Dan Spencer, Mark Huntley, Coach Eric Reis, Frank Farlow, Randy Farlow, Coach Barbara Charlebois. FRONT ROW: Jon Hansen, Steve White, Pat Dillon, Mike Baker, Kevin Gilbert, Dave Munsterman, Don Carr. NOT PICTURED: Rick Berg, Gene Blair.







ATHLETES FORM A NEW TEAM CLUB

A new opportunity for variety in competitive athletics for boys came about this year with the start of the Mt. Carmel volley-ball club. Although this group is not an official varsity team, the members and their four coaches, Barbara Charlebois, Pete Ogle, Eric Reis, and Scott Walters, are willing to work just as hard if not harder. The volleyball club's goal to win 50 percent of their games and establish a good beginning for next year, reflects the motivation of these athletes.











1. Freshman golfer, Will Weiss, prepares for a putt. 2. Dave Ryan, one of the Sundevils top contenders, follows through on his tee shot. 3. Mt. Carmel Golf Team. 4. Senior Rob Powell putts in style. 5. One of the volleyball club's most outstanding players, Dave Munsterman, passes the ball as Young Yoo looks on. 6. Mt. Carmel Volleyball Club. 7. A pep talk before the game against number one team, Patrick Henry. 8. Setter Young Yoo bumppasses the ball. 9. In practice, Mike Baker blocks against Steve White's spike.

TRACKETTES FIELD POWERHOUSE

Awesome! That is the best way to describe the '77 Sundevil Trackettes. Coming off an undefeated season in '76, Coach Dennis McClanahan looks forward to a "great season" with all the members of last year's team returning for this season. The goal of the team is to qualify a participant in every event for the CIF finals. Among the girls with the best chances are Louise Sweig, Joanne Tremblay, Marilyn Martin, Janice Schreckengost, Laurie Overson and Teri Dimapilis in the running events and while Heather Gould, Debbie Kellar, Dana Kunath pace the field attack.

For the first time ever, CIF will allow a JV team in girls' track, and the Sundevil JV track team expects to be just as awesome as the varsity.

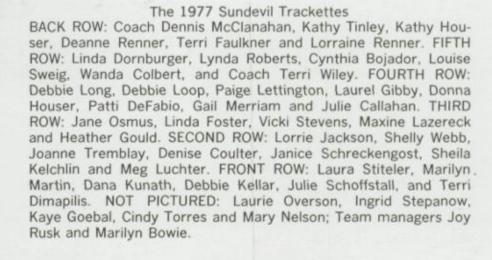




1. Leaping the last hurdle before the finish line is Louise Sweig followed by Debbie Kellar. 2. Distance events are the main strength of the track team, as demonstrated here. Leading the pack is Joanne Tremblay, followed closely by Marilyn Martin and Kathy Houser. 3. Easily clearing this high jump is Dana Kunath. 4. Sidelined by an injury, Shannon Mulholland watches a track meet from the sidelines with Coach McClanahan. 5. Leading the team this season is Joanne Tremblay and Louise Sweig. 6. Terri Dimapilis flies on a long jump. 7. Running a leg in the powerful mile relay is Louise Sweig. 8. Kathy Tinley takes first in the 440. 9. The 1977 Sundevil Trackettes.















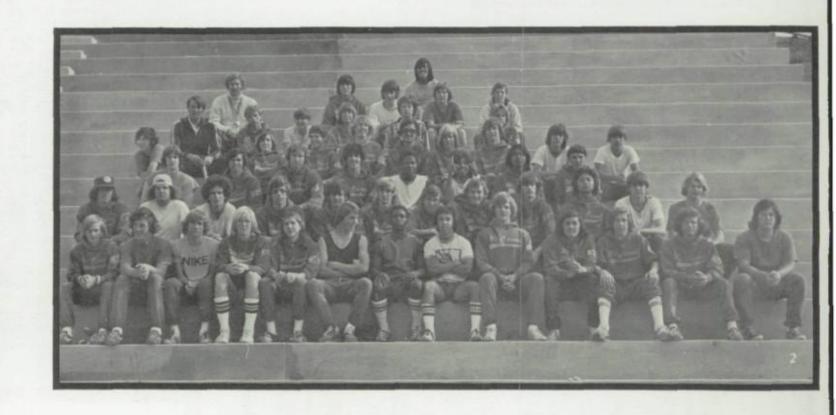
BOYS OPTIMISTIC FOR TRACK

The Sundevil tracksters are optimistic about this season with 95 boys out for track. Many of these boys are returning from last year's team.

The team expects to contend for the league title and will be led by Scott Dobbins, Bert McCracken, Ron Sitzler and Noel Merkley in field events while Merkley will also compete in track events with other strong runners like Mike Watrous, Curt Puckett, Don Eidson, Keith Banks, Alan Salvi and Curt Cantrell.

The JV and freshman teams should be among the top in the league also.





Mt. Carmel Boys JV and Freshmen Track Team
BACK ROW: Victor Gorospe. SIXTH ROW: Coach Mike McCann, Greg
Wilkins, Craig Walker, Jeff Graham, Mike Calabrese. FIFTH ROW:
Coach Warren Cummings, Eric Puckett, Bill Wright, David Curnow,
Manager Edward Pearson, Kraig Williams. FOURTH ROW: Con
Thrasher, Steve La Marca, Chris Shewell, Mark Johnson, Walt Myers,
Brian Turley, Jim Cavanaugh, Mike Hughes, Greg Austell. THIRD
ROW: Steve Maze, Robert Rogness, Reece Strayer, Pat Bonahoom,
Kevin Vaughan, Percy Bojador, Alberto Gaerlan, Tony Cirillo. SECOND ROW: Pat Acomb, Mike Fogleman, Jeff Gordon, Jim Mitchell,
Ron Karr, Ricky Duns, David Martin, Zane Parks, Zackery Parks, Ken
Padua, Jeff Scheevel, Chris Childers. FRONT ROW: Robert Holton, Ned
Phalen, Kurt Jaehn, Don Carr. David George, Scott Tyler, Charlie
Allen, Hal Wilson, Bill Maxedon, Mark Oriol, Brian Weinberg, Marty
Luchter and Tom Catalanotti.





Mt. Carmel Varsity Boys Track
BACK ROW: Ed Mathieu, Noel Merkley and Coach Mike McCann. FOURTH
ROW: Coach Warren Cummings, Tom Wood, Bob Serrano, Ken Angel,
Don Eidson, Greg Harris and Paul LeFevre. THIRD ROW: Chris Stacklin,
Ron Sitzler, John Krause, John Howell, Terry Rollins, Stan Kaminski,
and Kevin Scheevel. SECOND ROW: Calvin Vaughn, David Reeve, Curt
Cantrell, Scott Dobbins, Galen Christian, John Calhoun, Mike Watrous
and Glen Kellar. FRONT ROW: Mike Crider, Alan Salvi, Jim Glazebrook,
Curt Puckett, Bert McCracken, Jim Kimble, Kevin Pavlu, Kevin Williams,
Mike McKee and Jay Soulia. NOT SHOWN: Jack Berkebile and Mike
Walker.





1. Clearing a hurdle is Noel Merkley. 2. Mt. Carmel JV and Freshman Track Teams. 3. Exhaustion is expressed by Kevin Pavlu as he crosses the finish line. 4. Pole vaulting is a specialty of John Hoskins. 5. Varsity Track Team. 6. Don Eidson leads a pack of sprinters in the 100 yard dash. Alan Salvi follows close behind.

SUNDEVILS STAND OUT

The athletes whose photos appear on these pages were chosen in a poll of coaches taken in late February. Coaches were asked to indicate who they considered to be the outstanding athletes at each grade level.

Senior Mark Fiehler has participated in football and baseball throughout his highschool years. As a sophomore, he was chosen Most Valuable Player in JV football and Athlete of the Year. Mark's senior year saw him named Most Valuable Player in football. Mark plans to attend college and play football and baseball.

Louise Sweig's major sports interests have been volleyball and track. She was named Athlete of the Year when she was a sophomore, and as a senior she was named to the Second Team, Avocado League in volleyball.

A junior, Dorothy Rawe has played volleyball, basketball, and softball all three years, as well as participating in other sports. She was named Most Valuable Player in softball as a sophomore and in volleyball as a junior.

Steve Krainock hopes to continue an athletic career which began with his playing JV football and JV basketball as a freshman and being named Most Valuable Player in freshman baseball. A junior, Steve has played on the varsity football, basketball, and baseball teams for the past two years.

Sophomore George Crockett was named Most Valuable Player in JV football this year. He also played JV basketball and JV baseball.

Playing varsity tennis and track as a freshman and sophomore, Shannon Mulholland has received several awards. Among them are Most Valuable Player - Distance, freshman year, and All Avocado League in tennis as a sophomore.

Lisa Miranda, freshman, has begun a promising career. She played JV volleyball and varsity softball and basketball during this past year.

Freshman Bill Beane proved to be one of the most promising young athletes in the history of Mt. Carmel. He played football and basketball and showed superb ability.









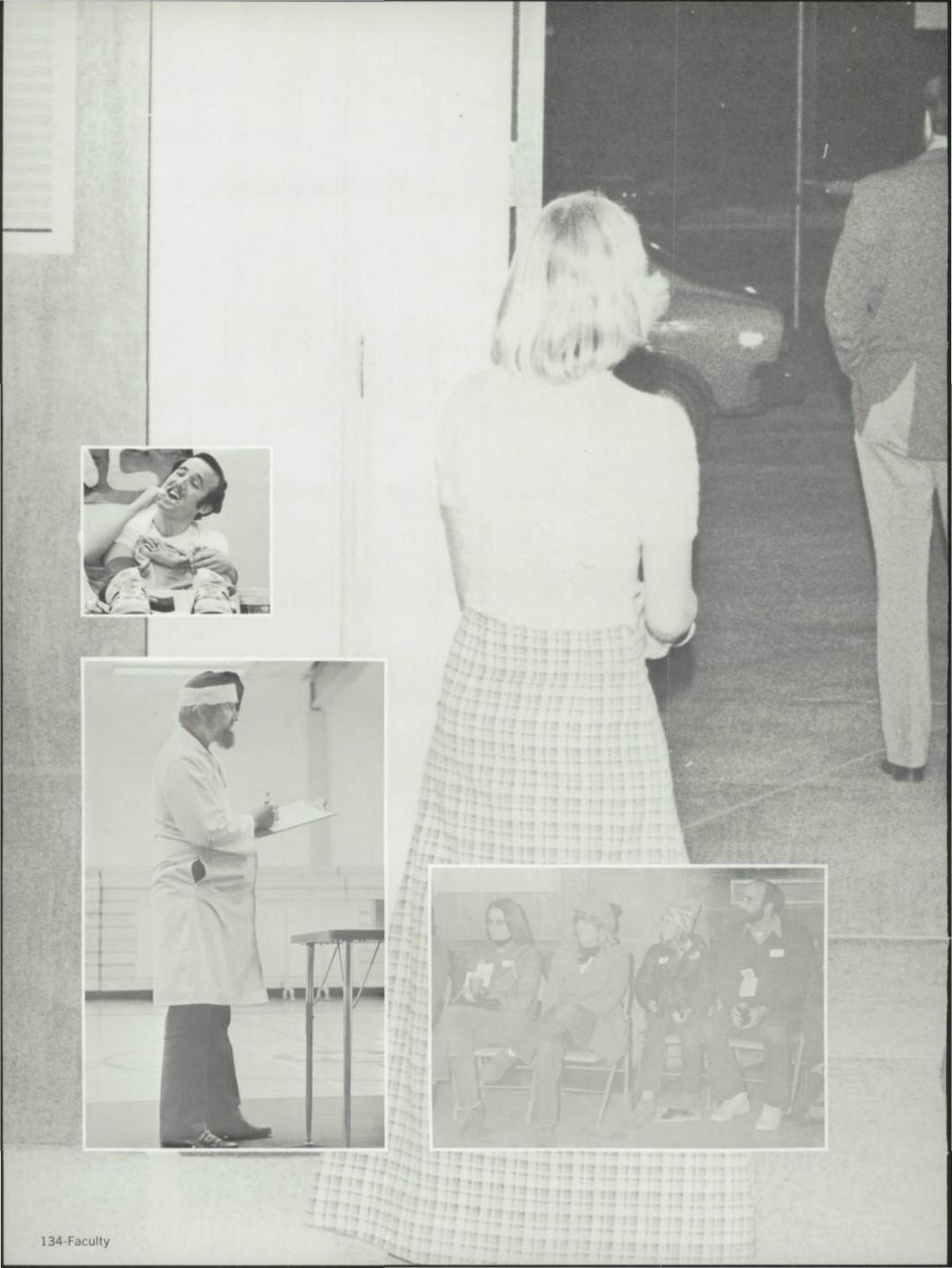








1. The powerful Steve Krainock grins as he prepares to lift 255 pounds. 2. On her way to another action-packed evening of competition is Dorothy Rowe. 3. George Crockett passes time with a little extra-curricular activity. 4. Shannon Mulholland relaxes before embarking on a track meet trip. 5. Superstar Louise Sweig takes a well deserved break in the action. 6. Fatigued from his active sports life, Mark Fiehler rests against a steady tree. 7. Lisa Miranda boards the bus for her first scrimage basketball game. 8. The Freshman Class has provided MCHS with many super athletes such as Bill Beane.



LEARNING TOGETHER

A SCHOOL NEEDS PEOPLE TO PLAN

Behind the scenes of any school are the organizers, the planners, the people of vision who keep the whole process running smoothly. Without them an institution falters. Because of them we succeed together.











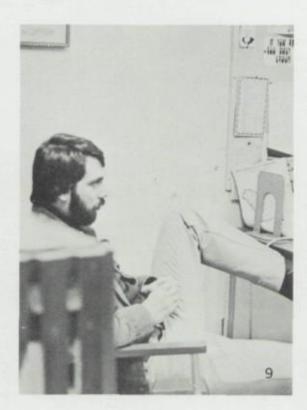
1. Phyllis Manning, Dean; 2. Sharon Mc-Manus, Principal's Secretary; 3. David O. Stine, Principal; 4. Patrick Holligan, Dean; 5. Dick Scheider, Dean; 6. Darlene Ahrensberg, Deans' Secretary; 7. Marilyn Beane, Deans' Secretary; 8. Nancy Ringewald, Counselor; 9. Steve Levy, Counselor; 10. Sue Chapin, Counselor; 11. Ken Davis, Counselor on Special Assignment; 12. Carol Visser, Counselor; 13. Audrey Neiman, Counseling Secretary 14. Marilyn Stevens, Counseling Secretary.





AND ORGANIZE ITS ACTIVITIES















IT'S THE EXTRAS THAT





1. Linda Beavers, Receptionist; 2. Jo Callahan, Scheduling; 3. Vi McCleary and Pat Felsinger, Attendance; 4. Sherry Fillmore Finance; 5. Karen Sinn, Faculty Clerk; 6. Eileen Whiteman, Registrar; 7. David Walker, Student Activities Director; 8. Dave Kuzmich, Work Experience Co-ordinator; 9. Alice Fisher, Work Experience Secretary; 10. Micki Harmon and Rosalie Doyle Campus Supervisors, relax and talk to Peter Riley; 11. Malacha Knight, Campus Supervisor; 12. Marie Smith, school nurse, and Jan Pistilli, Health Aide.









MAKE A DIFFERENCE



In any organization there are the people in the background who keep the whole operation going. They provide the services, the essential extras, a school needs to operate effectively and efficiently. Necessary tasks such as typing, filing, record keeping, processing forms, and co-ordinating and supervising activities to meet the needs of a large student body, are handled by a most efficient staff at Mt. Carmel.











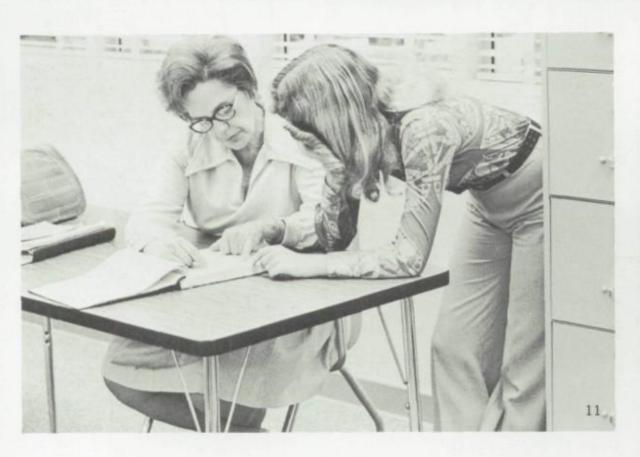
DATA HELPS SOCIETY ADVANCE

In a highly complex, technological society, an essential requisite is the ability to organize, store and retrieve data. Processing information into a logical system, storing it for convenient access and presenting it upon demand are skills needed to keep society functioning smoothly.

1. Janet Baulch, Business; 2. Joan Bonahoom, Learning Resource Center Aide; 3. Lea DeBien, Librarian; 4. Rick DeCicco, Business; 5. Urtie DePinto, Learning Resource Center Aide; 6. Bob Gladson, Instructional Media Technician; 7. Fred Nelson, Business; 8. Jonnie Procopio, Library Clerk; 9. Pat Roehr, Business Department Chairperson; 10. Jeff Roberts receives an assignment from Ms. Roehr. 11. Ms. Baulch helps out Connie Berry. 12. Ms. Bonahoom keeps an eye on all the students as well as books in the school library.

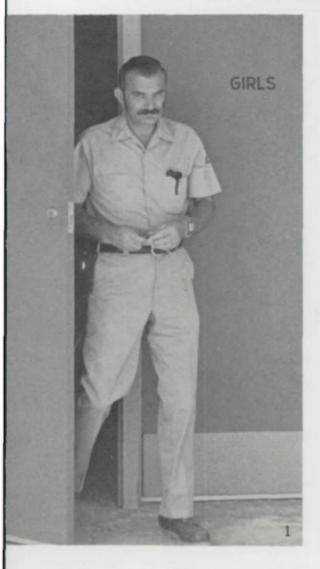








VITAL NEEDS ARE MET DAILY



Providing the essential services for a campus of two thousand students is no easy task. It requires a skilled, capable staff of individuals dedicated to making others comfortable and satisfied. We are fortunate to have a team of professionals at Mt. Carmel.



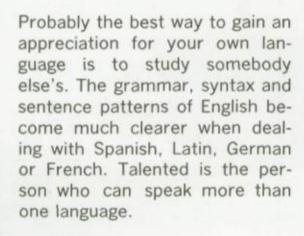
1. Business takes Mr. Kirchmeier to many parts of the school. 2. Head Custodian J.A. Kirchmeier, M.Esparza, R.Hopp, S.Scycepaniak, M. Kapple, D.Seigler and D.Askew. 3. N.Sturdy, M.Gomski, M.Fanilla, A.Schulte, M.Justice, D.Pettry, R.Massa and L.Meilke. NOT SHOWN: C. Robb.





LANGUAGE STUDY PROMOTES COMMUNICATION





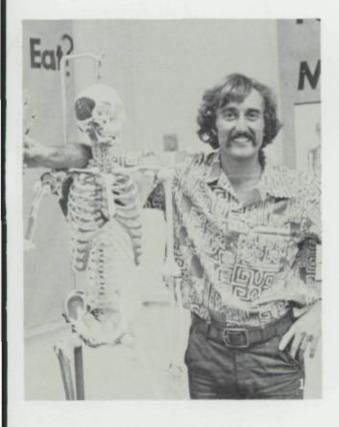
1. Becky Baker; 2. Vicki Broughton, Department Chairperson; 3. Alex Fousek; 4. Pauline Girouard; 5. Deborah Harris; 6. Lori Horner; 7. Sherry Ludwig; 8. Vincent Vitale; 9. Ms. Baker is one of the Spanish instructors. 10. In her spare time, Ms. Harris acts as advisor for the AFS club on campus. 11. Ms. Broughton takes time to read to one of her French classes. 12. Tom Catalanotti receives help from Mr. Vitale pertaining to an Italian assignment.















1. Mr. Goffredo poses with a friend from his kinesiology class. 2. Tony Goffredo; 3. Anne Krapf, Department Chairperson; 4. Dave Murphy; 5. Ed O'Connor; 6. Ms. Krapf looks for the culprit who flew this paper airplane in for a landing on her head. 7. Demonstrations are an important part of Driver's Ed as shown here by Mr. Murphy.





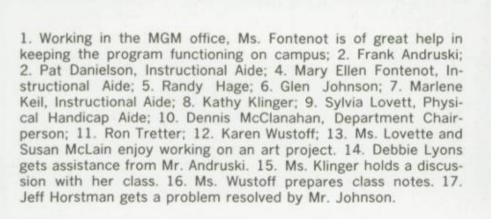
DAILY AND CRISIS NEEDS
FORM CURRICULUM

We daily face hazards that affect our lives, from a deteriorating environment around us, from the additives in the food we eat and the water we drink, from the dangers inherent in the roads we travel. In no other department are we prepared to deal with these hazards as in Health and Drivers Ed. We are taught the skills necessary to keep our bodies fit and well, to keep us safe while driving, to provide a little more happiness in our lives.

VARIETIES OF STUDENT NEEDS REQUIRE SPECIAL ASSISTANCE

Learning is an individual experience, occurring at different rates, times, and places. What is meaningful and relevant for one may not be so for another. What is important is that learning is taking place always, and that the individual is growing and developing. At Mt. Carmel, individual growth and development are first in importance.



















HOME EC TEACHES PRACTICAL ARTS

1. Kathy Baczynski; 2. Diane Fitch; 3. Ginger Hovenic, Department Chairperson; 4. Marj Weatherby; 5. Ms. Fitch makes a point with two students in her cooking class. 6. The Future Homemakers of America is a new organization on campus this year which is supervised by Ms. Baczynski. 7. Ms. Weatherby talks to Sue Lovell in between class periods.









Sound physical and mental development depends on how the basic needs of food, clothing and shelter are accomodated. Before an individual can grow, these needs must be taken care of properly. The Home Economics Department is concerned with teaching healthful, nutritional habits to young people.





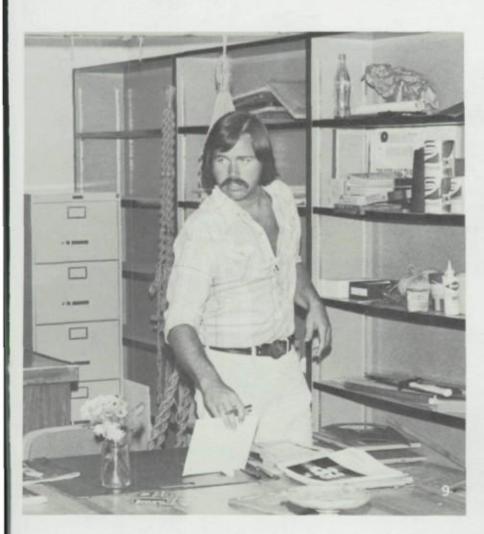






SKILLS PROVIDE BASICS AND ENRICH THE QUALITY OF LIFE





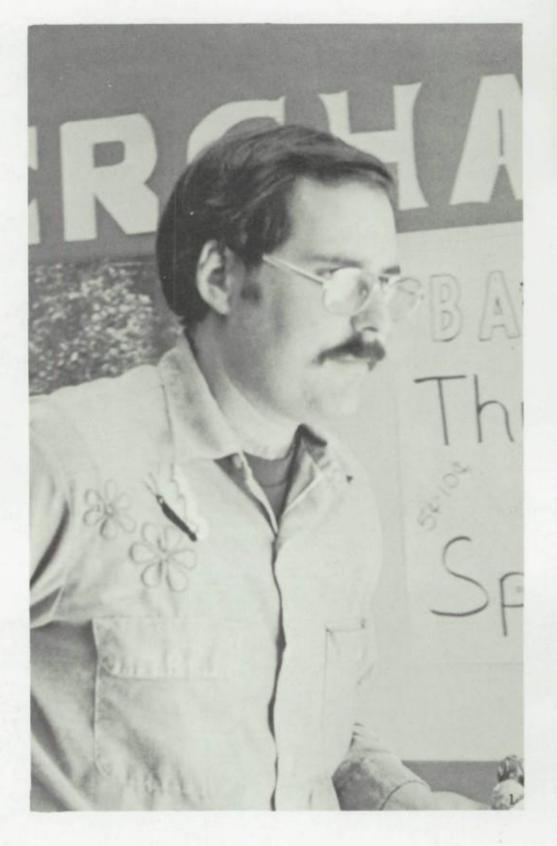
Painting, sculpting, drafting and pottery are true art forms, each providing the individual with a medium for expression and creativity. Into each work goes a part of the creator-a personal signature for all time. But then, is not a well-designed garden or a finely groomed animal also a work of art? In Agriculture, Art and Industrial Arts, the creative talents and skills of students are brought out in a variety of ways.

1. Roberta Walck takes a ride in the tractor with Mr. Mitchell in the landscaping class. 2. John Adams, Industrial Arts Department Chairperson; 3. Eric Bourdette, Art; 4. Bill Bussard, Industrial Arts; 5. Lauri Freudenberger; 6. Sam Mitchell, Agriculture Department Chairperson; 7. Eric Reis, Art Department Chairperson; 8. Steve Ulmer, Industrial Arts; 9. Cleaning up after an art class is not an easy task for Mr. Reis. 10. Jeff Allison and Mr. Bussard work together on a drafting project.



THE SOCIAL SCIENCE US TO GO

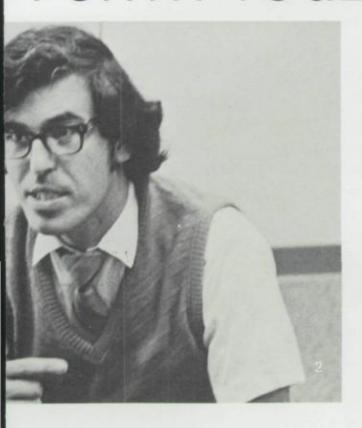
Man is a complex social animal. He needs relationships with his fellow man to give meaning and purpose to his own life. That coexistence requires an understanding of the sociological, psychological and historical forces that have brought "civilization" to the point it is now at. The Social Science Department at Mt. Carmel develops an awareness of those forces, and prepares us to go forth not alone, but together.







DEPARTMENT PREPARES FORTH TOGETHER

















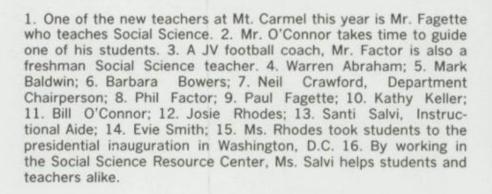














MUSIC ENLIGHTENS THE EAR

In a changing society such as ours, it is not surprising that music has changed greatly through the years also. People now have a variety of styles to listen to; classics, rock n' roll, country, pop, etc.

The Music Department at Mt. Carmel allows the student to develop musical talent in either vocal or instrumental classes. The student expresses his or her talent in the Choir or Band. These students are doubly enlightened, both academically and musically.

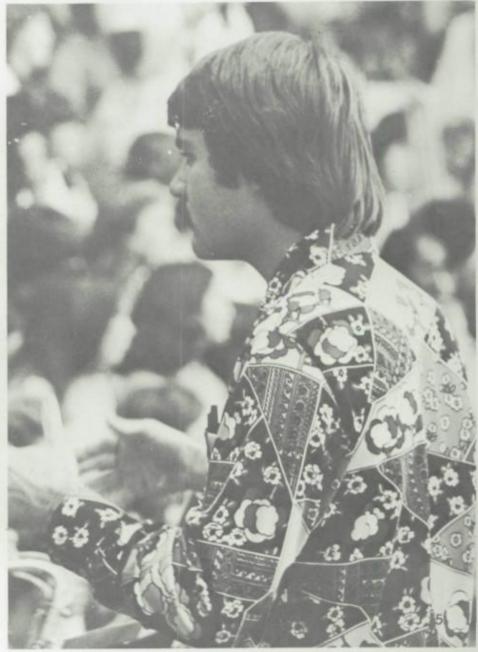
1. Tom Cole, Department Chairperson;
2. Dennis O'Drane; 3. Mr. O'Drane is surrounded by members of his choir while waiting to depart for a concert.
4. In one number the choir performs, Mr. O'Drane is required to play the chimes. 5. Mr. Cole is director of the award-winning band, which plays for many of the various events on and off campus.



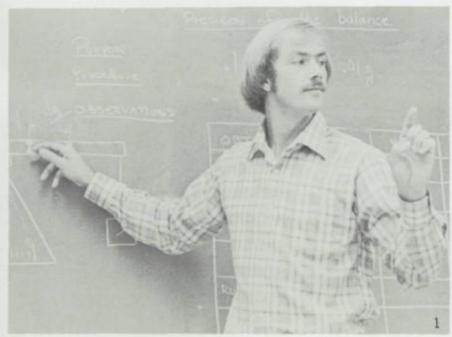




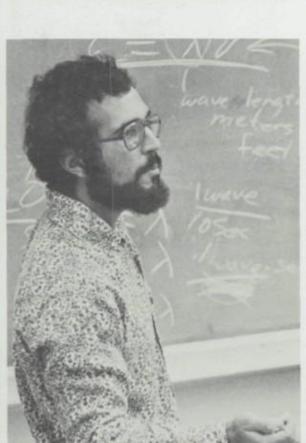




ANSWERS ARE SOUGHT IN SCIENCE



1. Mr. Bjorkquist gives an example of the detailed explanations which Physics require. 2. Robert Bjorkquist; 3. Steve Eisler; 4. Dave Gayl; 5. Gary Hepler; 6. Bert McIntosh, Department Chairperson; 7. Ron Netzley; 8. Chuck Smith; 9. The biology classes of Mr. Gayl offer students a vast understanding about all living things. 10. Mr. McIntosh teaches science and also is the Sophomore Class adviser. 11. Steve Krainock listens as Mr. Netzley discusses grades.







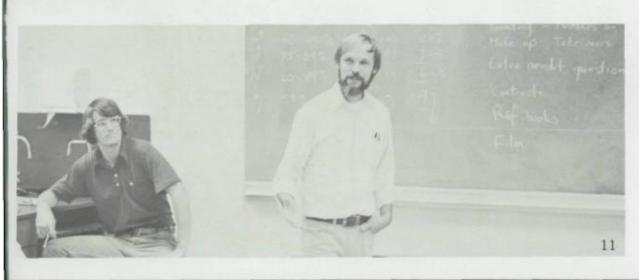






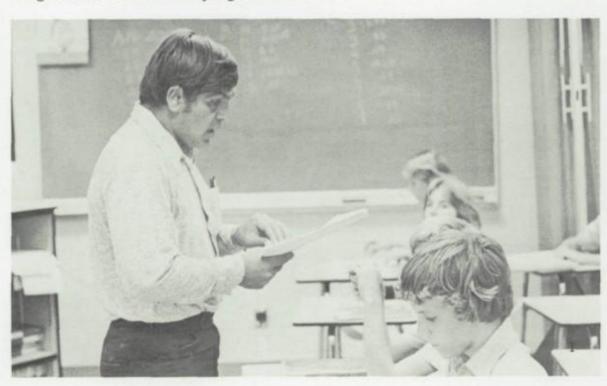


For every problem there must be a solution, for every process an explanation, for every occurrence a reason. Such is the world of the scientist: orderly, planned, directed. The Science Department at Mt. Carmel deals with science both as a philosophy and a method for solving problems. Underlying all is a firm belief that the future of mankind lies in the ability of science to solve the problems of the world.



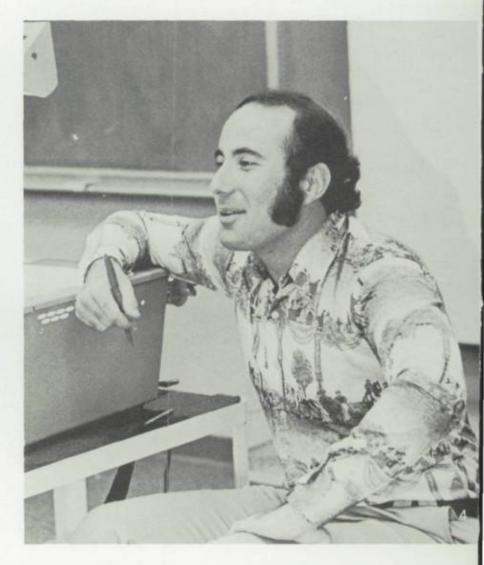
MATHEMATICS IS THE

1. Not only does Mr. Carunchio teach math, but he also coaches the golf team. 2. Mr. McCann is one of the teachers of Calculus. 3. Mr. Quiring examines the homework of his Elementary Algebra students. 4. The overhead projector is a major aid in Mr. Olesiuk's math classes. 5. Phyllis Bridenbaugh; 6. Dennis Carunchio; 7. Bill Gross; 8. Alan Jancsi; 9. Mike McCann; 10. Gordy Mills; 11. Mike Olesiuk, Department Chairperson; 12. Jim Quiring; 13. Mr. Gross issues math books to students. 14. Ms. Bridenbaugh teaches an Elementary Algebra class.







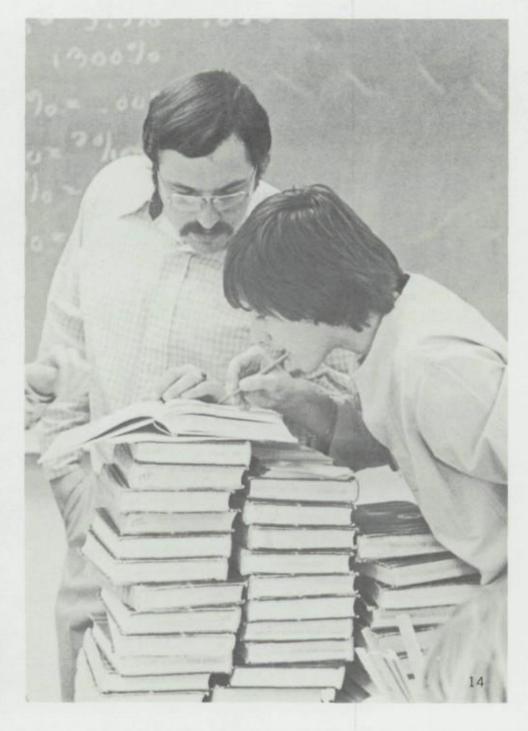


LANGUAGE OF CALCULATIONS



Mathematics has been called the language of science. It provides a means of analysis and expression that is precise and exact. With math one is able to compute the exact moment of rocket ignition, measure the distance between planets, or guide the instruments of a skilled surgeon. One is also able to balance a checkbook, include exactly the right amount of ingredients in a favorite recipe, or measure the daily temperature. The Math Department provides students with practical skills they can use in their daily lives.



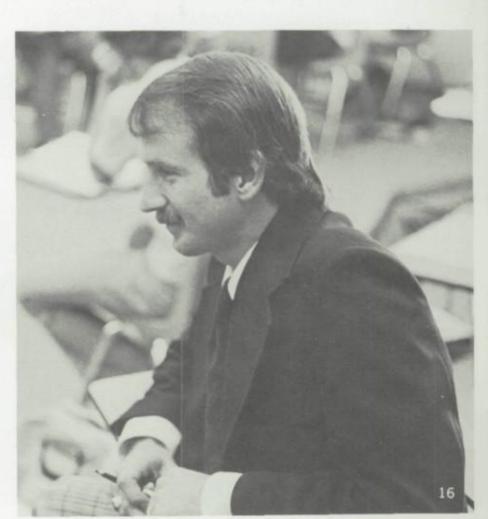


PEOPLE MUST COMMUNICATE



19. Yearbook adviser Ms. McKinney contemplates another one of the many problems that confront the staff. 20. Ms. Robertson and two students examine a prop that will be used in a Drama production.





TO EXIST



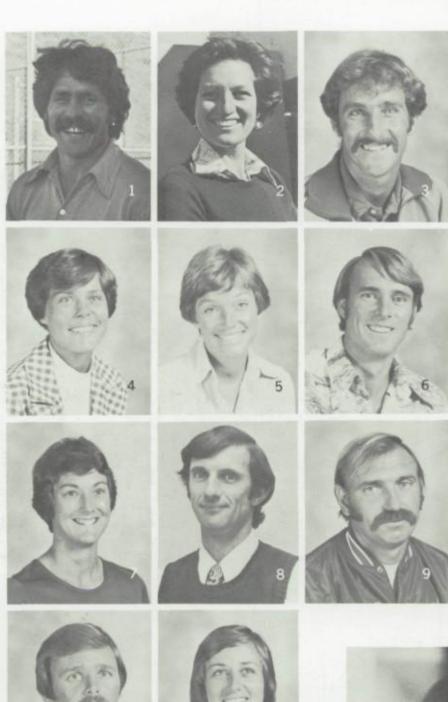
It has been said that the medium is the message. The manner in which something is being said is sometimes as important as what is being said. What is essential is that communication between people does take place. The Communication Arts department helps to develop all phases, the written, spoken, and visual. More importantly, the need for communicating is emphasized.







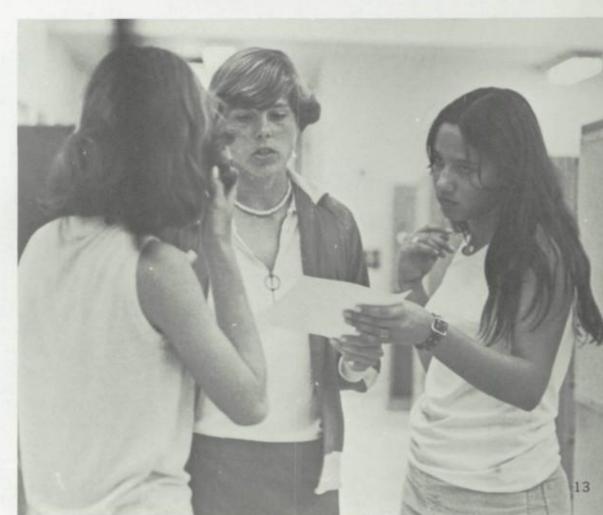
P.E. CREATES THE LINK BETWEEN A







1. Mitch Anderson; 2. Lyn Antrim; 3. Sam Blalock; 4. Peggy Brose; 5. Barbara Charlebois; 6. Warren Cummings; 7. Liane Lane, Girls P.E. Department Chairperson; 8. John Marincovich; 9. Tom McKinney, Boys P.E. Department Chairperson; 10. John Self; 11. Teri Wiley; 12. Anxiety prompts Mr. Self to check the time until break. 13. Ms. Brose talks to two of her students. 14. Ms. Charlebois hurries to one of her classes. 15. Donna Schrupp and Ms. Antrim look on as Linda Biegenzahn practices on the balance beam. 16. Mr. McKinney vouches to the fact that being a P.E. teacher can be rough.



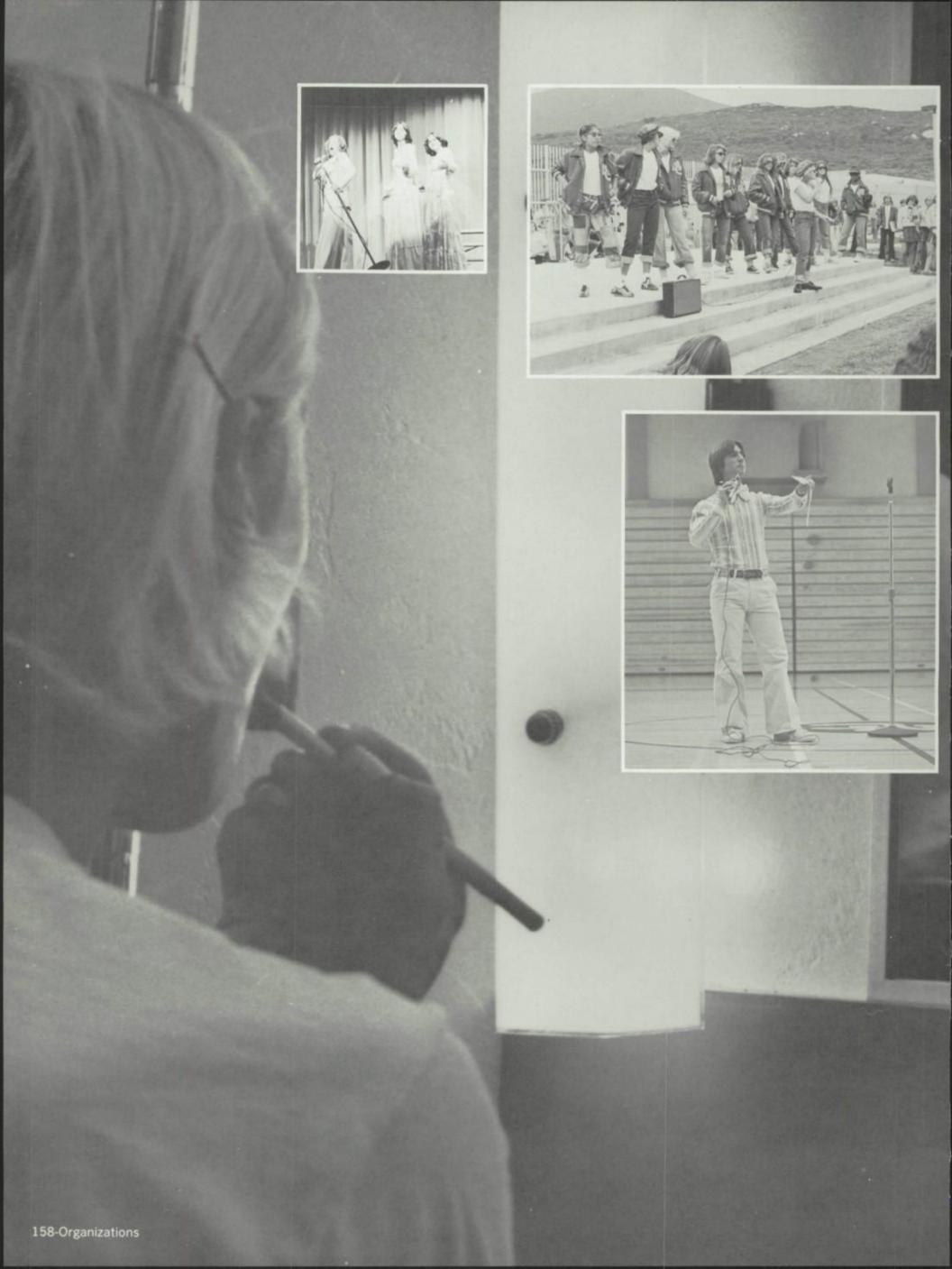
SOUND MIND AND A SOUND BODY



The Greeks and Romans linked mental closely with physical well-being, and stressed development of the body. Modern science has since proven the adage of a sound mind in a sound body. The Physical Education Department works toward that end, realizing that healthy people will be well-adjusted and happy.







ASSEMBLING TOGETHER

PRACTICE MOLDS A PRECISION

A lot of time, practice and patience go into the making of good marching units. Besides practicing with the band, the marching units also practiced on their own time, during the summer, after school, and on weekends.

To help raise money for their uniforms they had car washes which raised six hundred dollars. The Drill Team took a second place at San Pasqual, a third at Bonita Vista.

The Flag Team and Letterettes are part of the band, and whatever mistake was made reflected in the band's score in competition parades, so most of the practice time they spent was with the band.

The Dance Team, which is the last seasonal precision team, consisted of the very best drill team members. The Dance Team had twelve girls and two co-captains, all of which were chosen by Mr. Cole, Ms. Baulch and Sheryl Baucom.









UNIT







1. BACK ROW: Tricia Clarke, Sheryl Baucom, Julie Bartlett, Sherry Mellien, Leona Tischer, FRONT ROW: Debbie Hough, Cindy Lewis, Cathy Harmon, Joyce Grimes and Mary Bessey. 2. Letterettes: Alane Clark, Dawn Fausner, Carolynn Detoro, Kathy MacPherson, Melody Jones, Cathy Baucom and Denise Stebbins. 3. Drill Team, BACK ROW: Cindy Lewis, Louise Clark, Kelly Johnson, Lorraine Hager, Kathi Davis, Nancy Legore, Captain Sheryl Baucom, Lisa Dix, Margaret Mayes, Teri Gonzalez, Julie Bartlett, Katie Opper, Cheryl Allen. SECOND ROW: Kathy Van Tassell, Sue Klapwyk, Barbara Knight, Diane Henry, Cammie Chong, Tricia Clarke, Karen Weinberg, Pandora Schaff and Brenda Hays. THIRD ROW: Annah Hooten, Cathy Harmon, Jenny Herd, Mary Bessey, Diane Pearson, Sherry Mellien and Leona Tischer. 4. Ms. Baulch, the adviser of the Drill and Dance Team. 5. Looking on at one of the bands practices for a game halftime show, Pam Lippe absorbs the view. 6. Here practicing for an upcoming basketball halftime show, are two Dance team members Cammie Chong and Tricia Clark. 7. Flag Team: Cindy Savell, Patti Shahan, Annette Insalaco, Josie Aguinaldo, Kelly Leatherman, Merri George and Debbie Hough.

The Mt. Carmel Marching Band has done exceptionally well this year, placing in band reviews, and half time tournaments.

Competing in the San Pasqual half time tournament the band took second place with a score of 91.2 points. The next day the band competed in the Pow Wow days parade receiving second place with the score of 93.4.

The band also won the sweepstakes trophy at the California band review- with a score of 973 points out of 1000 possible points.

Some other band reviews our band has competed in were the Autumn band review, the Chino band review, and the Long Beach All Western, where MCHS took second place with a score of 93.7. points out of a possible 100 points.

Mr. Cole is proud to say that MCHS has the eleventh best band in the state of California.







BAND MARCHES OFF WITH HONORS







1. Thinking of what lies ahead, Art Nalmgren mentally prepares himself for the upcoming competition. 2. and 3. Elton Aguilar, Gail Anderson, Tim Belmain, Kathy Brown, Lloyd Brown, Tom Calabrese, Kathy Cashin, Pat Cashin, Mark Chandik, Matt Chandik, Chip Childers, Chris Childers, Tim Condon, Greg Curry, Kathy Danes, Meri Davis, Robin Dilla, Doug Eisberg, Angela Farr, Phil Fisher, John Freidrichs, Debbie Green, Kenin Green, Terry Green, Joyce Grimes, Sunnie Hamstengel, Suzette Hamstengel, Rob Holton, Rick Hopper, Richard Jaeger, Damon Jefferson, Joe Johnston, Kim Froggett, Ellen Kraemer, Brian Kydd, Kelly Leatherman, Abe Lehman, Art Malmgren, Steve Malmgren, Lani Martin, Cindy McAdams, Jeff McCray, Barbara Meehan, Ray Miller, Bob Monfort, Robert Moore, Tom Morris, Doug Mortimer, Janet Nelson, Kim Nelson, David Nicoll, Derek Okafugi, Lorraine Okafugi, Kevin Ozenbaugh, Corey Pedersin, Ted Pesta, Ned Phalen, Brian Phelps, Paul Popejoy, Tim Robertson, Robin Rogness, Robert Rogness, Terry Rollins, Ray Royal, Steve Schoffstall, Karen Skinner, Mike Skube, Kevin Smith, Karen Sprague, Becky Stecks, Rick Sweet, Neal Swenson, Michelle Taylor, Melissa Trew, Linda Vader, Ken VanTassell, Ann Vick, Mary Wahlstrom, Mike Wahlstrom, Bill Wells, Susan Wojtkowski. 4. Final rehearsal before the Autumn Band Review, the director is Mr. Cole. 5. A helpful parent assists Mary Wahlstrom with her uniform. 6. Practicing on the over grown violin is Phil Fisher.

THEIR SPIRITS

Pep Club has proved over and over that it is the largest organization on campus. With more than fifty girls involved, they keep the athletes well-fed, keep the school welldecorated with signs and keep everybody yelling at the games. Those involved in pep club put forth much time and effort in creating different gifts to give to the athletes before each game, meet or match. The girls also decorated the athletes' lockers from time to time, using ideas from their imaginations. The Pep Club has helped the cheerleaders to keep the school's spirits high and to get everyone involved in cheering the Sundevil athletes on to victory.







RISE SKY HIGH







1. Mary Kay Holmes, Sheri Kleinbreil, Molly Wilson, Patti Crawford, Tammy Jones, Roxanne Rayno, Tammy Doyle, Pam Philips, Heather Gould, Ruthie Delamarian, Kendra Price, Linda Biegenzahn, Mary Eidson, Tracy Whitcomb, Robin Miller, Jennifer Kruse, Tara Higgins, Theresa Stremlau, Tricia Speer, Barb Shootman, Birgitt Stepanow, Julie Van Train, Connie Berry, Tammy Galt, Mickie Griffin, Linda Dornberger, Donna Schrup. 2. Lori Ryan, Bonnie Hendrickson, Kathy Brewster, Helen Eveland, Jean Callahan, Sue Alexander, Kathy Riley, Kathy Booth, Carol Setliff, Nancy Farris, Ruthie Delamarian, Julie Powell, Denise Colter, Lori Guess, Patti Doll. 3. Julie Carper, Ingrid Stepanow, Ruthie Delamarian, Lucy Thornberg, Rebecca Dean, Judy Hoyer, Kathy Mitz, Suzette Dedian, Linda Borgen. 4. Preparing for the Poway game, Rebecca Dean and other Pep Club members, struggle to put up a spirit boosting poster. 5. Rhonda Lowe, Tammy Kennedy, Jane Osmus, Barb Risner, Kris Jones, Aletha Garman, Debbie Long, Kathy Price, Amy Krainock, Shaun Huckstep, Brenda Kennedy, Ruthie Delamarian. 6. The 1976-1977 Pep Club officers were: Ann Buckel, Treasurer; Shelia Kelchlin, Vice President; Gretchen Lux, Secretary; and Fay McIntyre, President.



IT TAKES MORE





1. Varsity Cheerleaders (TOP TO BOTTOM) Carrie Messina, Captain Linda Biegenzahn, Ruthie Delamarian, Shari Kleinbreil and Molly Wilson. 2. Mascot Patti Crawford. 3. Songleaders Wendy Wingerter, Connie Berry, Dottie Tumlinson, Captain Chris Jones and Monica Breaux. 4. Cheerleaders get football players involved by switching roles in a pep rally skit. 5. Freshman Cheerleaders Captain Kathy Riley, Carol Setliff, Lori Guess and Kathi Brewster. 6. JV Cheerleaders (TOP TO BOTTOM) Tammy Kennedy, Kendra Price, Captain Suzette Dedeian, Carrie Shields and Heidi Boyd.



THAN A PRETTY FACE...



Many people fail to realize that it takes more than a pretty face to be a spirit leader. It takes a lot of enthusiasm, hard work and a group that can work well together to accomplish what is seen at football and basketball games and at pep rallies. With weeks and months of hard work the cheerleaders have proven themselves worthy of the positions they hold. They also practiced during the summer and attended cheer camp. Varsity Cheerleaders were awarded trophies for being the most spirited and the hardest working squad. The JV Cheerleaders won a trophy for being one of the hardest working squads, and Songleaders were designated most spirited.





"THE PLAY'S THE THING"

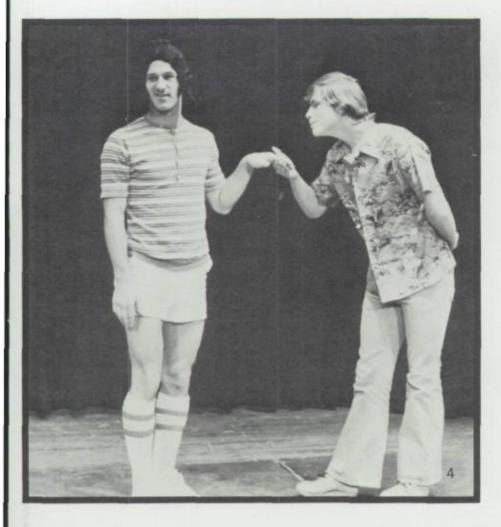
"The Mouse That Roared" and "Charlie's Aunt" were two plays the Drama Club put on this school year. "The Mouse That Roared," a satire about a small country which attacks the United States, was produced in December and starred Josh Kennedy, Val Gaudreau, Noel Merkley, Jerry Donovan, Curt Cantrell, Kim Foster, and Rick Wright. "Charley's Aunt", an English farce concerning two college boys involved in a deception of chaperone rules, starred Noel Merkley, Sean Mitts, Josh Kennedy, Joanne Tremblay, Maureen Hersey, and was performed in February.

School-wide auditions were held to cast both plays, giving students who weren't in the club or class a chance to participate. Costumes were either borrowed or bought from swap meets, Salvation Army, etc., while scenery was all done by the students themselves. Ms. Kris Robertson is the director of the Mt. Carmel Performing Workshop and Drama Club advisor. Ms. Lynn Oliver assisted with the choreography.









1. Getting familiar with the lines of "The Mouse that Roared" are Sean Mitts, Joanne Tremblay, Maureen Hersey and Josh Kennedy. 2. Here some of the stars of "Charley's Aunt" are doing a final dress rehearsal; Linda Biegenzahn, Noel Merkley, Carol McCarthy and Steve Nicol. 3. Dressed in disguise, Noel seems to enjoy all the attention by Maureen Hersey and Joanne Tremblay. 4. "Oh I'm not ready for this kind of relationship!" exclaims Noel Merkley as Jerry Donovan kisses his hand. 5. "What can I write to my love?" dreams Sean Mitts. 6. "What kind of make-up job is this?" thinks Cathy McCarthy as Kathy Meyer paints her face.

Drama-169



CHORAL GROUPS TAKE

The Concert Choir, which is the largest of the three choral groups, is composed of approximately 130 students. The two smaller groups, the Die Lieders and Pop Ensemble, are each composed of twenty members who were chosen by audition.

The Concert Choir performed varying pieces of musical literature from popular to classical. There was no requirement for Concert Choir except for signing up for the class. The Pop Ensemble performed only popular pieces, while the Die Lieders sang only classical music and had the most difficult repertoire.

All the groups toured the elementary and middle schools and performed various other free concerts for the public. They went to Palomar College for the One-Thousand Voice Choir. They were also invited to Chapman College in Orange County and spent the rest of the weekend at Disneyland.







SHOW ON THE ROAD





Choral groups met by classes. Here they are pictured in their class periods. 1. First period. 2. Fifth period. 3. Third period. 4. Sixth period. 5. During her free time Tracey Weddleton tries her skills at the piano.

ASB UNDERGOES

The Student Review Board and Student Association were both groups newly formed this year because of problems that kept hitting the ASB. The constitution was constantly being changed, and with no real homeroom, the students' voice was not being heard.

The Student Review Board served as a watchdog committee over the activities and finances of the student government. They also organized and conducted all elections on campus and established a student bill of rights and responsibilities. They also revised and interpreted the present student body constitution.

The Student Association was formed to help relay the voice of the students to the ASB. They were elected by their own classmates. Each class had five students to represent them at the every-other-week cabinet meetings. From the meetings the class reps got questions from the council and were also asked to find out what the students wanted.

With the help from these two groups the ASB was able to break down some of the communication gap that existed between it and the student body. The Student Review Board helped the students know what rights they have and don't have, and the Student Association helped to voice their wants and needs.





STRUCTURAL CHANGES







1. Junior Reps: Mario Cozzi, Brigit Stepanow, Alan Salvi, Tina Buchanan and NOT PICTURED, Danny Adams. 2. Seniors: Beth Schrupp and NOT PICTURED, Shaun Huckstep, Ann Kuhle, Brian Pierce and Andy Wright. 3. Expressing his views to the ASB is Mr. Holligan. 4. Student Review Board: Robert Nazerth, Steve Nicol, Kathy Fussell, Andy Ross, Sheila Kelchlin, NOT PICTURED Curt Cantrell. 5. Mike Merkley, Mark May, Ingrid Stepanow, Kathy Mitts and Linda Borgen.

The A.S.B. got off to a slow start with the new year coming more quickly than they had expected and with organizational and constitutional difficulties. Also, there was no student council at the beginning of the year to help bring in input from the classes.

They sponsored such activities as dances, A.S.B. card drawings, special events, and other school functions. Such events as Spirit Week and Christmas Week helped promote school spirit and got as many students involved as possible.

There is a lot of planning and work that goes into any school function and most of the A.S.B. activities were handled by the activities ad-hoc committee headed by Jon Hansen, the activities commissioner.

With help from the newly formed Student Review Board, Student Association, and some patience and hard work from the council members, the A.S.B. smoothed out the rough spots. This helped the officers elected to see what problems they will have to face for the next coming year.

PATIENCE AND HARD







WORK SMOOTH OUT ASB ROUGH SPOTS



1. Linda Vader, treasurer is relaxing at a club meeting. 2. Activities commissioner, Jon Hansen and Dave Wilcox, president, gladly auction off freshmen. 3. Displaying his usual suave manner, Dave Wilcox greets freshmen while Mr. Walker, ASB adviser and Kathy Messina, vice president, seemingly ignore him. 4. Commissioners, TOP TO BOTTOM: Jim Lux, Board Representative; Don Morris, Interschool; Linda Maxwell, Interclub; Steve Kelchlin, Concessions; and Jan Faulkner, Pep. 5. Sandy Wyatt, secretary; 6. Activities committee, TOP TO BOTTOM: Kevin Mitts, Babette Atwood, Kathy Booth, Jon Hansen, Lori Skinner, Micki Griffin, Ingrid Stepano, Kathy Mitts, Julee Carper, Linda Borgen, Cindy Emory, Jean Calahan, and Helen Eveland.





SUN STAFF IS SMALL BUT EFFICIENT

There are seven students in Mr. Hughes' Journalism II class who make up the staff of the Mt. Carmel "Sun." Although the staff decreased in size since last year, the paper remained at four pages with a special ASB election issue and a bonus of eight pages at Christmas.

With deadlines to meet, layouts to make, articles to write and interviews to get, the staff pretty well had their work cut out for them. The only thing that changed was the editor's job which was rotated with every issue.

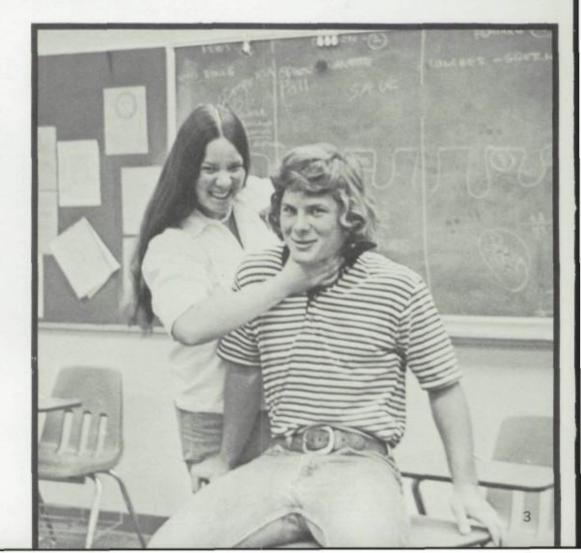
The newspaper was funded by ads or patrons the staff finds of businesses who liked their advertisements put in the paper.

With the small problems the newspaper might of had such as the small size of the staff and interesting subjects to write about, the "Sun" tried its hardest to keep the students and staff well informed.





1. Ellen Hinchliff, Gretchen Lux, Andy Wright, Mark Fiehler, Nanette Gould, David Wilcox, Adviser Mr. David Hughes, Jim Diamond. NOT PICTURED: Melody Martin. 2. Mr. Hughes celebrates the completion of a deadline with a little help from Dave Wilcox. 3. Nanette Gould takes out deadline frustrations on Mark Fiehler.



CHARITY FLOWS WITH LOVE



Charity has a universal meaning of Christian love. At the once-a-week meetings the club members meet and discuss with each other their own experiences of the week. They also sing and read from the Bible and sing their favorite songs. The group also raises money which goes to a charitable organization. The club has grown in size in the past two years and will become more popular in years to come.





1. Charity sings their theme song which, as you guess, is "Charity". 2. Is Donna Hicks trying to be a fountain?. 3. TOP TO BOTTOM: Jody Bayne, Julie Payton, Steve Wylie, Andy Ross, Kathy Myer, Kathy McCarthy, Wayne Kydd, Greg Boozier, Donna Hicks, Linda Watson, Carol McCarthy, Ellen Kraemer, Kathy Cashin, Martha Stacklin, Tim Garmon, Kim Mogelinski, Karen Hay, Cathy McKee, Carolyn Detoro, Linda Vader, Linda Maxwell, Mike Mogelinski, Scot Unverferth, Aletha Garmon, Kathy Price. NOT SHOWN: Chip Childers, Ann Kaush, John Kreitzer, Marilyn Martin, Linda Niblock, Cecelia Harley.

STUDENTS GO ABROAD

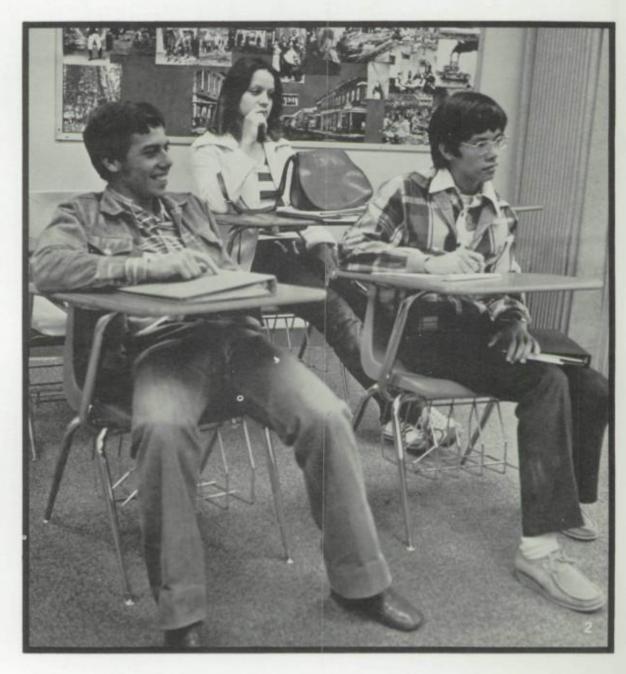
Maturity, flexibility, communication ability and compatability are just a few of the requirements that a student wishing to travel abroad must meet. They must pass several interviews and must be at least a junior at the time of applying.

Karen Hay, Mt. Carmel's first American exchange student, left for New Zealand on January 14, 1977. Karen will be living in Pakuranga, a suburb of Auckland. She will spend one year studying at a private girls school. Linda Vader left for Paraguay in February.

The club which is responsible for these students being able to have such opportunities is the American Field Service (AFS). Mt. Carmel has one foreign exchange student sponsored by AFS is from Greece, Mary Vellios.

1. Ms. Harris, Windy Shew, Mr. Fousek, Linda Watson, Mary Vellios, Troy Arthur, Marilyn Martin, Ann Moss, Beth Claywell, Greg Boozier, Carolyn Detoro, Dominique Hoffer, Carina Safstrom, Mike Mogelinski, John Krietzer. 2. Here three foreign exchange students discuss the upcoming assignment in their American Problems class.

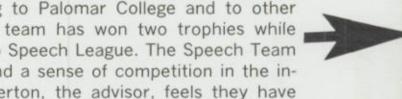




SUNDEVILS SPEAK OUT



Skateboarding, witchcraft, and the Olympics are only a few of the topics that the thirteen members of the Speech Team have used in competition. Going to Palomar College and to other schools in San Diego, the team has won two trophies while competing in the San Diego Speech League. The Speech Team builds confidence, poise, and a sense of competition in the individual person. Ms. Clapperton, the advisor, feels they have done very well this year.





FHA PREPARES FOR FUTURE



Baking cookies to raise funds wasn't the only project of the Future Homemakers of America. They also made Christmas presents for the Twin Peaks Retirement Home, and went Christmas caroling. This club of about seven girls learned about their roles in society as well as in family life and the home.

Other activities included going bowling and out to dinner.

1. Captain of the Speech team, Joanne Tremblay, dreams up ideas for her next speech. 2. Speech Team; Alan Gold, Linda Borgen, Ms. Clapperton, adviser: Steve Huber, Mike McKee, Bob Fusco, John Crepeau, Ann Edmison and NOT PICTURED: Will Weiss, Joanne Tremblay, Wally Thomas, and Dave Munsterman. 3. FHA; Kyle Hombs, Tammy Hendricks, Raelene Doyle, Elaine Thompson, Kathy Macpherson, Anette Insalaw, Ms. Baczynski, adviser; and NOT PIC-TURED: Judy Dunham, Rene Sitzler, Robbi Sitzler, Joyce Ahrensberg, and Rhonda Hitte.

SIT LENDS A HELPING HAND

This year started out smoothly thanks to the Student Information Team. They started off the year with the job of helping the incoming freshmen and new students adjust to our school. Each member of the team worked with about 20 freshmen to acquaint them with high school life, and to answer any questions that they may have had.

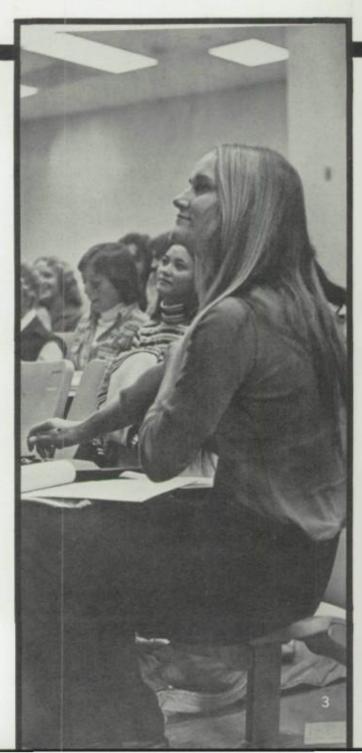
The SIT Team, throughout the year, is also involved in individual counseling with students recommended to them by counselors and teachers. They were involved in such activities as the Back-to-School Night spaghetti dinner held to orientate new students to Mt. Carmel and other college information nights.

Members of SIT work partly on their own time with ESL students at Twin Peaks.





1. Relaxing between sessions, members of the SIT. team enjoy their break at the retreat in Julian. 2. Greg Curry, Dana Valley, Tom Echols, Don Eidson, Noel Merkley, Debbie Randall, Rocky Schnaath, Greg Clark, Gretchen Lux, Shaun Huckstep, Karen Hay; Dr. Chapin, Advisor; Donna Graleski, Jody Bayne, Carolyn Detoro, Sean Mitts, Jo Lynn Anderson, Evelyn Hengeveld, Maureen Hersey, Song Sin Lee, Debbie Gilbert. 3. One of the many guest speakers that has spoken to SIT. about problems they encounter.



SKIERS HIT THE SLOPES



The Ski Club is one of the few clubs which takes its activities outside the campus life. It is a large group of duespaying members who also earn money by raffling off live Christmas trees, selling magazine subscriptions, and the typical fund raiser: car washes. Each person is credited a certain percentage of the sales money depending on how much they as individuals sold. The money then is used to pay for their food, lodging, and ski lifts.

Approximately 30 people went on the ski trip to Mammoth, which was an experience they'll never forget.





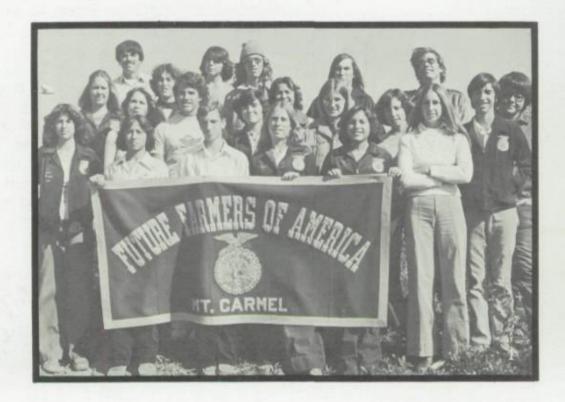


1. Jim Long(Treasurer), Sandy Wyatt(Vice President), Mark May(President), Chris Turk(Secretary). 2. Mark May and Sandy Wyatt get ready to hit the slopes. 3. TOP TO BOTTOM: Chris Shewell, Sherry Sinclair, Mike Parker, Brian Turley, John Roberts, Gus Susco, Jim Long, Julie Bartlett, Rob Aguais, Joyce Grimes, Debbie Malek, Doug Hagen, Vicki Stevens, Sandy Allen, Helen Eveland, Jean Callahan, Mark May, Brad Beavers, Ms. Marj Weatherby, Adviser, Kirk Howard, Jeff Allison, Julie Powell, Chris Turk, Vicki Stevens, Margaret Hansen and Sandy Wyatt. NOT PICTURED: Dave Munsterman, Shelley Meadows, Cheryl Treptow, Tammy Jones, Tracy Whitcomb, Debbie Malek, Dan Adams and Richard Catalanatti.

STUDENTS SHOW CARE FOR ANIMALS

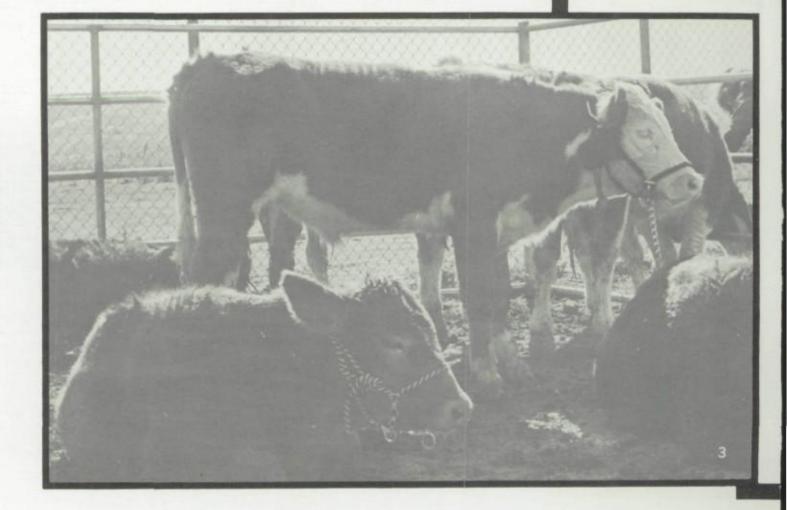
The Future Farmers of America (FFA) is a club in which people can express their love for animals and plants. Those involved in FFA are enrolled in some kind of agriculture class, whether it be Animal Science, Intro. to Agriculture or ROP Landscaping, all of which are taught by Mr. Sam Mitchell who also is the advisor of FFA.

Activities were planned for the whole year, such as mistletoe selling and Christmas caroling in December, pig drawing in April, car wash in May and throughout the year the members attend judging contests and field days, where they participate in judging livestock, plants, horses, etc. The money that was collected from the fund raising activities went toward the expense involved in competing at the Del Mar fair in June.





1. Adviser Sam Mitchell, Kirk Howard, Brian Pierce, Earl Colbert, Don Crider. SECOND ROW: Thricia Gibson, Lori Miranda, David Smith. THIRD ROW: Kelly Schneider, Barbara Shootman, Danny Adams, Julie Calahan, Chris Spawn, Sandy Wyatt, Dale Hunt. FRONT ROW: Laura White, Mike Lake, Ed Hunt, Sharon Heath, Sheri Misquez, and Roberta Walck. 2. "Guys aren't the only ones who can plant trees," exclaims Sheri Misquez, as she attempts to beautify the campus. 3. These steers were being raised by FFA members to be entered and judged at the Del Mar fair in June.



KICK BACK WITH KMC



With the help of the ASB and the AV department something new was added to the MCHS campus this year. The KMC radio station was added because of the lack of entertainment on campus.

The radio station was run by eight students and Jim Bowers was the program coordinator and manager. Jim arranged for the purchase of equipment and needs. Also a console was to be built and a FM cable was hooked up which enabled the MCHS students to listen to FM stereo. The total cost was well over 1,500 dollars.

The Soccer Club acts as a booster for the Soccer Team. The club's main purpose is to increase public awareness of soccer through films, lectures, and soccer clinics for elementary school students. At the end of the season the Soccer Club and teams planned to have a dinner together.





1. KMC staff; Robin Rogness, Jim Bowers, Ron McKinney, NOT PICTURED: Doug Eisberg, Pat Coleman, Mike Pubentz, Will Weiss, C.C. Lombrinch and Leonne Schrupp. 2. Getting ready to go on the air, Jim Bowers tries to coordinate the music. 3. Soccer Club—BACK ROW: Coach Vince Vitale, Kurt Jahn, Tom Cooper, Jim Smith, Marvin Boden, Tom Howard, Sid Suarez, Trevor DaCosta, Tim Aylward, Richard Hadden, Brian Pierce. MIDDLE ROW: Joe Morris, Eric Bumiller, Shawn McDonald, Mike Morgan, Young Yoo, Mark Sissinnette, Chris Johnson, Mike Walker, Fernando Castro, Albert Gaerlan. FRONT ROW: Marty Luchter, Scott Kobs, Paul Hunt, Brian Phelps, Steve La Marca, Justin Doyle, Kirk Sperry, Mark May, Mark Zolkeiwitz.

Media for days wether all year war hours wether all war hours with a line of the about the and war hours wether all war hours we hours with a line of the and war hours we have a so we hav temes back I will never house the service of the se To me and Human I have and had bee you down to have have been to bee you down to have have to have to have the pool of the Boat been to you want to have the pool of the Boat been to have together with them. Yet at times

these threads

can be pulled away.









1. Working after school, Jon Hansen, Kathy Booth, and Bonnie Hendrickson work on a pep sign. 2. Miss Sunny Southern California, Ruthie Delamarian, is escorted on to the stage by two would-be "Beach Boys," Noel Merkley and Jon Hansen, during the senior skit for the B-100 contest. 3. Birgitt Stepanow displays her slip in the Junior skit of the B-100 contest. 4. Enjoying the first dance in the gym, the "Sock Hop," is Jim Lux and Sandy Wyatt. 5. Before the Gymnasium opened, the gymnasts had to practice outside in the quad. Birgitt Stepanow displays perfect form on this manuever. 6. Due to lack of floor covering, the first dance in the gym was a "sock hop." Shown here are the many pairs of shoes that were deposited at the entrance.







Stretched the tapestry of our lives woven with life's ties ever joins and separates. Knit closely together from the beginning we are bound never to completely unravel. Connected in three ways like a triple-braided cord not easily broken. United in mind and body and soul





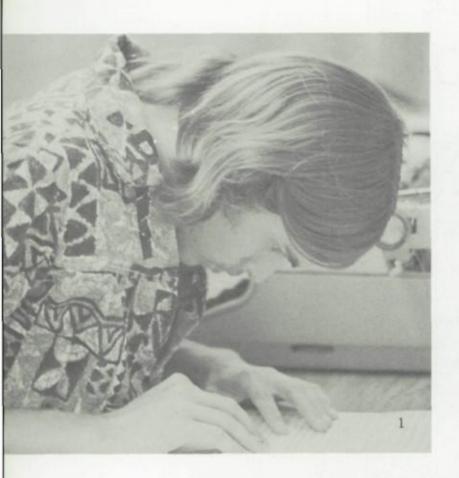








1. Going through mock warm-up exercises at a pep rally are Patti Crawford and Molly Wilson. 2. Sherri Holmes and Brian Phelps produce one of the many miracles which appeared (in a story) at Christmas time. 3. Santa's elves: Micki Griffin, Ingrid Stepanow, and Kathy Booth, pass out candy canes at the Christmas assembly. 4. The sophomores' skit was good enough to win the "Gong Show" award at the B-100 pep-rally. 5. Shirley Young looks on as Raelene Doyle practices first aid on Judy Dunham.



THE HORIZON HAS

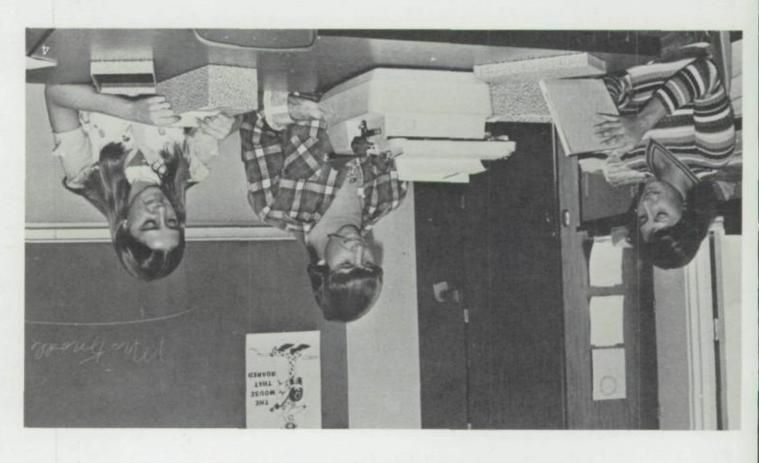
Here are the students that have brought you the 1976-77 "Horizon." The theme was written by Julie Payton and Jon Hansen. The Classes Section was headed by Roberta Walck, who was aided by Patti Walters on the Junior Section, Julie Payton and Janice Rathbun on the Sophomore Section, and Debbie Zelmer and Vicki Whitaker on the Frosh Section. The Senior Section was done by Roberta, Patti, and Jon. Sports editor was Scott Unverferth. Helping out in that section was Bob Engle. Jan Faulkner was editor of the Organizations Section. Robbi Shaw, Merri George, and Karen Christensen worked on that section. Assistant Editor Mi-Lou Trask, along with Julie Willing, assembled the Faculty Section. Working on all sections and doing the opening and closing sections was Editor-in-chief Jon Hansen. Providing advice and answering questions has been the adviser, Betty McKinney. Staff photographers were Bob Engle and Greg Blair. Cover photography was by David Wilcox, and all color photography was by Jon Hansen. Providing publicity and selling annuals has been Business Manager Tim Mahoney, who has been aided by Gail Cook and Sandy Wyatt.



1. Concentrating intensely, Editor-in-chief Jon Hansen works on graphics for the "Horizon." 2. Working hard to meet a deadline is the organizations section. Seated are Merri George, Karen Christensen, and Robbi Shaw. Supervising is advisor Betty McKinney and organizations editor Jan Faulkner. 3. Writing copy for the faculty section are Julie Willing and assistant editor Mi-Lou Trask. 4. Organizing sales receipts are Sandy Wyatt and Gail Cook as Business Manager Tim Mahoney plucks away on his typewriter. 5. Taking a break is the classes section. Shown here (TOP TO BOTTOM) are Debbie Zelmer, Janice Rathbun, Julie Payton, Vicki Whitaker, Class Editor Roberta Walck, and Patti Crawford. 6. The darkroom has become a second home to these two. Bob Engle and Greg Blair have been the "Horizon" photographers. 7. Working alone on the sports section, Sports Editor Scott Unverferth types on box scores.



BEEN BROUGHT TO YOU BY..



0000 7885

6000

SLATE CHVKL









POWAY TRAVEL CENTER INC.

12759 Poway Rd. • Suite 103 Poway, California 92064

(714) 748-6110 San Diego - 566-1720

Valley Appliance, TV & Furniture

Complete Home Furnishings

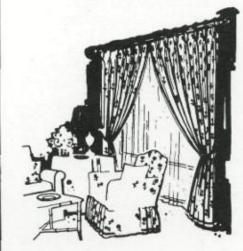


733 Main St. Ramona 789-2300

13860 Poway Rd. Poway 748-2300

JOHN, RICHARD & LOIS

DRAPERY & CARPET



- BEDSPREADS
- LINOLEUM
- WOVEN WOODS
- KITCHEN CARPET
- DRAPERY RODS
- WALLPAPER

LEISURE LIFE INTERIORS

748-1233

12759 Poway Rd

Oak Knoll Square Bob-Bev Malies

SPROUSE **REITZ STORES**

Over 375 Stores Throughout Twelve Western States

"Try RB First" 11985 Bernardo Plaza Dr. 9:00 to 9:00 Daily 10:00 to 6:00 Sunday

POWAY-DRIVE-IN-DAIRY

Hollandia Farm Fresh Milk

Soft Drinks Self Service Gas

Fast-Courtesy-Service

13205 Poway Rd. 748-3737

ALL-HEALTH NUTRITION



- . GRAINS & NUTS
- BAKERY GOODS
- FOOD SUPPLEMENTS
- VITAMINS
- DAIRY PRODUCTS
- DRIED FRUITS

Ask for a Free "Better Nutrition" Magazine

13215 Poway Road

Poway

748-4295

Best Wishes
to
Mt. Carmel

From

Kenneth O. Cornwell

Rancho Bernardo

Union 76

17011 West Bernardo Dr.

Rancho Bernardo

POWAY PETS

Complete Line of Pet Supplies

GROOMING **OBEDIENCE** CLASSES BOARDING



BIRDS - FISH MICE - HAMSTERS RATS - SNAKES **BUNNIES - KITTENS**

748-2424





13640 Poway Rd.



Used Cars We buy used cars

12701 Poway Rd. Poway, CA 92064

(714) 748-1105





Quality Service and Dependability



Jerry's Automotive Center DAVE ELLISON Owner

14211 B Garden Rd. Poway, Calif. 92064

748-1880 748-2972



In Poway

Fujiwara's Nursery

3 Acres of Nursery Stock House Plants **Bedding Plants** Ornamental Shrubs Fruit & Shade Trees

13741 Poway Rd. 748-0088





I HAVE A DESIRE TO BE OF SERVICE. A PLAN FOR ACTION, AND A RECORD OF SUCCESS.

"POWAY IS RED CARPET COUNTRY"



TERRI COMBS Realtor Associate

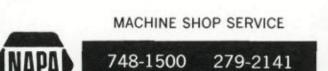
12373 Poway Rd., Suite A Plaza de Poway Poway, CA 92064

Bus. 748-7500 SD Bus. 277-6241 Res. 748-9050 SD Res. 566-1344

Motor Supply & Equipment Co.

- · Auto Parts For All Cars · Foreign & Domestic
- * Tune Up
- * Filters
- * Spark Plugs
- * Water Pumps

- * Parts
- * Fan Belts
- * Brake Shoes
- * Fuel Pumps



BANKAMERICARD welcome here

12719 Poway Rd., Poway

Best Wishes to Mt. Carmel From Poway Nursery

12237 Oak Knoll Rd.

Poway

DON'S CHEVRON **SERVICE**

COMPLETE AUTOMOTIVE SERVICE

TUNE UPS **BRAKE SERVICE** AUTOMOTIVE A/C SERVICE ALL GENERAL AUTOMOTIVE REPAIRS OFFICIAL SMOG STATION CAMPER PUMP OUT STATION PROPANE CAMPER PUMP OUT SERVICES ATLAS TIRES

Lube . Tires . Wheel Balance · Batteries · Muffler Pick Up & Delivery

748-7662

748-2180

14225 Poway Rd. Corner Poway Rd. & Garden Rd.



Congratulations to the Class of '77 from throughout Home Federal Country!



HOME FEDERAL SAVINGS

AND LOAN ASSOCIATION OF SAN DIEGO

Your \$2 Billion Family Financial Center

Rancho Bernardo: 11960 Bernardo Plaza Dr. • 485-6360 Poway: 12411 Poway Rd. • 748-1133

THE HAIRKUTTERS



HAIRSTYLING

13256 POWAY ROAD

APPOINTMENTS 748-4733

Congratulations '77



Rancho Bernardo Town Center 11972 Bernardo Plaza Drive San Diego, CA. 92128

Bus: 485-1001 Bus: 566-2722

THE FEED BUCKET

4-H & F.F.A. DISCOUNTS

HAY & GRAINS

STABLE & FARM SUPPLIES

PHARMACEUTICAL SUPPLIES

MONTHLY SPECIALS

DELIVERIES

Hours: Mon. Sat. 9:00 AM to 6:00 PM Sun. 12:00 PM to 4:00 PM

13965 Poway Rd. Poway, CA 92064 (714) 748-9058 Owners: Karen Kilburn Jim Argetsinger

K K DISTRIBUTORS



REPRESENTING:

WRIP WRAP

COOL BACKS



Horse Housing Systems and Accessories RENT- LEASE-BUY.



FOR FURTHER INFORMATION PHONE:

KAREN KILBURN

748-9058

POWAY



Liz Beth's

FINE FASHIONS

LADIES SPORTWEAR, DRESSES, AND ACCESSORIES

AT "THE MERCADO" RANCHO BERDARDO

VIRGINIA A. TARAMASCO Vice President & Manager

PALOMAR SAVINGS

AND LOAN ASSOCIATION

A SUBSIDIARY OF FINANCIAL FEDERATION, INC.

P.O. Box 836 • 12509 Poway Road

Poway, California 92064 • Telephone:

714/748-4811

Poway Plaza Hardware



TOM AND ANGELA MILAZZO

13337 Poway Road Poway, CA 92064

748-2619



RIBS STEAKS SPIRITS & FISH HOUSE

12735 POWAY ROAD, POWAY, CALIFORNIA • 748-7296

KAMINSKI'S AND DAVLIN'S, OWNERS

OFFICE: (714) 748-2578 RES: (714) 487-0302

Poway Hallmark Shop

ROBERT A. SATTERBERG OWNER-MANAGER 12323 POWAY ROAD POWAY, CALIF. 92064 BEST WISHES TO THE CLASS OF 1977 AND TO FUTURE MCHS CLASSES

Over the course of this school year, many people have been a considerable help to me with A.S.B. and the SUN, and many other things at MCHS. I would like to take this opportunity to extend my most sincere thanks to some of those people who "made it possible:" Mr. Dave Walker, Mr. Dave Hughes, Mr. Dave Stine, Mr. Dick Scheider, Mrs. Phyl Manning, Mr. John Kirchmeier, Mrs. Whiteman, Mr. Bill Gross, Mr. Gordon Mills, Mrs. Sherry Fillmore, Mr. Tom Middleton of PHS, the "office ladies:" (Mrs. McCleary, Mrs. Stevens, Mrs. Nieman, Mrs. Anderson, Mrs. Fontenot, Mrs. Smith, Mrs. Hoffman, Mrs. Beane, Mrs. Beavers, Mrs. Pistilli, and Mrs. Anderson), Kathy Messina, Linda Vader, Sandy Wyatt, Jon Hansen, Steve Kelchlin, Jim Bowers, Wade Perry, Jan Faulkner, Linda Maxwell, Jim Lux, Tom Morris, Dianne Fralia, Andy Wright, Noel Merkley, the class officers and the entire "Associated Student Body" and staff of Mt. Carmel High School.

Also, much credit is due to my moral support squad: Dr. Sue, Miss R., Mrs. Maggie Williams, Mr. Tim Buchanan, Mr. and Mrs. Buck Rogers, and good old mommy and daddy.

Thanks and goodbye Mt. Carmel...

Sincerely,

Dave Wilcox, President MCHS Associated Student Body San Diego, California June, 1977 POWAY SPORTING GOODS
POWAYS OLDEST & LARGEST
EVERYTHING FOR THE
SPORTSMAN
13846 POWAY RD.
748-1166



APOLLO PRINTING & PUBLISHING CO.

14033 POWAY RD.

748-8878

QUALITY COMMERCIAL PRINTING MAILERS



BROCHURES
LET US, AT
APOLLO, HELP
YOU PUT YOUR
FLYERS AND
MAILERS TOGETHER

SECURITY SAVINGS & LOAN ASSOCIATION

"ESTABLISHED IN 1926"
STATE WIDE BRANCHES
HIGH EARNINGS ON SAVINGS
INSURED UP TO \$40,000
BY AN AGENCY OF THE FEDERAL
GOVERNMENT.

POWAY
SECURITY SAVINGS
& LOAN ASSOCIATION
13616 POWAY RD PWY 748-8500

Custom T-Shirts

748-9171



12845 Poway Road

Poway, Ca. 92064

745-0247

271-5171

433-1063

QUALITY PLUMBING, HEATING AND DRAIN SERVICE, INC.

14057 Midland Road Poway, Ca. 92064 St. Lic. No. 295440 14015 Poway Rd. Poway 92064

PHONE 748-8011 SAN DIEGO 566-4811

KC LITES

ROLLBARS

Poway Tire & Wheel

HEADERS



WHEN YOUR READY TO GET IT ON! GET EM ON AT BIG SAVINGS AT POWAY TIRE & WHEEL

GRILLEGUARDS

BIG TIRES WHEELS INSTANT CREDIT LAY-AWAY PLAN

ATHLETIC BOOSTER CLUB OF MT. CARMEL HIGH SCHOOL

We have supported enthusiastically and financially

Soccer

Baseball

Gymnastics

Volleyball

Softball

Basketball

Weightlifting



Football

Cross-Country

Swim Team

Golf

Wrestling

Tennis

Track

to build the best athletic

program at M.C.H.S.

UPS-N-DOWNS ROLLER RINK

Nightly, except Mon. & Tues., from 7:30-10:30 Saturday & Sunday Afternoons 2:00-5:00

Come Soon for Real Fun



862 N. Broadway Esc. 92025

745-5960

WESTERN TACK & TOGS

Complete English & Western Tack Selection Boots by Acme, Justin & Tony Lama

Levis and H.D. Lee Western Wear

When you list your home with Forest E. Olson, be prepared to move...FAST!



A Coldwell Banker Company

POWAY ROAD 12657

748-8700

566-2370

NORTH COUNTY (714) 748-1914

SAN DIEGO (714) 566-2590

PERSONAL SERVICE

NEXT TO "SHAKEYS"

ARMSTRONG

"Certified"

CARPET AND FLOOR CARE CO. Carpet, Floor, Drapery and Upholstery Cleaning

13144 Poway Rd.

Poway, Calif. 92064

BOB FISK MEAT MARKET

12815 POWAY ROAD POWAY, CALIFORNIA

BOB FISK

748-0741

POOR BOB'S PRODUCE Fresh Vegetables and Fruits





13854 Poway Rd.

POWAY

BARB'S CERAMICS

- Handmade Gifts
- Classes •
- Firing
- Paints •

14231 GARDEN ROAD POWAY, CALIFORNIA 92064

PHONE 748-5622, 748-1298

Wylie Construction

Builders of Additions

#1, #2 (Gym) and #3 (Stadium)

Congratulates the

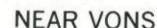
Class of '77

Mayer's Petown

- . PETS
- · SUPPLIES
- * TROPICAL
- * GROOMING AND BATHING
- * FEED









BALFOUR

QUALITY RINGS—COMMENCEMENT ANNOUNCEMENTS FINEST GRADUATION ACCESSORIES KEEPEVER CAPS & GOWNS

> BRUCE D. CHURCH Regional Representative

SOUTHERN CALIFORNIA DIVISION P.O. BOX 20 SAN JUAN CAPISTRANO, CALIFORNIA 92675

(714) 493-0700

JEWELRY'S FINEST CRAFTSMEN

JOSTEN'S AMERICAN YEARBOOK COMPANY

Congratulates

Mt. Carmel's First
Graduating Class
Steve Wagner, Representative

Business Patrons

Westwood Cruisers Salute Mt. Carmel
Radio Shack - Poway
Congratulations to the Seniors of MCHS from your friendly 7-11 Store, Garden Rd
Elizabeth's Ceramics
Mikes TV-12717 Poway Rd.
Congratulations to the Class of '77 from Poway Kiddie College
Stich'N Sew Sewing Center, Poway
John's Hair Fashions- 14115 Poway Rd., 748-4747
Congratulations to Mt. Carmel from Cullys' Restaurant
Jansen's Fine Gifts and Decorative Accessories
Rancho Bernardo Mens Store-In the Mercardo- Mens wear- Tux Rentals
Congratulations to the Class of '77- Safeway #1427
Shah Abbas Oriental Rugs, in the Mercardo-11844 Bernard Rd. 487-1940
What's Happening Now- In the Mercado

Professional Patrons

Wiederrich Chiropractic Office- prof.
Harrison D. Fortney, D.D.S.-Practice limited to oral surgery
Wayne A. Brannon, D.D.S.
Duane A. Brannon, D.D.S.
William E. Gable, D.D.S.
Don Griffiths, D.D.S.
Bert C. Buffington, D.D.S.
Pomerado Internal Medicine, Inc. "A Medical Group"
William J. Pagnini, Attorney at Law
Robert R. Scrim, Attorney at Law
R. Michael Walters, Attorney at Law

Mt. Carmel Patrons

Congratulations to the Class of '77- Al Weiner
A very sincere thank you to Mr. Levy for being a fantastic friend-Al Weiner
Wishing Debbie R. and Jon M. the best in everything!
To all my good friends and super teachers at M.C.- You're great, Love you lots- Lisa S. Class of '77
God so loved the world that He gave His only Son. - Charity
Friends, I will remember you, think of you, pray for you. Julie
Best wishes to Matt Chandik while in the Army! Mark
Mr. & Mrs. George A. Wilcox
Dave Wilcox wasted \$2.00 for this bit of Trivia.
Mr. & Mrs. John Unverferth and Family
Best Wishes to Class of '77- Scott Unverferth
Westwood Cruisers Salute Mt. Carmel

I am going to miss the smiles of Carrie & Kathy Messina. Your Friend. Michael Olesiuk

Shari- You are my love and my life, and I love you- Mike XO

Class of '77

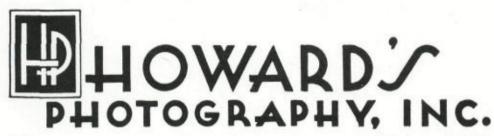
Our experience as the first graduating class at Mt. Carmel High School has been unique in many ways. Coming into a new school we were faced with the responsibilities of setting traditions and building the Sundevil pride.

Since our sophomore year at Mt. Carmel we have seen much growth, both in structure and in spirit. These past three years have been rather trying at times, with no one's footsteps to follow. However, our experiences have been both valuable and rewarding. As seniors, we hope that we have been able to inspire in the undergraduates, a certain feeling of dedication and pride.

The Class of '77 hopes that the future graduates of Mt. Carmel will find as much in this school as we found for ourselves.

Portraits

Weddings



8245 Ronson Road, Suite G, San Diego, California 92111

Congratulations to the Senior Class of '77

It has been a pleasure to serve you.

FIRST GRADUATES

During the course of the year, the senior class was asked to select five twelfth graders whom, in their opinion, had contributed most to the school and to their class. The choices were claer except for the fifth choice which was a three-way tie. So here are Noel Merkley, David Wilcox, Jon Hansen, Linda Biegenzahn, Joanne Tremblay, and Kathy and Carrie Messina; the seven Most Outstanding Seniors of MCHS.

2 DAVE WILCOX

Leadership has become old hat for David Wilcox since his sophomore year. He started that year as Editor-in-Chief of the "Sun" newspaper staff. In his junior year he was Publicity Commissioner for the ASB and again was editor of the "Sun". He served as technical adviser for the Drama Department. In his senior year he was ASB President and was on the "Sun" staff. Most people know David as an accomplished photographer, and he has served as team photographer for many athletic teams as well as photographing for the newspaper and yearbook. In fact, the cover of this book was photographed by David Wilcox.

David comments, "I feel Mt. Carmel will always be a pace setter. There are so many opportunities for students. When I first came to MCHS, I didn't know anyone; but all I had to do is pursue my goals and I ended up with a very worthwhile high school experience."

3 KATHY MESSINA

Kathy Messina was a cheerleader as a sophomore. As a junior she played JV volleyball. During her junior and senior years she was vice-president of the ASB and a member of Pep Club.

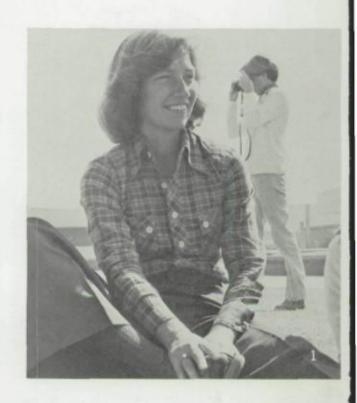
Kathy says, "It is not the load that breaks; it is the way you carry it." Kathy demonstrated this her junior year when she served as Chairperson of the Dance Marathon. She was under constant pressure for two months. The result of her efforts was a successful Dance Marathon which almost took first place in San Diego County for raising the most money for epilepsy society. Kathy received a special award from the San Diego County Epilepsy Society for her outstanding leadership.

1 CARRIE MESSINA

Building spirit was utmost in Carrie Messina's mind when she first entered MCHS because she was captain of the first JV cheerleading squad (first semester). She did her job well and she also stood out on the JV volleyball team. Looking back, Carrie commented, "Mt. Carmel High School has been an experience that will always be a part of me. As a sophomore entering this new school, no one knew what to expect. The idea of starting fresh; to establish the traditions for the years to come was scary yet exciting. I feel I can look back and compliment everyone in the job we've done in uniting together to make Mt. Carmel possible."

"I have a lot of teachers, friends and parents to thank for making my high school experience what it was-FANTASTIC!!"

During her junior year she was a varsity cheerleader and also played varsity volleyball. She was a student council representative and an active member of the Pep Club (she has been in Pep Club all four years). Participating in gymnastics, she was named MVP. Cheerleading and gymnastics are two activities that Carrie has participated in as a senior. She was a princess in the Homecoming court and she had this to say: "I'm proud to have been part of the Class of '77 that has played a large role in promoting the enthusiasm and pride for those to follow."





BUILD DYNASTY

4 JON HANSEN

In the spring of Mt. Carmel's first year, a candidate for ASB president gave a rousing campaign speech with action on the much discussed smoking area his major issue. A week later Jon Hansen was overwhelmingly elected as ASB president.

In his year in office, Jon did see the smoking area become a reality. A junior that year, Jon also served as Activities Editor for the Horizon and page editor for the "Sun." He was a charter member of the Student Information Team. Jon and his partner were winners of the "Dance to Give Them a Chance" marathon, a major fund-raising event in the spring. As a senior Jon has continued his involvement in student activities by serving as Editor-in-Chief of the Horizon and as Activities Commissioner for ASB.





5 NOEL MERKLEY

Attending Patrick Henry High School as a sophomore, Noel Merkley didn't join MCHS until his junior year. Noel quickly made his presence known by starring in our school's first play and participating in football. He also competed in track and by his senior year had starred in at least five more plays. Noel was President of the Senior Class and Homecoming Prince. At several basketball games, he could be found among the cheerleaders as an unofficial but hilariously outstanding member of the squad.

Noel reflects, "Through the years you come to realize how much some things mean to you. As I look back, I now know how much I miss all the money I blew on school activities. Now as I depart, I take with me a load of memories. Thank you and long live Mt. Carmel."





5 LINDA BIEGENZAHN

"I came to MCHS for an education, and I'm leaving with not only an education but beautiful memories."

These are the words of Linda Biegenzahn. She may have many memories, but she is the one that made those memories possible. As a sophomore, Linda played the flute in the band and participated in the Pep Club. During the second semester of that year, she served as captain of the JV cheerleading squad. In her junior and senior years she also served as captain of the Varsity cheer squads. She was treasurer of the Pep Club, ASB Representative, and an outstanding gymnast.

As a senior, Linda participated in the play "Charley's Aunt" and in gymnastics.

In the words spoken by a true Sundevil, Linda says, "Thank you, and may MCHS spirit never die."

6 JOANNE TREMBLAY

"High school graduation is a highlight in everyone's life. Our graduation though, as the first senior class of Mt. Carmel, has a special meaning. I consider myself lucky to have been part of the class of '77. It really is true that you don't realize how much fun you've had until its all over!"

These are the words of the 1977
Homecoming Queen, Joanne Tremblay.
She modestly fails to mention that she has played a major role in the development of the Senior Class and MCHS.

Throughout high school, Joanne competed in track and tennis and in her

junior year became a captain of the first. As a member of the Speech Team, she received many trophies for her excellence in oral expression. As a senior, she was named to Who's Who Among American High School Students and competed for a Bank of America scholarship. She was a member of the Senior Class Cabinet also.

Taking all these things into consideration, the Poway Jaycees selected Joanne as Poway's Junior Miss.

FW TI FOKM RFHTFDOT

When MCHS was first opened with just a freshman and a sophomore class, it was doubted by many that the tenth graders would ever really mature as students do in other schools. Without older students to set examples of conduct and behavior, it was an uphill battle from the start.

In Mt. Carmel's first year of existence, school started at lunchtime and ended at dinnertime. This was because the high school shared the Black Mountain Middle School with sixth, seventh, and eighth graders. Couple this with the lack of facilities and countless other hassles, and the odds of MCHS evre graduating such a fine senior class were pretty slim. Somehow though, all these things didn't seem to bother these 950 freshman and sophomores. It even helped to build a sense of unity among these people. The school pride and spirit that were generated that year have not and probably never will be equalled at this school.

At the outset of the second semester of that year the Mt. Carmel campus was opened, and the MCHS student body was transplanted from Black Mountain to Mt. Carmel. The Sundevils were home to stay. The campus was far from completed, and students were forced to co-exist with construction sites and workers everywhere. Through co-operation, maturity and tolerance, the faculty, administration, and students managed to survive the historic first year at MCHS.

The second year still saw a lot of construction, but it had become a way of life to the Sundevils. The incredibly strong unity was shaken up by the invasion of 500 freshmen onto the campus. Whereas unity was strong in the first year, spirit was strong in the second year. With MCHS competing in its first year of varsity sports, spirit had to be sky high. The spark that lit the flame of spirit was probably when the varsity football team notched its first varsity victory ever by coming from behind to stop the Coronado Islanders with

less that a minute to go: 18-13. When Mark Fiehler crossed the goal line for the Sundevels in the final seconds of that game, Mesa College Stadium, home field of the Sundevils that year, was almost razed to the ground by hysterical Sundevil fans.

The hysteria lasted throughout the year and was strong enough for Mt. Carmel to win the school spirit contest sponsored by a local radio station. The contest was entered by almost every high school in the county, but MCHS won the first prize, \$1000, hands down. Mt. Carmel led in the dance marathon contest to raise money for epilepsy throughout the contest. The object was to raise the most money for this cause by various means. The Sundevils led with \$4000 up until the last hour of the last day when they were nosed out by Monte Vista High School of San Diego. The concluded the second year of "The Mount."

And now this past year: The third year of Mt. Carmel. This third year has been unusual in Mt. Carmel terms. The Sundevil campus seems to have regressed to the point of being like any other high school. The biggest reason for this is probably the addition of 600 freshman with the return of 500 sophomores. These people never really experienced the feelings that exist in the junior and senior classes. The underclass members live in the world in which what other people think of them is more important than what they think of themselves. In the past the lack of this attitude has made MCHS the talk of the county.

It has been a long, slow and hard climb for the seniors and juniors at MCHS. The juniors have one more year to go, but the "Horizon" staff would like to salute those students who started as sophomores at MCHS and will be graduated this year.

-Jon Hansen

since you are Logging my book tel Log yours. actually it is a priveledge to write in the O's yearbook hat! hat! Well we've been through teen dub & graduating early. Hurray! and Lopefully well be doing other things together. T. J. Sevan & the elke. This summer is going to be fun because we won't have to expect going book to M.C. in the fall. Hunoy for that too, when all of us guls get together I have note four than any other times. I've had more fun with you guys than with anybody else. I will have more fun too. We will have. Obviously we won't have as much for as we did at "Serior Ditch Day!" Well anyway. See you around often I Lope

There is the series of the ser

A of good and the holy of the following the standard of the st Okemah, 1 Bis un school surell thing and a market property on the property of t it has been real nucl knowing you I miss not seeing you at school but your happy I hope have agreat. summer hope To see you sometime Love yA always call me sometime TAMMie 748-7937 luck

Kema, well the year is over 4 to when you luck though the year to have Known you for along time & we have been though alat Tagether. but quet remelier your haur been a good friend & always will be call me this Summer. Love you always. P.S. Scall gerapt Controlly of Stank Control of Stank Cont Guta Deapties Personation to the South of the Sou Justing Boxers, to bornous

luck & God Bless you in your future life. It sait think of anything else to soon wite so d'll son slood. during the next few years, but your smile will always be in my mine when a go then my yearbook. I really want to wish you all the love, will I happiness your sweet little heart can hole. I'm hoping with all my heart

Love shurys

Tot to PATTYNAMAS

hove to say, you are a person who cares and I know this ause you evon it. Have a great summer and we test get together again for those heautiful thoughts, it have lake an now they think naturally high naturally here for they high naturally they high naturally they high naturally Hello Okemas

Hello O, that we have been good briends. I guess it all started back with fack Cole and driven around in his truck, But so much has happen to all of us that I thin they should make a movie about all of radicals. We have gone from bleach blonds to concerts, to praces, to hose jobs. Boy, it sounds like hell but its been so much built you have been an excellent fracend to me. I don't know what you will be doing next you or whilehour will be but I hope that you will always keep in touch hope that you will always keep in touch cause we just can't leave all these years of briendship flow away - you know, Ob Griendship blow awgs - you know, coell, whatever. There are many things to remember that we have been thru but you know, It seems like they are all In a car? Jeff Horstman driving facks truck down black mtn. Rd! exsection in Poroay, Picking up that hitch exsection in Poroay, Picking up that hitch niker and taking him for a joy ride, burner a fuel tank of gas for a drag night on Sai tawkins (lets forget that) or even just pushing your car down the street to start ut. ing your car down the street to start ut mom took us to Jed Ziepplin? all these things are times & will never forget. We things are times about a lot of things have alot of things have all hours in the morning you have at always been a super close triend yest always been a super close triend yest always to said that you would not come up to san stancisco next

year with connie and visit me and; cirrdy so don't borget cause sim gonna hold you to it. I hope you will have some more hot tupperware parties! We just get so ripped at those wild parties. I know you are dying to get the boxy plastic vaceum cleaner, Maybe et you dan keep on practicing, you will be as perfect as Karen Trucco but remember, you have to surf-out en Hawaii before you are that good. Also, remember to bring some smelly shells home. Well, just I want to say thanks again for being a want to say thanks again for being a youd friend for so long. Visit me next year. Jake good Care Jots of love, Jody set has been great knowing you during the year. You're a fine person. Hope you enjoyed the year. Good buch with College and have a fun time, Enjoy life and keep up the good spirit. Best Wishes for the future and God Aless, youre a benutiful gul. Love Robert Nagareth 177

